

Democratic National Convention (DNC) COVID-19 Prevention Tips

- ★ **Make sure you're up to date on your COVID-19 vaccines.**
 - Everyone should receive the updated 2023-2024 COVID-19 vaccine if they haven't already, regardless of prior COVID-19 vaccinations.
 - COVID-19 vaccines are very safe and effective, and they protect against infection (including long COVID), serious illness, hospitalization, and death.

- ★ **Practice proper respiratory and hand hygiene while in Chicago and attending the DNC.**
 - Frequently sanitize or wash your hands while at the convention, especially after shaking hands, after touching surfaces, or before eating.
 - Cover your mouth and nose with a tissue or elbow when you cough or sneeze.
 - Regularly clean frequently touched surfaces, such as countertops, handrails, and doorknobs, in your hotel room or other accommodations.

- ★ **Wear a Mask.**
 - Masking provides additional protection when in crowded spaces.
 - You are highly encouraged to wear a mask if you have recently been sick with respiratory illness or are at high risk for severe COVID-19 illness.

- ★ **If you get sick, please stay at your accommodations and away from DNC activities.**
 - You can consider returning to DNC activities when your symptoms have been getting better overall for 24 hours, and if a fever was present, it has been gone for 24 hours without use of a fever-reducing medication.
 - Once you return to DNC activities, you are encouraged to take precautions for the next 5 days to curb disease spread, including wearing a mask, enhancing hygiene practices, and keeping distance from others.