

FOLDING THE MAP TO HEAL WHERE YOU'RE AT



Segregation keeps us apart. It maintains and continually (re)builds racial inequities. The Folded Map Project works to help Chicagoans understand this at a personal level, and Chicago's Office of Equity and Racial Justice's *Together We Heal* initiative aims to support Chicago's journey towards racial healing and transformation. Both entities teamed up to create this special edition of the Folded Map Action Kit to **invite Chicagoans to expand their understanding of segregation and use as a tool for racial healing.**



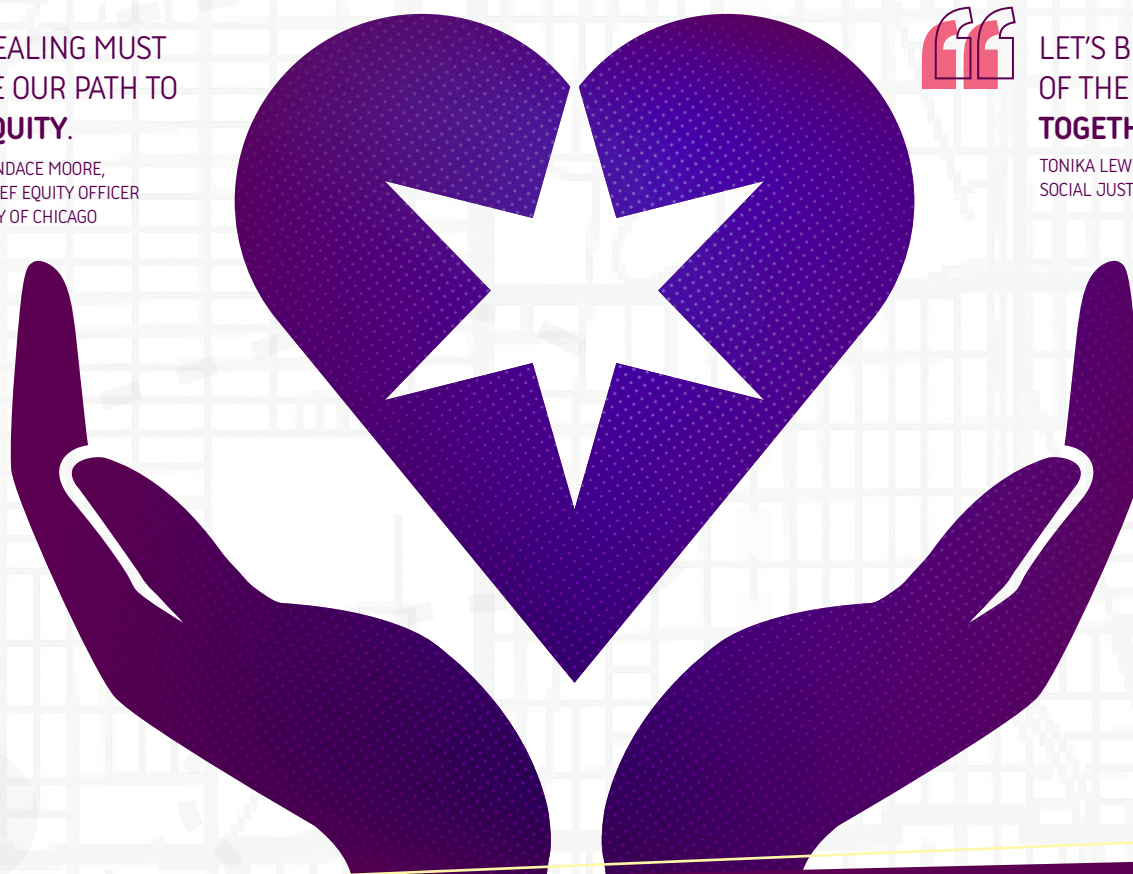
HEALING MUST
BE OUR PATH TO
EQUITY.

CANDACE MOORE,
CHIEF EQUITY OFFICER
CITY OF CHICAGO



LET'S BE A PART
OF THE SOLUTION,
TOGETHER.

TONIKA LEWIS JOHNSON,
SOCIAL JUSTICE ARTIST



FOLDING MAP ACTION KIT **TOGETHER WE HEAL EDITION**
A WAY FOR RESIDENTS TO BECOME PART OF THE SOLUTION

FOLDING MAP



STEP 1

REFLECT ON YOUR NEIGHBORHOOD

START WHERE YOU'RE AT. THINK ABOUT YOUR OWN NEIGHBORHOOD— WHAT IT'S LIKE AND HOW YOU GOT HERE. JOT DOWN YOUR THOUGHTS, SNAP A FEW PICTURES, AND REFLECT ON THE NEIGHBORHOOD'S PAST AND PRESENT.

How did you **come to live** in your neighborhood?

How much **did you pay** for your home/how much is your rent?

What's **beautiful** in your neighborhood?

What's something that **has happened** in your neighborhood that has affected how you feel or think about your neighborhood?

What's **missing** in your neighborhood?

How would you describe the **vibe** of your neighborhood?

How do **others** describe the vibe of your neighborhood? [Tip: Try searching your neighborhood's name online or on social media and see what words pop up.]

Where is your place of **peace**?

What is your hope for the **future** of your neighborhood?

How do you **feel** in your neighborhood?

STEP 2

FIND A "TWIN" NEIGHBORHOOD

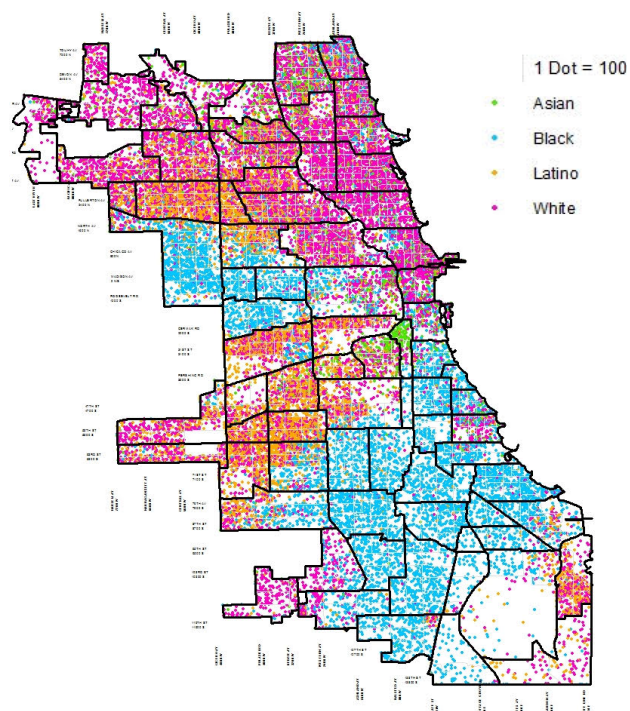
This map shows the racial segregation of Chicago's neighborhoods. Use it to follow the steps below to identify a twin neighborhood to visit in Step 3:

1. Find your neighborhood on the map and take note of its racial composition.
2. Find a neighborhood—anywhere in Chicago—where the racial composition is different from your neighborhood.
3. Plan your trip to this map "twin"!

HERE'S THE IDEA

There are lots of neighborhoods in Chicago that could be your map twin. The goal is to visit a place that is racially different from where you live—so if you live in a predominately Black neighborhood, visit a predominately Latinx or White or Asian neighborhood. If you live in a racially mixed neighborhood, find one that is predominately one racial group or that is mixed with different racial groups.

Race by Census Tract, 5-Year ACS 2017



STEP 3

VISIT A MAP TWIN NEIGHBORHOOD

NOW IT'S TIME TO GET TO KNOW THE TWIN NEIGHBORHOOD A LITTLE BETTER.
PICK AT LEAST ONE ACTION TO COMPLETE IN EACH CATEGORY (YOU CAN DO MORE IF YOU LIKE!)
TAKE NOTES AND PICTURES SO THAT YOU CAN SHARE YOUR EXPERIENCES LATER.

WHAT'S IT LIKE TO RUN ERRANDS?

- Walk around the produce section of a local grocery store. How is it the same or different from the one in your neighborhood? What are the prices like? Can you find some organic vegetables or fruit?
- Find the nearest sit-down restaurant: What type of food is served? How difficult was it to find one? How many others do you see?
- Find a store where you could buy body wash/soap, lotion, allergy or cold medicine, lightbulbs, and dog food. How many different stores did you need to go to? How were the items displayed? What are the store hours? What were the prices for these items?
- If you needed some cash, where could you go? Bank? Currency Exchange? ATM? How is it the same or different in your neighborhood?

WHAT'S THE SPACE LIKE?

- Find the nearest bus stop or train station. What condition is it in? How busy is it?
- Find the nearest park: What is the condition of the park? What amenities does it have? Who do you see in the park?
- Check out the sidewalks: How many garbage cans, bike racks, benches, and Divvy bike stations do you see? How many potholes? Gardens?
- Visit the nearest library. Who are the patrons, and how busy is it? Look at the Community Bulletin Board—what kinds of things are on it?

WHAT'S THE COMMUNITY VIBE?

- Take a picture of something you find beautiful or makes you happy in the neighborhood.
- Find an example of public art, a monument, or a memorial in the neighborhood and take a picture of it.
- Find three fliers or announcements for public events or happenings in the neighborhood.



Take pictures (like the bus stop, sidewalks, your lunch, etc.) **and notes of your experience.** Always be considerate and thoughtful of your interactions and discussions with local residents, if any. **Do not ever take pictures of people** without their explicit permission first.

REMEMBER!

YOU ARE NOT A TOURIST

YOU'RE A COMMUNITY MEMBER; A RESIDENT FOR THE DAY.

AS MUCH AS POSSIBLE, LET THAT BE YOUR MINDSET.

STEP 4

SHARE YOUR EXPERIENCE

REFLECT ON THE TOTAL EXPERIENCE....

How is your neighborhood different and the same from your twin neighborhood?

How did it make you feel to visit your twin neighborhood?

What surprised you the most about your experience?

What's beautiful in the map twin neighborhood you visited?

...THEN PUT YOUR EXPERIENCE ON THE HEALING MAP

Go to chi.gov/healingmap to put your experience on our virtual map, learn about others' experiences, and find a few resources to learn more about your "twin" neighborhoods.

WITH THIS ACTION KIT, YOU CAN TAKE A STEP TOWARD RACIAL HEALING BY:

REFLECTING on how your personal experiences in Chicago have been shaped by the historical racist policies and practices that baked segregation into our city.

RECLAIMING your understanding of Chicago's segregation by seeing how the effects of past and present policies and practices continue to (re)create today's over- and under-resourced neighborhoods.

REIMAGINING what you, your neighbors, your twin neighborhoods' neighbors, and your community leaders can do to create a more fair and equitable Chicago and nurture racial healing.

WE HOPE THIS ACTION KIT WILL HELP YOU VIEW CHICAGO'S SEGREGATION THROUGH A NEW LENS, SO YOU CAN:

See firsthand how structural policies and practices, both past and present, have created segregation impacted the lives of people living in your own neighborhood and the twin neighborhood you visited.

Understand that visiting a twin neighborhood is an act of disrupting the cycle of segregation because you have pushed back against the self-perpetuating forces of our lived experiences, social networks, and the media that keep you away from truly understanding our entire city.

Be inspired to stay on this journey to restore wholeness, repair the damage, and set it right.

FOLDED MAP



CHICAGO