**Disability Resource Guide**

 For Youth and Young Adults

 

Purpose of this Guide

This guide is created by the Mayor’s Office for People with Disabilities (MOPD) to support our youth and young adults with disabilities and their families in understanding disability and the available resources.

If you have questions about this guide or how to use it, please reach out to MOPD at access@cityofchicago.org.

[Understanding Disability 2](#_Toc1343113939)

[Types of Disabilities 2](#_Toc2063027876)

[Disability Term Guide 3](#_Toc1168751099)

[Disability Supports Throughout Youth 3](#_Toc626864356)

[Birth-to-Three Early Intervention (0-3) 4](#_Toc1221719893)

[School System (3-18) 4](#_Toc20133965)

[Transition (18-22) 4](#_Toc1534046663)

[Community Resources 5](#_Toc1820598459)

[Agency Focus: Comprehensive Programming & Services for Individuals with Disabilities 6](#_Toc1501841235)

[Agency Focus: Career Development & Employment Support 14](#_Toc158744480)

[Agency Focus: Re-entry Resources 16](#_Toc1350799468)

[Agency Focus: Legal & Benefits Services 17](#_Toc444697899)

[Agency Focus: Recreation & Leisure 19](#_Toc1370295724)

[Agency Focus: Parent/Guardian/Family Support and Advocacy 19](#_Toc176506829)

[Agency Focus: Food Resources 21](#_Toc29343794)

[Agency Focus: Housing Resources 22](#_Toc271094217)

[Homeless Youth Resources 23](#_Toc435446329)

[Emergency Housing Options 23](#_Toc834250268)

[Interim Housing Options: Stay for up to 120 days 24](#_Toc1079783849)

[Transitional Living Programs 25](#_Toc1713787032)

# Understanding Disability

A **disability** is a condition that may change a person’s ability to do certain activities in their daily life. Sometimes people with disabilities may need changes or support. Below are some definitions to help you better understand disability and disability-related terms.

## Types of Disabilities

**Hearing Disability**

Affects a person’s ability to hear partially or completely. Individuals may be Deaf or hard of hearing and some may use American Sign Language (ASL) to communicate.

**Neurodiversity**

Affects how people think, interact, and behave. People experience and interact with the world around them in different ways. This can include people with Autism; cognitive, developmental or intellectual disabilities; mental health conditions, attention deficit hyperactivity disorder (ADHD), and more.

**Mobility Disability**

Affects a person’s ability to move. This could involve using the hands to grasp and move objects as well as movement like walking or climbing stairs. Individuals may use a wheelchair or other mobility device.

**Vision Disability**

Affects a person’s ability to see, even when using corrective lenses, such as glasses. Individuals may be blind or have low vision.

## Disability Term Guide

**Accessibility** – Making sure places, websites, or activities are usable by everyone. For example, a building that has a ramp to enter in addition to stairs.

**Accommodation** – A helpful change that lets someone with a disability fully participate.

**Acquired disability** – A disability that develops or starts later in life; it is not present at birth.

**Captions** – Text on screen that includes information on background noises, speech, speaker identification, description of music and other relevant details.

**Congenital disability** – A disability that was present at birth.

**Invisible disability** – A disability that may not be obvious from looking at an individual, such as Autism.

**Remember…**

There are many other types of disabilities, but the most important thing is to remember that not all disabilities are the same. People with the same disability may experience their disability differently. Some people are born with their disability (congenital), while others develop or get a disability later (acquired). Disabilities may be visible to others, while some are invisible. Finally, a disability may change over one’s lifetime, such as getting better or worse over time. No matter when someone develops a disability or how it changes, there are many supports and organizations to help.

## Disability Supports Throughout Youth

Support services are available to youth and young adults with disabilities starting at birth. While different disability supports are available throughout the lifetime, there are state and school-based programs to support youth and young adults with disabilities throughout their educational journey.

### Birth-to-Three Early Intervention (0-3)

Early Intervention is a service offered to qualifying children ages 0-3 to help them get services and family support. This service takes place in the home or a community setting.

Visit <https://www.dhs.state.il.us/page.aspx?item=30321> to learn more about Illinois Early Intervention and how to connect with services

### School System (3-18)

When students with disabilities start school, they will receive educational support through their school system, such as therapy services and transition planning. For students with disabilities who qualify, they may have an IEP (Individualized Education Program), which outlines a plan between the school, support services, the family, and the student. This “transition plan” is typically started around age 14 and helps the student and family prepare for adult life.

### Transition (18-22)

Transition programs are school-based programs offered for students with disabilities until the age of 22. Students can continue to go to school to learn independent living skills to help them transition from the school system to adult life.

# Community Resources

The following guide is to help you and your family locate specific community agencies and resources related to:

* Comprehensive Programming & Services for Individuals with Disabilities
* Career Development & Employment Support
* Re-entry Resources
* Legal & Benefits Services
* Recreation & Leisure
* Parent/Guardian/Family Support and Advocacy
* Food Resources
* Housing Resources
	+ Homeless Youth Resources
	+ Emergency Housing Options
	+ Interim Housing Options: Stay for up to 120 days
	+ Transitional Living Programs

|  |
| --- |
| **Agency Focus: Comprehensive Programming & Services for Individuals with Disabilities** |
| **Agency Name**  | **Contact Info/ Website**  | **Services Provided**  |
| **Access Living** | 115 W. Chicago Avenue Chicago, Illinois 60654(Phone) 312-640-2100Website: [www.accessliving.org](https://www.accessliving.org/index.php) | Information & referral; advocacy; Independent Living skills; transition; peer counseling. |
| **Ada S. McKinley**  | 1359 W. Washington Blvd.Chicago, IL 60607(Phone) 312-554-0600(Fax) 312-554-0292Website: [www.adasmckinley.org](http://www.adasmckinley.org/) | Preparation training; employment opportunities; community living programs. |
| **Anixter Center** | Anixter Center 6610 N. Clark St.Chicago, IL 60626(Phone) 773-973-7900,ext. 232Website: [http://www.anixter.org](http://www.anixter.org/) | Housing, employment and vocational services; community and day rehabilitation; behavioral health; literacy, education, and professional training. |
| **The Arc of Illinois** | 20901 LaGrange Road,Suite 209Frankfort, IL 60423(Phone) 815-464-1832Website: [www.thearcofil.org](http://www.thearcofil.org/)  | Assistive Technology fund; advocacy; training; healthcare resources; family services.  |
| **Blind Service Association** | 17 N. State Street Suite 1050Chicago, IL 60602-3510(Phone) 312-236-0808  | One-to-one reading; audio and braille library services; Vision Connection Club; youth program; support groups.  |
| **Chicago Lighthouse for People who are Blind or Visually Impaired** | 1850 West Roosevelt Road Chicago, IL 60608 (Phone) 312-666-1331 (TDD/TTY) 312-666-8874 Website:  <http://www.chicagolighthouse.org/>  | Adult living skills program; Early Intervention and children's programs; job placement and retention program; vocational training program; youth transition program; assistive technology services; mental health supports. |
| **Community Alternatives Unlimited (CAU**) | 8765 W. Higgins Road, Suite 300Chicago, Illinois 60631(Phone) 773-867-4000(Fax) 773-867-6904Website: [http://www.cau.org](http://www.cau.org/) | Individualized service coordination and advocacy; Family Case Management; maternal and child health services; Pre-Admission Screening (PAS) by qualified intellectual disability professionals. |
| **Community Service Options (CSO)** | 6845 S. Western Avenue Chicago, IL 60636(Phone) 773-471-4700(Fax) 773-471-4770Website: [www.cso1.org](http://www.cso1.org/)  | Care coordination and intake services; Individual service and support advocates; Respite voucher program; Pre-Admission Screening (PAS) by qualified intellectual disability professionals. |
| **Council for Adult and Experiential Learning (CAEL)** | 55 E. Monroe Street, Suite 2710Chicago, IL 60603(Phone) 312-499-2600Website: [www.cael.org](http://www.cael.org/) | Education services to assist adults and youth with obtaining a college degree based on skills and job experience. |
| **C4** | 4740 N. Clark St. Chicago, Il 60640(Phone) 773-769-02055710 N. Broadway St.Chicago, IL 60660(Phone) 773-728-10002542 W. North Ave. Chicago, IL 60647(Phone) 773-365-72772014 W. Belle Plaine Ave.Chicago, IL 60618(Phone) 872-235-0722Website: <https://www.c4chicago.org/how-we-help/> Crisis Line: (Phone) 872-235-0600Services and appointments: (Phone) 833-4HOPEC4  | Vocational rehabilitation services; therapy and counseling; case management services; transition services; Psychiatric services; substance use and recovery services. |
| **Division of Rehabilitation services (DRS)** | Several locations – See website for office nearest your school. (Phone) 800-843-6154Website: [www.dhs.state.il.us](http://www.dhs.state.il.us/) | Vocational rehabilitation services that help young adults with disabilities find and keep jobs. |
| **El Valor** | 1850 W. 21st Street Chicago, IL 60608(Phone) 312-666-4511(Fax) 312- 666-6677Website: <https://elvalor.org/> | Accessible Technology; employment services; developmental training; residential community housing; home-based care; respite services; case management. |
| **Envision Unlimited** | 8 S. Michigan Avenue, Suite 1700Chicago, IL 60603(Phone) 312-346-6230(Fax) 312- 346-2218Website: [www.envisionunlimited.](http://www.envisionunlimited.org/) [org/](http://www.envisionunlimited.org/)  | Day programming; specialized foster care; intact family services; in-home respite; Psychosocial rehabilitation services.  |
| **Epilepsy Foundation of Greater Chicago** | 17 N. State Street, Suite 650Chicago, Illinois 60602(Phone) 312-939-8622 Website: [www.epilepsy.com/greater-chicago](http://www.epilepsy.com/greater-chicago)  | Counseling; Advocacy; educational services. |
| **Every Step of the Way (ESW) Resource Center** | (Phone) 773-231-6376(Email) everystepoftheway2022 @gmail.comWebsite: [everystepoftheway2022square.site](https://everystepoftheway2022.square.site/) | Referral services; recreation resources; education and health supports; social & daily living skills programs; behavioral intervention. |
| **Family Guidance Centers, Inc.**  | 2630 S. Wabash Ave. Chicago, Illinois 60616(Phone) 844-834-2227(Email) info@fgcinc.orgWebsite:<https://www.fgcinc.org/> | Adult and youth dual diagnosis (substance use and mental health) treatment services; Psychiatric assessments and referrals; adolescent individual and group counseling services. |
| **Friedman Place: A Residence for Blind and Visually Impaired Adults** | 5527 North Maplewood Chicago, IL 60625 (Phone) 773-989-9800Website: [http://www.friedmanplace.org](http://www.friedmanplace.org/) | Nursing; Certified Nursing Assistants (CNAs); Social Workers; activities; dining services; housekeeping / maintenance; Transitional Living program; technology; adaptive devices.  |
| **Horizons for the Blind** | 125 Erick Street, A103 Crystal Lake, IL 60014 (Phone) 815-444-8800(800) 318-2000 (Toll-Free) (Email) mail@horizons-blind.org Website:[https://www.horizons-blind.org](https://www.horizons-blind.org/) | Advocacy for equal accessibility and opportunities for people who are blind or low vision.  |
| **Ignite** | 180 N. Michigan Ave Ste 2000 Chicago, IL 60601(Phone) 866-803-8336(Text) 312-625-1858 (Email) info@ignitepromise.org | Housing; education services; recreation resources; employment services. |
| **Illinois Assistive Technology Program** | 1020 S. Spring Street Springfield, IL 62704(Phone) 217-522-7985(Fax) 217-522-8067Website:[www.iltech.org](http://www.iltech.org/) | Assistive Technology information and education services; employment; community living resources; IT/Telecommunications resources. |
| **Illinois Department of Human Services: Division of Rehabilitation Services** | Bureau of Customer Support and Services 100 South Grand Avenue East Springfield, IL 62762 (Phone) 217-785-3887 (TDD/TTY) 800-447-6404(Email) DHS.ORS@illinois.gov Website: <https://www.dhs.state.il.us/page.aspx?item=32305> | Case Management; commuter and residential services; Vocational Rehabilitation program. |
| **Illinois Eye Institute: Low Vision Rehabilitation** | 3241 South Michigan Avenue Chicago, IL 60616 (Phone) 312-225-6200(877) 949-3937 (Toll-Free) info@iei.ico.edu Website:<https://www.illinoiseyeinstitute.org/alfred-and-sarah-rosenbloom-center> | Vision rehabilitation; Occupational Therapy; adaptive technology resources; Psychological support; clinical research opportunities. |
| **Illinois School for the Blind and Visually Impaired** | 658 East State Street Jacksonville, IL 62650(Phone) 217-479-4400(800)919-5617 (Toll-Free)Website: [http://isvi.illinois.gov](http://isvi.illinois.gov/)  | Independent Living training; comprehensive education services; adaptive technology resources. |
| **Illinois Society for the Prevention of Blindness** | 211 West Wacker Drive Suite 1700 Chicago, IL 60606 (Phone) 312-363-6029(Email)efineman@preventblindness.org Website:[www.eyehealthillinois.org](http://www.eyehealthillinois.org/)  | Services for individuals that are low vision and funding for replacement glasses for CPS students. |
| **Illinois Life Span** | (Phone) 800-588-7002Website: [www.illinoislifespan.org](http://www.illinoislifespan.org/) | Services committed to empowering persons with disabilities to thrive in community. |
| **Mayor’s Office for People with Disabilities** | 121 N. LaSalle Street, Room 104Chicago, IL 60602(Phone) 312-744-7050(Fax) 312-744-3314Website: [www.chicago.gov/city/e](http://www.chicago.gov/city/en/depts/mopd.html) [n/depts/mopd.html](http://www.chicago.gov/city/en/depts/mopd.html) | Career services; Benefits Specialists; transportation/Parking; emergency preparedness; Youth services. |
| **Mental Health America of Illinois** | 1103 Westgate, Suite302Oak Park, IL 60301(Phone) 312-368-9070Website: [www.mhai.org/](http://www.mhai.org/) | Specialized community mental health resources; educational workshops. |
| **Metropolitan Family Services** | 235 E. 103rd Street Chicago, Illinois 60628(Phone) 773-371-36003843 W. 63rd Street Chicago, Illinois 60629(Phone) 773-884-33103249 N. Central Avenue Chicago, Illinois 60634(Phone) 773-371-37003062 E. 91st Street Chicago, Illinois 60617(Phone) 773-371-2900Website: [www.metrofamily.org](http://www.metrofamily.org/)  | Financial services; education resources; emotional wellness supports; advocacy. |
| **Misericordia (Catholic Charities)** | 6300 N. RidgeChicago, IL 60660(Phone) 773-973-6300(Fax) 773-973-5214Website: [www.misericordia.com](http://www.misericordia.com/) | Health and wellness programs; employment services; residential services. |
| **The Night Ministry** | 1735 N. Ashland Ave Suite 2000 Chicago IL 60622(Phone) 773-784-9000Website: [www.thenightministry.org/housing](https://www.thenightministry.org/housing)  | Engagement services; Early Intervention services; long-term residential services; community resources. |
| **Second Sense**  | 65 E. Wacker Place Suite 1010 Chicago, IL 60601-7216 (Phone) 312-236-8569(Email) info@second-sense.org Website:<http://www.second-sense.org/>  | Skills building workshops; Independent Living skills; support groups; technology solutions resources; Orientation and Mobility trainings. |
| **UCAN** | 3605 W. FillmoreChicago, IL 60624(Phone) 773-588-0180(Fax) 773-826-3620Website: [www.ucanchicago.org/](http://www.ucanchicago.org/)  | Behavioral health outpatient and residential services; youth development; educational support program; workforce development. |
| **Urban Autism Solutions** | 1212 W. Flournoy StreetChicago, Illinois 60607(Phone) 773-377-5691Website: [www.urbanautismsoluti](http://www.urbanautismsolutions.com/) [ons.com](http://www.urbanautismsolutions.com/) | Integrated community living supports to advance social and vocational opportunities. |
| **YMCA** | 1030 W. Van Buren StreetChicago, IL 60607(Phone) 312-932-1200Website: [www.ymcachicago.org](http://www.ymcachicago.org/) | Outdoor recreation; fitness/Wellness programs; community services; arts programs |
| **Agency Focus: Career Development & Employment Support** |
| **America Works** | 205 W. Randolph Street Suite 920Chicago, IL 60606(Phone) 312-726-5627Website: [www.americaworks.co](http://www.americaworks.com/illinois) m/Illinois | Free work program to assist young adults who receive SSI and SSDI in securing employment. |
| **Aspire** | 4110 Litt Drive Hillside, IL 60162 (Phone) 708-547-3560Website: [www.aspirechicago.co](http://www.aspirechicago.com/) [m](http://www.aspirechicago.com/) | Virtual life-coaching; behavioral therapy; job support and training; community housing and Independent Living services. |
| **Bridges From School to Work** | 1 S. Dearborn, Suite 20-102Chicago, IL 60603(Phone) 312-432-6240(Fax) 312-432-0230Website: [www.bridgestowork.org](http://www.bridgestowork.org/) | Youth Employment services for in-school and out-of-school young adults ages 17-24. Services offered to young adults individually and in group settings. |
| **Central States SER Chicago** | 3948 W. 26th Street, Suite 213Chicago, Illinois 60623(Phone) 773-542-9030Website: [www.centralstatesser.org/](http://www.centralstatesser.org/) | Low-income adult training and employment program; reimaging retail program; healthcare careers pathway; Department of Human Services programming; youth employment program; after school programs; financial coaching services. |
| **Heartland****Alliance** | 4822 N Broadway, 2nd Floor Chicago, IL 60640(Phone) 312-660-1300Website: <https://www.heartlandalliance.org/>  | Workforce development; supportive housing; immigrant services; physical and mental healthcare resources. |
| **JVS Chicago** | 216 W. Jackson Blvd, Suite 700, Chicago, IL 60606(Phone) 855-463-6587Website:[www.jcfs.org/jvs](http://www.jcfs.org/jvs)  | Career counseling; job referrals; youth employment specialists; interview preparation; individualized career plans; resume services.  |
| **My Employment Options** | (Phone) 800-441-3114ext. 754Website: [www.myemploymentopt](http://www.myemploymentoptions.com/) [ions.com](http://www.myemploymentoptions.com/) | Long-term career support; young adult SSI/SSDI benefits; counseling; individual job counseling; remote and local employment services. |
| **Teamwork Englewood** | 815 W. 63rd Street Chicago, IL 60621(Phone) 773-488-6600(Fax) 773-488-6601Website: [www.teamworkenglewo](http://www.teamworkenglewood.org/) [od.org](http://www.teamworkenglewood.org/) | Seasonal programs; reentry resource services; youth and education development; parent mentor program; health and wellness services. |
| **Agency Focus: Re-entry Resources** |
| **Cara Collective**  | 237 S. Des Plaines St, Chicago IL 60661(Phone) 312-798-3300Website:[https://caracollective.org](https://caracollective.org/)  | Employment Certification courses; workforce training and job placement; professional coaching. |
| **Greencorps Chicago** | 445 N. Sacramento Blvd #204, Chicago, IL 60612(Phone) 312-746-9777Website: <https://greencorpschicago.org/gcyp-curriculum/>  | Youth empowerment and identity development; paid youth job training programs; employment training services.  |
| **Illinois Re-entry Employment Service Program** | Website: <http://ides.illinois.giv/jobs-workforce/programa/re-entry.htmlRe-Entry>  | Services for young adults who are currently, or have been, subject to any stage of the criminal justice process and who require assistance in overcoming barriers to employment. |
| **Safer Foundation**  | 571 West Jackson Blvd. Chicago, IL 60661 (Phone) 312-922-2200Website:<https://safefoundation.org/reentry-support-wellness/>  | Services that help build an intellectual and emotional framework for successful reentry based on clients’ unique needs. |
| **Agency Focus: Legal & Benefits Services** |
| **Equip for Equality** | 20 N. Michigan Avenue, Suite 300Chicago, IL 60602(Phone) 312-341-0022Website: [www.equipforequality.org](http://www.equipforequality.org/) | Self-advocacy assistance; legal services; public policy information; training and monitoring services.  |
| **IL ABLE****Achieving a Better Life Experience** | (Phone) 888-609-8683(Email) il.clientservice@savewit hable.comWebsite: <https://illinoisable.com/> | Economic services to help manage money and expenses related to living with a disability while keeping benefits. |
| **Illinois Guardianship and Advocacy Commission (IGAC)** | 160 N La Salle Street Suite S500Chicago, IL 60601(Phone) 312-793-5900(Fax) 312-793-4377(Toll Free) 866-274-8023Website: <https://gac.illinois.gov/> | Public guardianship services, legal representation, and a process to investigate alleged disability rights violations. IGAC ensures access to necessary guardianship and advocacy services for Illinois’ citizens with disabilities.  |
| **Independent Client Assistance Program (CAP)** | 855-ILCAP-25 (855-452-2725)cap@equipforequality.orgWebsite: [www.equipforequality.or](https://www.equipforequality.org/issues/client-assistance-program/) [g/issues/client-assistance-program/](https://www.equipforequality.org/issues/client-assistance-program/) | Self-advocacy support, information, and legal help for people with disabilities to help them understand their rights and get help from the Division of Rehabilitation Services (DRS) or a Center for Independent Living (CIL). CAP is a free program for vocational rehabilitation service only, not for DRS home services.  |
| **Latinos Progresando** | 3047 W. Cermak Rd Chicago, IL 60623(Phone) 773-542-7077, Ext: 10Website: [www.latinospro.org](http://www.latinospro.org/) | Professional, affordable immigration legal services. |
| **National Immigrant Justice Center (NIJC)** | 208 S. LaSalle Street, Suite 1300Chicago, IL 60604(Phone) 312-660-1370Website: [www.immigrantjustice.org](http://www.immigrantjustice.org/) | Protects human rights and provides access to justice for all immigrants, refugees, and asylum seekers. |
| **Social Security Administration** | See the website for the office nearest your school.(Phone) 800-325-0778Website: [www.ssa.gov](http://www.ssa.gov/) | Disability benefits for people who cannot work because of a medical condition. Applications for SSI/SSDI can be done with the support of the local SSA office (appointment usually required). |
| **Center for Disability and Elder Law** | 205 W. Randolph,Suite 1610Chicago, IL 60606312-376-1880Website:www.cdelaw.org | Legal services for low-income residents of Cook County, Illinois who have acquired or permanent disabilities. |
| **Agency Focus: Recreation & Leisure**  |
| **Chicago Park District Special Recreation** | Various locations throughout the City.Website:[www.chicagoparkdistrict.com](http://www.chicagoparkdistrict.com/) | Athletic skills development, recreation, and social interactions for youth and adults with disabilities. |
| **Agency Focus: Parent/Guardian/Family Support and Advocacy** |
| **The Answer Inc.** | 7600 Roosevelt Rd. Forest Park, IL 606130(Phone) 708-296-5651Website:[www.theanswerinc.org](http://www.theanswerinc.org/)  | Provides support, resources, education, recreation, and advocacy for families with members with Autism or Developmental Disorders. |
| **Chicagoland Autism Connection** | 1939 W. 13th St.Chicago, IL 60608(Phone) 773-329-0375Website:[www.chicagoautism.org](http://www.chicagoautism.org/) | Autism awareness and resources for improved quality of life for children and adults with autism. |
| **Family Solutions** | 219 West Chicago Avenue Suite 200(Phone) 872-777-8110 Website:[Https://familysolutionsusa.com](https://familysolutionsusa.com/)  | Crisis intervention for Children, adolescents, and adults; Community integration; Case Management services; Community psychiatric supportive treatment. |
| **Family Resource Center on Disability (Shirley Ryan AbilityLab)** | 11 E. Adams St. Suite 1002Chicago, IL 60603(Phone) 312-939-3513(Fax) 312-854-8980Website: [www.frcd.org](http://www.frcd.org/) | Information and referrals; Transition services; Accessible Rights Training; Resource list of educational/vocational evaluation centers. |
| **Grupo SALTO** | 1640 W. Roosevelt Rd. Chicago, IL 60608(Phone) 773-757-9691Website:[www.gruposalto.org](http://www.gruposalto.org/) | Support group for Latino families with children with disabilities. |
| **National Alliance on Mental Illness Support Group** | 1801 W. Warner Ave. Suite 202Chicago, IL 60613(Phone) 312-563-0445Website:[www.namichicago.org/gr](http://www.namichicago.org/gr)[oups-and-classes](http://www.namichicago.org/groups-and-classes) | Peer-led support groups for family members, caregivers and loved ones of individuals who have experienced symptoms of a mental health condition. Offered in both English and Spanish. |
| **JCFS Chicago Support Groups** | Various locations throughout the City.(Phone) 855-275-5237Website:[www.jcfs.org/events/support-groups](http://www.jcfs.org/events/support-groups) | Support groups; Lectures and presentations; Volunteer opportunities; Employment support for young adults. |
| **Supporting Illinois Brothers & Sisters** | 3800 N. Lake Shore Drive, Suite 3E Chicago, IL 60613(Email) info@sibsnetwork.org | Supports for siblings of people with disabilities through information, networking opportunities, and resources. |
| **Agency Focus: Food Resources** |
| **Chicago Department of Public Health**  | WIC Clinics Various locations Dial 311 or Automated WIC Locator (Phone) 800-323-4769 | Nutrition counseling and supplemental food to pregnant, post-partum, and breastfeeding women, their infants and children. |
| **DHS Family Community Resource Center**  | Various locations, to find your nearest office (Phone) 800-843-6154 Website:<https://www.dhs.state.il.us/page.aspx?module=12> Apply Online: <https://abe.illionois.gov/abe/access/>  | Assistance with application for SNAP benefits, cash, or medical care. |
| **Find Food IL** | Various Locations Website:<https://eat-move-save.extension.illinois.edu/>  | Interactive map of places offering free food or meals and stores or markets that accept SNAP/LINK or WIC coupons. Also shows DHS and WIC offices.  |
| **The Greater Food Depository**  | 4100 W. Ann Lurie PlaceChicago, IL 60632(Phone) 773-247-3663 | Supports locating food pantry and mobile food programs in your neighborhood and application for SNAP benefits. |
|  **Agency Focus: Housing Resources**  |
| **Broadway Youth Center**  | 1023 W. Irving Park Chicago, IL 60613(Phone) 773-388-1600Dial 211 to be assessed for housing (Call to confirm location and times) | Ages 12-24 Shelter Services 311 |
| **Chicago Housing Authority** | 60 E. Van Buren St., 12th floor Chicago, IL 60605(Phone) 312-742-8500 (TTY) 866-331-3603 Website:[https://www.thecha.org](https://www.thecha.org/)  | Public/subsidized housing, scattered site housing and customer service.  |
| **Chicago Housing Locator** | Website:[www.chicago.gov/city/en/depts/mopd.htm](http://www.chicago.gov/city/en/depts/mopd.htm)[www.myhousingsearch.com/CHI](http://www.myhousingsearch.com/CHI) | Housing search  |
| **Family & Support Services** | City of Chicago | 311 Shelter Services  |
| **Homeless Prevention Call Center, All Chicago**  | Monday- Friday from 8:30am to 4:30pm(Phone) 312-744-5000 or dial 311Website:[www.allchicago.org](http://www.allchicago.org/)  | Short-term help if you need a place to stay.  |
| **Homeless Youth Resources**  |
| **Center on Halsted**  | 3656 N. Halsted Chicago IL, 60613(Phone) 773-472-6469 | Youth ages 16-21. |
| **Drop-in Space**  | Call for address and more information (Phone) 877-606-3158 | Women ages 14-22.  |
| **Garfield Community Services Center** | 10 S. Kedzie Chicago, IL 60612(Phone) 312-722-3885 | Referral system for shelter and long-term placement. |
| **Neon street Dorms** | 4506 N. Sheridan Road (Phone) 773-366-6740 | Youth ages 18-24. |
| **Teen Living Programs Drop-In Center** | 5500 S. Indiana (Phone) 773-891-2505 | Youth ages 18-24. |
| **Vida/SIDA Generation L** | 2640 W. Division (Phone) 773-278-6737 | Youth ages 18-24. |
| **Emergency Housing Options**  |
| **A Safe Haven** | 2750 W. Roosevelt (Phone) 773-435-8300 | Hot meal, shower, laundry, bed. Arrive at 7:00pm. Youth ages 18-24. |
| **La Casa Norte Casa Corazon North** | 3543 W. North Ave Chicago, IL (Phone) 773-276-4900 | Call to be put on waitlist. Males age 16-21. |
| **Lasa Casa Norte Casa Corazon South** | 1736 W. 47th street (Phone) 773-276-4900 | Overnight shelter for pregnant and parenting youth ages 18-24. Call for intake process or email Shanavia@lacasanorte.org  |
| **The Crib**  | 935 W. Addison Street (Phone) 773-506-3123 | Meals, showers, laundry, bed. Arrive no earlier than 8:30pm. If necessary, a lottery takes place at 8:45pm. Catholic Charities is present to take any youth who are turned away from the lottery to another overnight program. Youth ages 18-24. |
| **Ujima Village**  |  7320 S. Yale | Arrive by 8:15pm for 24 beds. Doors close at 8:30pm. Youth ages 18-24. |
| **Universal Family Connection**  | 1350 W. 103rd Street (Phone) 773-881-1711 | Youth ages 14-24. |
| **Interim Housing Options: Stay for up to 120 days**  |
|  **Hilda’s Place**  | 1458 Chicago Avenue, Evanston (Phone) 847-424-0945x10 | Youth ages 14-20. |
| **Joshua’s Center for Women**  | 330 W. Carroll Avenue (Phone) 773-722-0179 | Females 18+ with a 4-month maximum stay. Attend drop-in services Monday through Thursday 9 am- 2:30pm to get on the waiting list. Must continue to access drop-in services to remain on the waiting list.  |
| **Open Door Shelter** | 1110 N. Noble Street (Phone) 773-506-4100 | Call frequently for openings. When a bed is available, it can be held for 2-3 hours. Transitional Living Program available to clients in interim program.  |
| **Response-ability Pregnant and Parenting Program (“RAPP”)** | 3262 N. Clark St. (Phone) 773-506-3120 | Provides 4-month shelter for homeless girls who are pregnant and/or parenting and their infants and toddlers. Youth ages 14-19. |
| **Transitional Living Programs** |
| **El Rescate**  | 2703 W. Division (Phone) 872-829-2662 | LGBTQ youth 18-24, including youth with HIV. |
| **Emerge (ChildServ)** | 5401 S. Wentworth | Call to complete a telephone intake. Youth ages 17-21 |
| **Mercy Home- Boys Campus**  | 1140 W. Jackson(Phone) 312-738-6364 | Call to begin the application process. Males ages 18-22.  |
| **Mercy Home- Girls Campus**  | 11600 S. Longwood Drive (Phone) 312-738-6364 | Call to begin the application process. Females ages 18-22. |
| **New Moms**  | 5317 W. Chicago Ave(Phone) 773-610-7696 | Transitional Housing for single mothers 18-24 years with up to 2 children for up to 24 months. Emergency housing is not provided. Call property Manager to learn about intake.  |
| **Olive Branch Mission**  | 6310 S. Claremont (Phone) 773-476-6200 | No food, no drugs, no alcohol. No cigarettes, no lighters on the premises. Males ages 18-25. To get into the program, you must stay in the emergency housing.  |
| **Teen Living Programs Belfort House**  | 3745 South Indiana (Phone) 866-803-8336 | Call to complete a telephone intake. Youth ages 17-21. |