



# STOP THE BLEED<sup>®</sup>

ACS AMERICAN COLLEGE  
OF SURGEONS



THE  
COMMITTEE  
ON TRAUMA

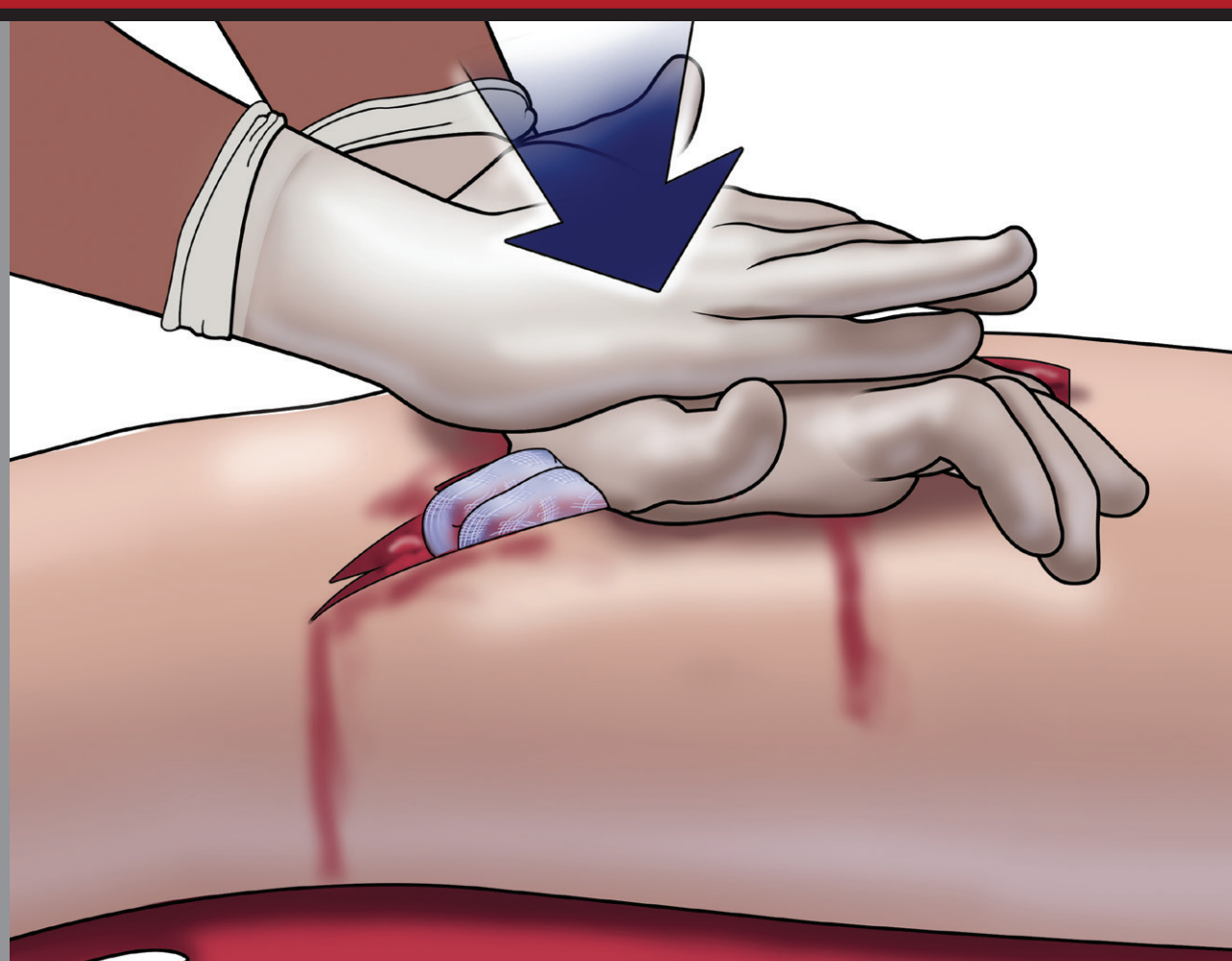
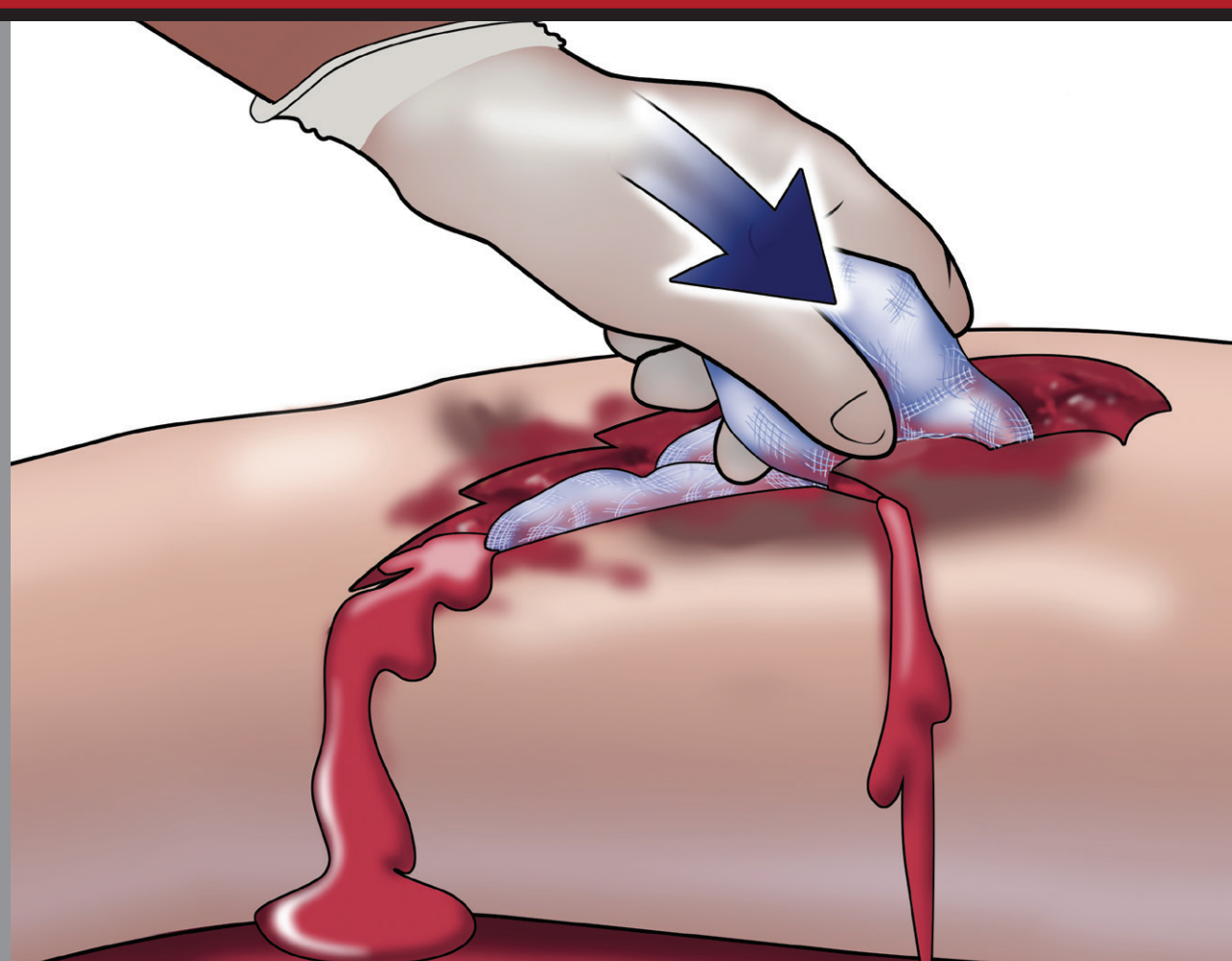
SAVE A LIFE

**STOPTHEBLEED.ORG**

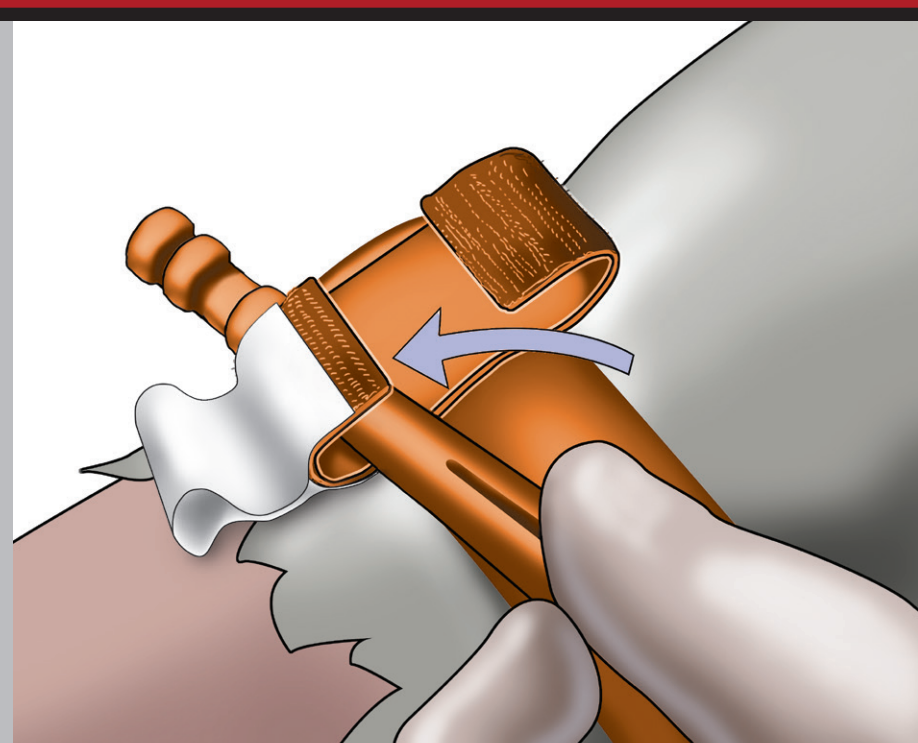
## 1 APPLY PRESSURE WITH HANDS



## 2 APPLY DRESSING AND PRESS



## 3 APPLY TOURNIQUET



WRAP

WIND

SECURE

TIME

# CALL 911





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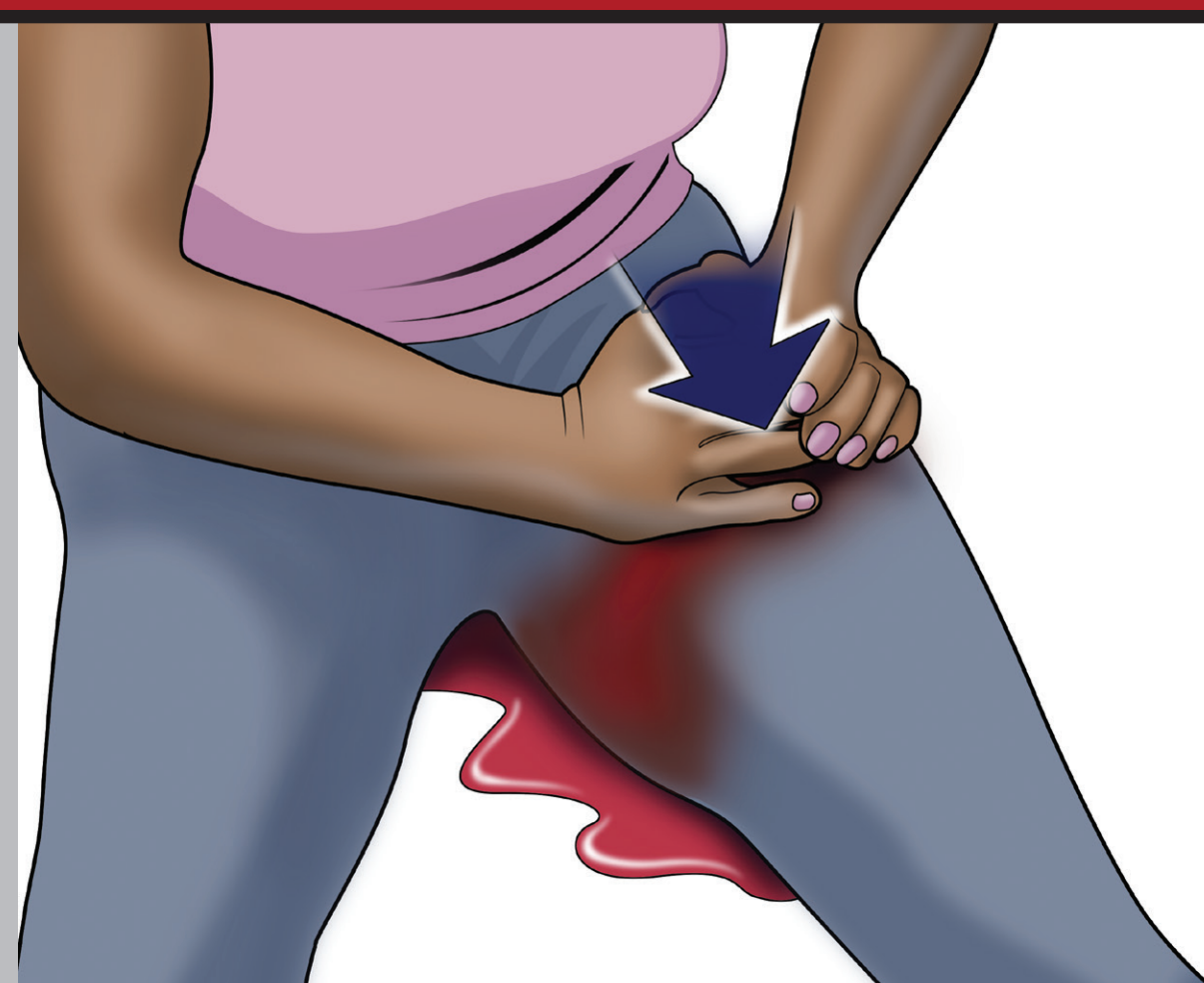
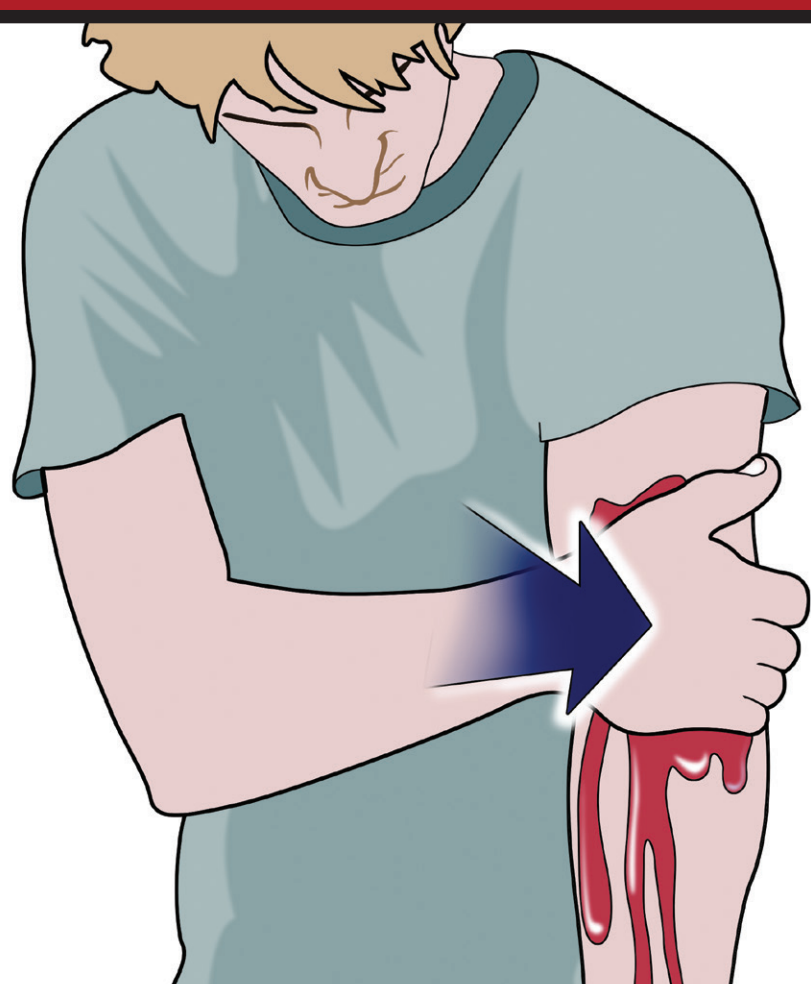


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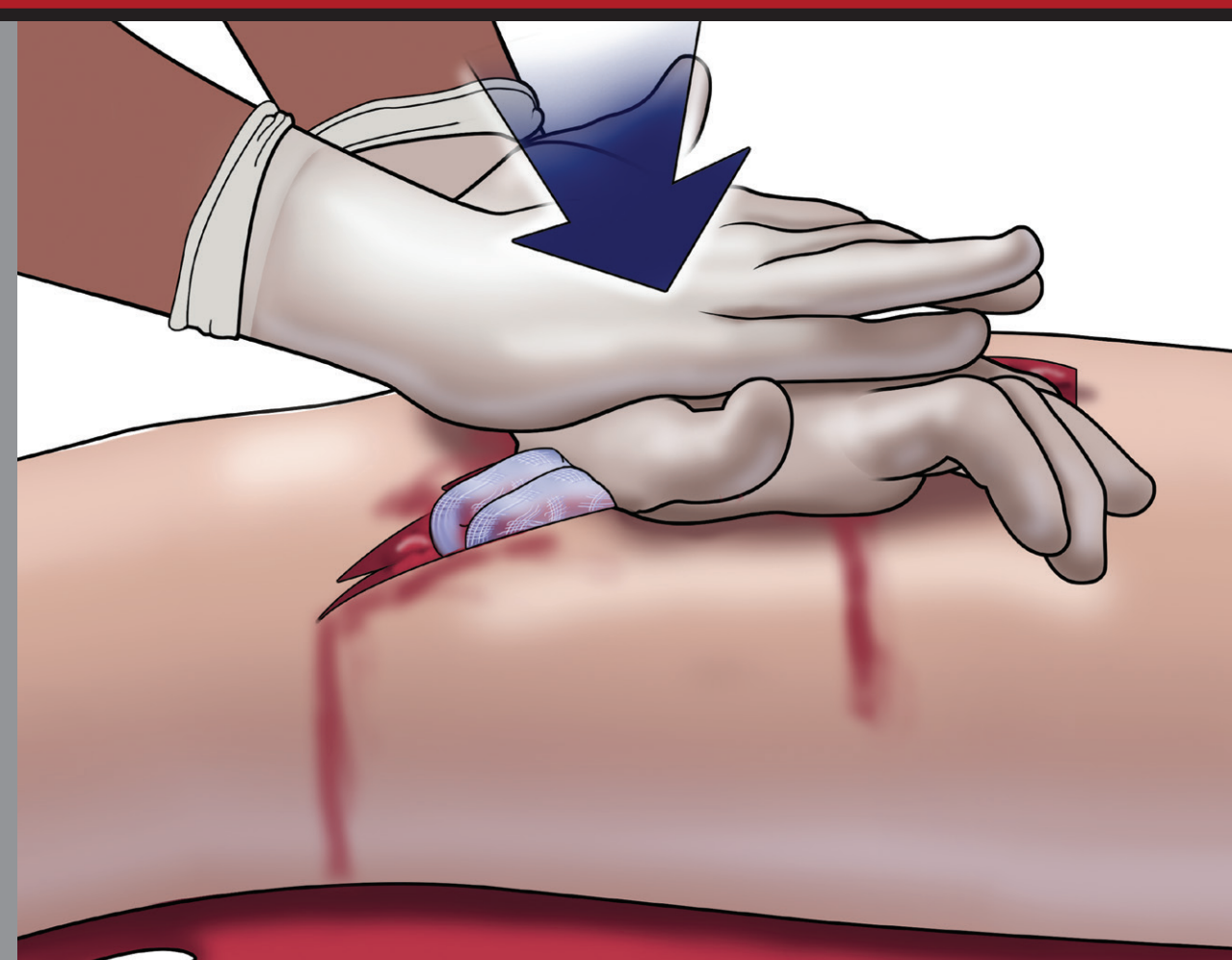
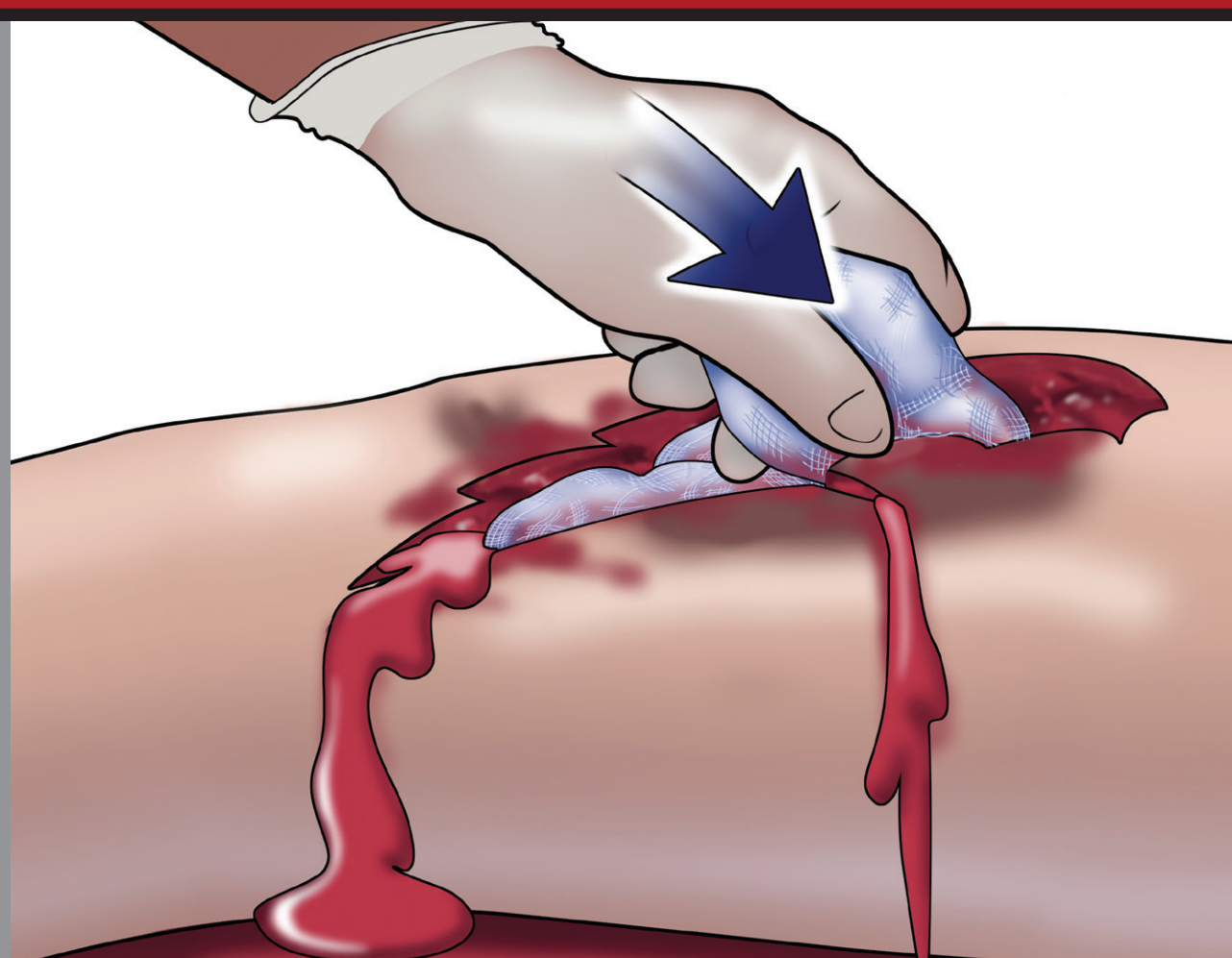
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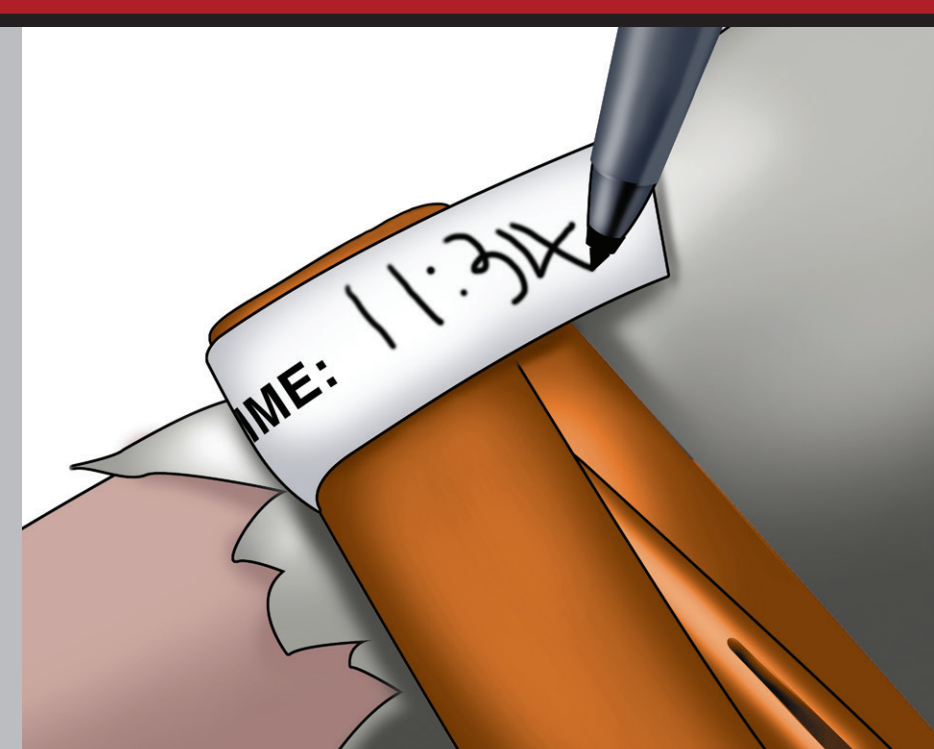
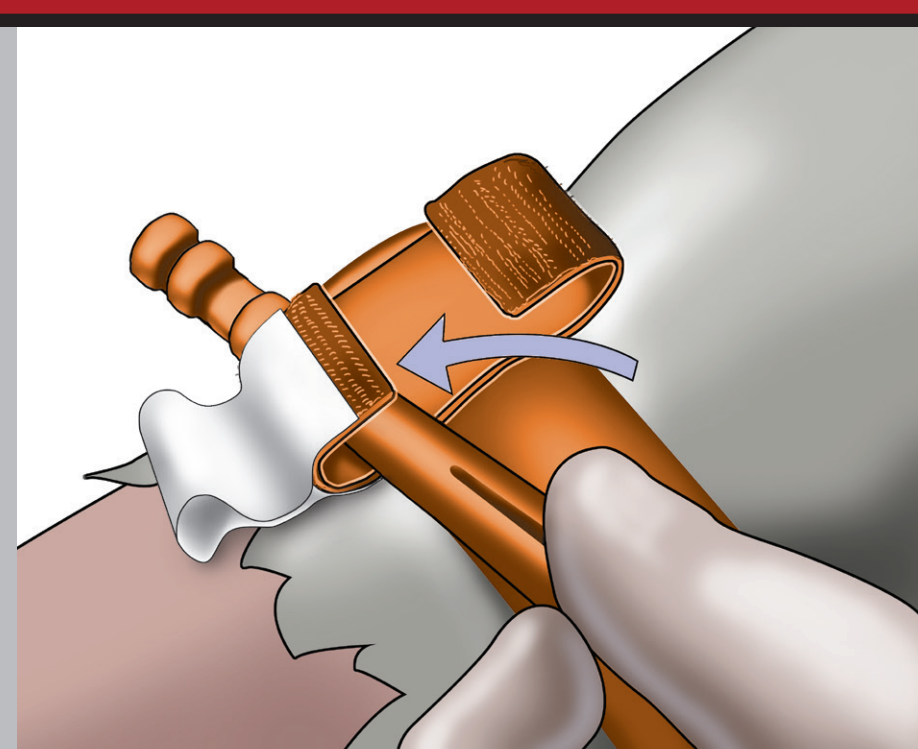
## 1 Aplicar Presión Con Las Manos



## 2 Aplicar Vendaje y Presionar



## 3 Aplicar Torniquete



Envolver

Enrollar

Asegurar

Escribir la  
Hora

# LLAME AL 911



# Save a life

What everyone should know to stop bleeding after an injury



Ensure your safety.



Look for **life-threatening bleeding**.



Is a **trauma first-aid kit** available?



No

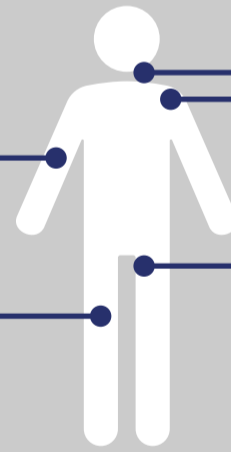


Yes

- ▼ Use any **clean cloth**.
- ▼ Apply steady **direct pressure** directly on the wound.

Where is the wound?

Arm  
Leg



Neck  
Shoulder  
Groin

Is a **tourniquet** available?

Yes

No

- ▼ Apply **above the bleeding site**.
- ▼ **Tighten** until the bleeding stops.

- ▼ **Pack the wound** with bleeding control (hemostatic) gauze (preferred), any gauze, or clean cloth.
- ▼ Apply steady **direct pressure**.