**Disability Resource Guide**

For Youth and Young Adults



Purpose of this Guide

This guide is created by the Mayor’s Office for People with Disabilities (MOPD) to support our youth and young adults with disabilities and their families in understanding disability and the available resources.

If you have questions about this guide or how to use it, please reach out to MOPD at [access@cityofchicago.org](mailto:access@cityofchicago.org).

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# Understanding Disability

A **disability** is a condition that may change a person’s ability to do certain activities in their daily life. Sometimes people with disabilities may need changes or support. Below are some definitions to help you better understand disability and disability-related terms.

## Types of Disabilities

**Hearing Disability**

Affects a person’s ability to hear partially or completely. Individuals may be Deaf or hard of hearing and some may use American Sign Language (ASL) to communicate.

**Neurodiversity**

Affects how people think, interact, and behave. People experience and interact with the world around them in different ways. This can include people with Autism; cognitive, developmental or intellectual disabilities; mental health conditions, attention deficit hyperactivity disorder (ADHD), and more.

**Mobility Disability**

Affects a person’s ability to move. This could involve using the hands to grasp and move objects as well as movement like walking or climbing stairs. Individuals may use a wheelchair or other mobility device.

**Vision Disability**

Affects a person’s ability to see, even when using corrective lenses, such as glasses. Individuals may be blind or have low vision.

## Disability Term Guide

**Accessibility** – Making sure places, websites, or activities are usable by everyone. For example, a building that has a ramp to enter in addition to stairs.

**Accommodation** – A helpful change that lets someone with a disability fully participate.

**Acquired disability** – A disability that develops or starts later in life; it is not present at birth.

**Captions** – Text on screen that includes information on background noises, speech, speaker identification, description of music and other relevant details.

**Congenital disability** – A disability that was present at birth.

**Invisible disability** – A disability that may not be obvious from looking at an individual, such as Autism.

**Remember…**

There are many other types of disabilities, but the most important thing is to remember that not all disabilities are the same. People with the same disability may experience their disability differently. Some people are born with their disability (congenital), while others develop or get a disability later (acquired). Disabilities may be visible to others, while some are invisible. Finally, a disability may change over one’s lifetime, such as getting better or worse over time. No matter when someone develops a disability or how it changes, there are many supports and organizations to help.

## Disability Supports Throughout Youth

Support services are available to youth and young adults with disabilities starting at birth. While different disability supports are available throughout the lifetime, there are state and school-based programs to support youth and young adults with disabilities throughout their educational journey.

### Birth-to-Three Early Intervention (0-3)

Early Intervention is a service offered to qualifying children ages 0-3 to help them get services and family support. This service takes place in the home or a community setting.

Visit <https://www.dhs.state.il.us/page.aspx?item=30321> to learn more about Illinois Early Intervention and how to connect with services

### School System (3-18)

When students with disabilities start school, they will receive educational support through their school system, such as therapy services and transition planning. For students with disabilities who qualify, they may have an IEP (Individualized Education Program), which outlines a plan between the school, support services, the family, and the student. This “transition plan” is typically started around age 14 and helps the student and family prepare for adult life.

### Transition (18-22)

Transition programs are school-based programs offered for students with disabilities until the age of 22. Students can continue to go to school to learn independent living skills to help them transition from the school system to adult life.

# Community Resources

The following guide is to help you and your family locate specific community agencies and resources related to:

* Comprehensive Programming & Services for Individuals with Disabilities
* Career Development & Employment Support
* Re-entry Resources
* Legal & Benefits Services
* Recreation & Leisure
* Parent/Guardian/Family Support and Advocacy
* Food Resources
* Housing Resources
  + Homeless Youth Resources
  + Emergency Housing Options
  + Interim Housing Options: Stay for up to 120 days
  + Transitional Living Programs

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| --- | --- | --- |
| **Agency Focus: Comprehensive Programming & Services for Individuals with Disabilities** | | |
| **Agency Name** | **Contact Info/ Website** | **Services Provided** |
| **Access Living** | 115 W. Chicago Avenue Chicago, Illinois 60654  (Phone) 312-640-2100  Website: [www.accessliving.org](https://www.accessliving.org/index.php) | Information & referral; advocacy; Independent Living skills; transition; peer counseling. |
| **Ada S. McKinley** | 1359 W. Washington Blvd.  Chicago, IL 60607  (Phone) 312-554-0600  (Fax) 312-554-0292  Website: [www.adasmckinley.org](http://www.adasmckinley.org/) | Preparation training; employment opportunities; community living programs. |
| **Anixter Center** | Anixter Center 6610 N. Clark St.  Chicago, IL 60626  (Phone) 773-973-7900,  ext. 232  Website: [http://www.anixter.org](http://www.anixter.org/) | Housing, employment and vocational services; community and day rehabilitation; behavioral health; literacy, education, and professional training. |
| **The Arc of Illinois** | 20901 LaGrange Road,  Suite 209  Frankfort, IL 60423  (Phone) 815-464-1832  Website: [www.thearcofil.org](http://www.thearcofil.org/) | Assistive Technology fund; advocacy; training; healthcare resources; family services. |
| **Blind Service Association** | 17 N. State Street  Suite 1050  Chicago, IL 60602-3510  (Phone) 312-236-0808 | One-to-one reading; audio and braille library services; Vision Connection Club; youth program; support groups. |
| **Chicago Lighthouse for People who are Blind or Visually Impaired** | 1850 West Roosevelt Road  Chicago, IL 60608  (Phone) 312-666-1331   (TDD/TTY) 312-666-8874  Website:  <http://www.chicagolighthouse.org/> | Adult living skills program; Early Intervention and children's programs; job placement and retention program; vocational training program; youth transition program; assistive technology services; mental health supports. |
| **Community Alternatives Unlimited (CAU**) | 8765 W. Higgins Road, Suite 300  Chicago, Illinois 60631  (Phone) 773-867-4000  (Fax) 773-867-6904  Website: [http://www.cau.org](http://www.cau.org/) | Individualized service coordination and advocacy; Family Case Management; maternal and child health services; Pre-Admission Screening (PAS) by qualified intellectual disability professionals. |
| **Community Service Options (CSO)** | 6845 S. Western Avenue Chicago, IL 60636  (Phone) 773-471-4700  (Fax) 773-471-4770  Website:  [www.cso1.org](http://www.cso1.org/) | Care coordination and intake services; Individual service and support advocates; Respite voucher program; Pre-Admission Screening (PAS) by qualified intellectual disability professionals. |
| **Council for Adult and Experiential Learning (CAEL)** | 55 E. Monroe Street, Suite 2710  Chicago, IL 60603  (Phone) 312-499-2600  Website:  [www.cael.org](http://www.cael.org/) | Education services to assist adults and youth with obtaining a college degree based on skills and job experience. |
| **C4** | 4740 N. Clark St.  Chicago, Il 60640  (Phone) 773-769-0205  5710 N. Broadway St.  Chicago, IL 60660  (Phone) 773-728-1000  2542 W. North Ave.  Chicago, IL 60647  (Phone) 773-365-7277  2014 W. Belle Plaine Ave.  Chicago, IL 60618  (Phone) 872-235-0722  Website: <https://www.c4chicago.org/how-we-help/>  Crisis Line:  (Phone) 872-235-0600  Services and appointments:  (Phone) 833-4HOPEC4 | Vocational rehabilitation services; therapy and counseling; case management services; transition services; Psychiatric services; substance use and recovery services. |
| **Division of Rehabilitation services (DRS)** | Several locations – See website for office nearest your school.  (Phone) 800-843-6154  Website: [www.dhs.state.il.us](http://www.dhs.state.il.us/) | Vocational rehabilitation services that help young adults with disabilities find and keep jobs. |
| **El Valor** | 1850 W. 21st Street Chicago, IL 60608  (Phone) 312-666-4511  (Fax) 312- 666-6677  Website: <https://elvalor.org/> | Accessible Technology; employment services; developmental training; residential community housing; home-based care; respite services; case management. |
| **Envision Unlimited** | 8 S. Michigan Avenue, Suite 1700  Chicago, IL 60603  (Phone) 312-346-6230  (Fax) 312- 346-2218  Website:  [www.envisionunlimited.](http://www.envisionunlimited.org/) [org/](http://www.envisionunlimited.org/) | Day programming; specialized foster care; intact family services; in-home respite; Psychosocial rehabilitation services. |
| **Epilepsy Foundation of Greater Chicago** | 17 N. State Street, Suite 650  Chicago, Illinois 60602  (Phone) 312-939-8622  Website: [www.epilepsy.com/greater-chicago](http://www.epilepsy.com/greater-chicago) | Counseling; Advocacy; educational services. |
| **Every Step of the Way (ESW) Resource Center** | (Phone) 773-231-6376  (Email) [everystepoftheway2022](mailto:everystepoftheway2022@gmail.com) [@gmail.com](mailto:everystepoftheway2022@gmail.com)  Website: [everystepoftheway2022square.site](https://everystepoftheway2022.square.site/) | Referral services; recreation resources; education and health supports; social & daily living skills programs; behavioral intervention. |
| **Family Guidance Centers, Inc.** | 2630 S. Wabash Ave. Chicago, Illinois 60616  (Phone) 844-834-2227  (Email) [info@fgcinc.org](mailto:info@fgcinc.org)  Website:  <https://www.fgcinc.org/> | Adult and youth dual diagnosis (substance use and mental health) treatment services; Psychiatric assessments and referrals; adolescent individual and group counseling services. |
| **Friedman Place: A Residence for Blind and Visually Impaired Adults** | 5527 North Maplewood  Chicago, IL 60625  (Phone) 773-989-9800  Website:  [http://www.friedmanplace.org](http://www.friedmanplace.org/) | Nursing; Certified Nursing Assistants (CNAs); Social Workers; activities; dining services; housekeeping / maintenance; Transitional Living program; technology; adaptive devices. |
| **Horizons for the Blind** | 125 Erick Street, A103  Crystal Lake, IL 60014  (Phone) 815-444-8800  (800) 318-2000 (Toll-Free)  (Email) mail@horizons-blind.org  Website:  [https://www.horizons-blind.org](https://www.horizons-blind.org/) | Advocacy for equal accessibility and opportunities for people who are blind or low vision. |
| **Ignite** | 180 N. Michigan Ave Ste 2000  Chicago, IL 60601  (Phone) 866-803-8336  (Text) 312-625-1858  (Email) [info@ignitepromise.org](mailto:info@ignitepromise.org) | Housing; education services; recreation resources; employment services. |
| **Illinois Assistive Technology Program** | 1020 S. Spring Street Springfield, IL 62704  (Phone) 217-522-7985  (Fax) 217-522-8067  Website:  [www.iltech.org](http://www.iltech.org/) | Assistive Technology information and education services; employment; community living resources; IT/Telecommunications resources. |
| **Illinois Department of Human Services: Division of Rehabilitation Services** | Bureau of Customer Support and Services  100 South Grand Avenue East  Springfield, IL 62762  (Phone) 217-785-3887  (TDD/TTY) 800-447-6404 (Email) DHS.ORS@illinois.gov  Website: <https://www.dhs.state.il.us/page.aspx?item=32305> | Case Management; commuter and residential services; Vocational Rehabilitation program. |
| **Illinois Eye Institute: Low Vision Rehabilitation** | 3241 South Michigan Avenue  Chicago, IL 60616  (Phone) 312-225-6200  (877) 949-3937 (Toll-Free)  info@iei.ico.edu  Website:  <https://www.illinoiseyeinstitute.org/alfred-and-sarah-rosenbloom-center> | Vision rehabilitation; Occupational Therapy; adaptive technology resources; Psychological support; clinical research opportunities. |
| **Illinois School for the Blind and Visually Impaired** | 658 East State Street  Jacksonville, IL 62650  (Phone) 217-479-4400  (800)919-5617 (Toll-Free)  Website:  [http://isvi.illinois.gov](http://isvi.illinois.gov/) | Independent Living training; comprehensive education services; adaptive technology resources. |
| **Illinois Society for the Prevention of Blindness** | 211 West Wacker Drive  Suite 1700  Chicago, IL 60606  (Phone) 312-363-6029  (Email)  [efineman@preventblindness.org](mailto:efineman@preventblindness.org)  Website:  [www.eyehealthillinois.org](http://www.eyehealthillinois.org/) | Services for individuals that are low vision and funding for replacement glasses for CPS students. |
| **Illinois Life Span** | (Phone) 800-588-7002  Website: [www.illinoislifespan.org](http://www.illinoislifespan.org/) | Services committed to empowering persons with disabilities to thrive in community. |
| **Mayor’s Office for People with Disabilities** | 121 N. LaSalle Street, Room 104  Chicago, IL 60602  (Phone) 312-744-7050  (Fax) 312-744-3314  Website: [www.chicago.gov/city/e](http://www.chicago.gov/city/en/depts/mopd.html) [n/depts/mopd.html](http://www.chicago.gov/city/en/depts/mopd.html) | Career services; Benefits Specialists; transportation/Parking; emergency preparedness; Youth services. |
| **Mental Health America of Illinois** | 1103 Westgate, Suite  302  Oak Park, IL 60301  (Phone) 312-368-9070  Website: [www.mhai.org/](http://www.mhai.org/) | Specialized community mental health resources; educational workshops. |
| **Metropolitan Family Services** | 235 E. 103rd Street Chicago, Illinois 60628  (Phone) 773-371-3600  3843 W. 63rd Street Chicago, Illinois 60629  (Phone) 773-884-3310  3249 N. Central Avenue Chicago, Illinois 60634  (Phone) 773-371-3700  3062 E. 91st Street Chicago, Illinois 60617  (Phone) 773-371-2900  Website: [www.metrofamily.org](http://www.metrofamily.org/) | Financial services; education resources; emotional wellness supports; advocacy. |
| **Misericordia (Catholic Charities)** | 6300 N. Ridge  Chicago, IL 60660  (Phone) 773-973-6300  (Fax) 773-973-5214  Website: [www.misericordia.com](http://www.misericordia.com/) | Health and wellness programs; employment services; residential services. |
| **The Night Ministry** | 1735 N. Ashland Ave Suite 2000  Chicago IL 60622  (Phone) 773-784-9000  Website: [www.thenightministry.org/housing](https://www.thenightministry.org/housing) | Engagement services; Early Intervention services; long-term residential services; community resources. |
| **Second Sense** | 65 E. Wacker Place  Suite 1010  Chicago, IL 60601-7216  (Phone) 312-236-8569  (Email)  [info@second-sense.org](mailto:info@second-sense.org)  Website:  <http://www.second-sense.org/> | Skills building workshops; Independent Living skills; support groups; technology solutions resources; Orientation and Mobility trainings. |
| **UCAN** | 3605 W. Fillmore  Chicago, IL 60624  (Phone) 773-588-0180  (Fax) 773-826-3620  Website: [www.ucanchicago.org/](http://www.ucanchicago.org/) | Behavioral health outpatient and residential services; youth development; educational support program; workforce development. |
| **Urban Autism Solutions** | 1212 W. Flournoy Street  Chicago, Illinois 60607  (Phone) 773-377-5691  Website: [www.urbanautismsoluti](http://www.urbanautismsolutions.com/) [ons.com](http://www.urbanautismsolutions.com/) | Integrated community living supports to advance social and vocational opportunities. |
| **YMCA** | 1030 W. Van Buren Street  Chicago, IL 60607  (Phone) 312-932-1200  Website: [www.ymcachicago.org](http://www.ymcachicago.org/) | Outdoor recreation; fitness/Wellness programs; community services; arts programs |
| **Agency Focus: Career Development & Employment Support** | | |
| **America Works** | 205 W. Randolph Street Suite 920  Chicago, IL 60606  (Phone) 312-726-5627  Website: [www.americaworks.co](http://www.americaworks.com/illinois) m/Illinois | Free work program to assist young adults who receive SSI and SSDI in securing employment. |
| **Aspire** | 4110 Litt Drive  Hillside, IL 60162  (Phone) 708-547-3560  Website: [www.aspirechicago.co](http://www.aspirechicago.com/) [m](http://www.aspirechicago.com/) | Virtual life-coaching; behavioral therapy; job support and training; community housing and Independent Living services. |
| **Bridges From School to Work** | 1 S. Dearborn,  Suite 20-102  Chicago, IL 60603  (Phone) 312-432-6240  (Fax) 312-432-0230  Website: [www.bridgestowork.org](http://www.bridgestowork.org/) | Youth Employment services for in-school and out-of-school young adults ages 17-24. Services offered to young adults individually and in group settings. |
| **Central States SER Chicago** | 3948 W. 26th Street,  Suite 213  Chicago, Illinois 60623  (Phone) 773-542-9030  Website: [www.centralstatesser.org/](http://www.centralstatesser.org/) | Low-income adult training and employment program; reimaging retail program; healthcare careers pathway; Department of Human Services programming; youth employment program; after school programs; financial coaching services. |
| **Heartland**  **Alliance** | 4822 N Broadway, 2nd Floor Chicago, IL 60640  (Phone) 312-660-1300  Website: <https://www.heartlandalliance.org/> | Workforce development; supportive housing; immigrant services; physical and mental healthcare resources. |
| **JVS Chicago** | 216 W. Jackson Blvd, Suite 700, Chicago, IL 60606  (Phone) 855-463-6587  Website:  [www.jcfs.org/jvs](http://www.jcfs.org/jvs) | Career counseling; job referrals; youth employment specialists; interview preparation; individualized career plans; resume services. |
| **My Employment Options** | (Phone) 800-441-3114  ext. 754  Website: [www.myemploymentopt](http://www.myemploymentoptions.com/) [ions.com](http://www.myemploymentoptions.com/) | Long-term career support; young adult SSI/SSDI benefits; counseling; individual job counseling; remote and local employment services. |
| **Teamwork Englewood** | 815 W. 63rd Street Chicago, IL 60621  (Phone) 773-488-6600  (Fax) 773-488-6601  Website: [www.teamworkenglewo](http://www.teamworkenglewood.org/) [od.org](http://www.teamworkenglewood.org/) | Seasonal programs; reentry resource services; youth and education development; parent mentor program; health and wellness services. |
| **Agency Focus: Re-entry Resources** | | |
| **Cara Collective** | 237 S. Des Plaines St, Chicago IL 60661  (Phone) 312-798-3300  Website:  [https://caracollective.org](https://caracollective.org/) | Employment Certification courses; workforce training and job placement; professional coaching. |
| **Greencorps Chicago** | 445 N. Sacramento Blvd #204, Chicago, IL 60612  (Phone) 312-746-9777  Website:  <https://greencorpschicago.org/gcyp-curriculum/> | Youth empowerment and identity development; paid youth job training programs; employment training services. |
| **Illinois Re-entry Employment Service Program** | Website:  <http://ides.illinois.giv/jobs-workforce/programa/re-entry.htmlRe-Entry> | Services for young adults who are currently, or have been, subject to any stage of the criminal justice process and who require assistance in overcoming barriers to employment. |
| **Safer Foundation** | 571 West Jackson Blvd.  Chicago, IL 60661  (Phone) 312-922-2200  Website:  <https://safefoundation.org/reentry-support-wellness/> | Services that help build an intellectual and emotional framework for successful reentry based on clients’ unique needs. |
| **Agency Focus: Legal & Benefits Services** | | |
| **Equip for Equality** | 20 N. Michigan Avenue, Suite 300  Chicago, IL 60602  (Phone) 312-341-0022  Website: [www.equipforequality.org](http://www.equipforequality.org/) | Self-advocacy assistance; legal services; public policy information; training and monitoring services. |
| **IL ABLE**  **Achieving a Better Life Experience** | (Phone) 888-609-8683  (Email) [il.clientservice@savewit](mailto:il.clientservice@savewithable.com) [hable.com](mailto:il.clientservice@savewithable.com)  Website: <https://illinoisable.com/> | Economic services to help manage money and expenses related to living with a disability while keeping benefits. |
| **Illinois Guardianship and Advocacy Commission (IGAC)** | 160 N La Salle Street Suite S500  Chicago, IL 60601  (Phone) 312-793-5900  (Fax) 312-793-4377  (Toll Free) 866-274-8023  Website: <https://gac.illinois.gov/> | Public guardianship services, legal representation, and a process to investigate alleged disability rights violations. IGAC ensures access to necessary guardianship and advocacy services for Illinois’ citizens with disabilities. |
| **Independent Client Assistance Program (CAP)** | 855-ILCAP-25 (855-452-2725)  [cap@equipforequality.org](mailto:cap@equipforequality.org)  Website: [www.equipforequality.or](https://www.equipforequality.org/issues/client-assistance-program/) [g/issues/client-assistance-program/](https://www.equipforequality.org/issues/client-assistance-program/) | Self-advocacy support, information, and legal help for people with disabilities to help them understand their rights and get help from the Division of Rehabilitation Services (DRS) or a Center for Independent Living (CIL). CAP is a free program for vocational rehabilitation service only, not for DRS home services. |
| **Latinos Progresando** | 3047 W. Cermak Rd Chicago, IL 60623  (Phone) 773-542-7077, Ext: 10  Website: [www.latinospro.org](http://www.latinospro.org/) | Professional, affordable immigration legal services. |
| **National Immigrant Justice Center (NIJC)** | 208 S. LaSalle Street, Suite 1300  Chicago, IL 60604  (Phone) 312-660-1370  Website: [www.immigrantjustice.org](http://www.immigrantjustice.org/) | Protects human rights and provides access to justice for all immigrants, refugees, and asylum seekers. |
| **Social Security Administration** | See the website for the office nearest your school.  (Phone) 800-325-0778  Website:  [www.ssa.gov](http://www.ssa.gov/) | Disability benefits for people who cannot work because of a medical condition. Applications for SSI/SSDI can be done with the support of the local SSA office (appointment usually required). |
| **Center for Disability and Elder Law** | 205 W. Randolph,  Suite 1610  Chicago, IL 60606  312-376-1880  Website:  www.cdelaw.org | Legal services for low-income residents of Cook County, Illinois who have acquired or permanent disabilities. |
| **Agency Focus: Recreation & Leisure** | | |
| **Chicago Park District Special Recreation** | Various locations throughout the City.  Website:  [www.chicagoparkdistrict.com](http://www.chicagoparkdistrict.com/) | Athletic skills development, recreation, and social interactions for youth and adults with disabilities. |
| **Agency Focus: Parent/Guardian/Family Support and Advocacy** | | |
| **The Answer Inc.** | 7600 Roosevelt Rd. Forest Park, IL 606130  (Phone) 708-296-5651  Website:  [www.theanswerinc.org](http://www.theanswerinc.org/) | Provides support, resources, education, recreation, and advocacy for families with members with Autism or Developmental Disorders. |
| **Chicagoland Autism Connection** | 1939 W. 13th St.  Chicago, IL 60608  (Phone) 773-329-0375  Website:  [www.chicagoautism.org](http://www.chicagoautism.org/) | Autism awareness and resources for improved quality of life for children and adults with autism. |
| **Family Solutions** | 219 West Chicago Avenue Suite 200  (Phone) 872-777-8110  Website:  [Https://familysolutionsusa.com](https://familysolutionsusa.com/) | Crisis intervention for Children, adolescents, and adults; Community integration; Case Management services; Community psychiatric supportive treatment. |
| **Family Resource Center on Disability (Shirley Ryan AbilityLab)** | 11 E. Adams St. Suite 1002  Chicago, IL 60603  (Phone) 312-939-3513  (Fax) 312-854-8980  Website: [www.frcd.org](http://www.frcd.org/) | Information and referrals; Transition services; Accessible Rights Training; Resource list of educational/vocational evaluation centers. |
| **Grupo SALTO** | 1640 W. Roosevelt Rd. Chicago, IL 60608  (Phone) 773-757-9691  Website:  [www.gruposalto.org](http://www.gruposalto.org/) | Support group for Latino families with children with disabilities. |
| **National Alliance on Mental Illness Support Group** | 1801 W. Warner Ave. Suite 202  Chicago, IL 60613  (Phone) 312-563-0445  Website:  [www.namichicago.org/gr](http://www.namichicago.org/gr)[oups-and-classes](http://www.namichicago.org/groups-and-classes) | Peer-led support groups for family members, caregivers and loved ones of individuals who have experienced symptoms of a mental health condition. Offered in both English and Spanish. |
| **JCFS Chicago Support Groups** | Various locations throughout the City.  (Phone) 855-275-5237  Website:  [www.jcfs.org/events/support-groups](http://www.jcfs.org/events/support-groups) | Support groups; Lectures and presentations; Volunteer opportunities; Employment support for young adults. |
| **Supporting Illinois Brothers & Sisters** | 3800 N. Lake Shore Drive, Suite 3E Chicago, IL 60613  (Email) [info@sibsnetwork.org](mailto:info@sibsnetwork.org) | Supports for siblings of people with disabilities through information, networking opportunities, and resources. |
| **Agency Focus: Food Resources** | | |
| **Chicago Department of Public Health** | WIC Clinics Various locations  Dial 311 or Automated WIC Locator  (Phone) 800-323-4769 | Nutrition counseling and supplemental food to pregnant, post-partum, and breastfeeding women, their infants and children. |
| **DHS Family Community Resource Center** | Various locations, to find your nearest office  (Phone) 800-843-6154  Website:  <https://www.dhs.state.il.us/page.aspx?module=12>  Apply Online:  <https://abe.illionois.gov/abe/access/> | Assistance with application for SNAP benefits, cash, or medical care. |
| **Find Food IL** | Various Locations  Website:  <https://eat-move-save.extension.illinois.edu/> | Interactive map of places offering free food or meals and stores or markets that accept SNAP/LINK or WIC coupons. Also shows DHS and WIC offices. |
| **The Greater Food Depository** | 4100 W. Ann Lurie Place  Chicago, IL 60632  (Phone) 773-247-3663 | Supports locating food pantry and mobile food programs in your neighborhood and application for SNAP benefits. |
| **Agency Focus: Housing Resources** | | |
| **Broadway Youth Center** | 1023 W. Irving Park  Chicago, IL 60613  (Phone) 773-388-1600  Dial 211 to be assessed for housing  (Call to confirm location and times) | Ages 12-24  Shelter Services 311 |
| **Chicago Housing Authority** | 60 E. Van Buren St., 12th floor Chicago, IL 60605  (Phone) 312-742-8500 (TTY) 866-331-3603  Website:  [https://www.thecha.org](https://www.thecha.org/) | Public/subsidized housing, scattered site housing and customer service. |
| **Chicago Housing Locator** | Website:  [www.chicago.gov/city/en/depts/mopd.htm](http://www.chicago.gov/city/en/depts/mopd.htm)  [www.myhousingsearch.com/CHI](http://www.myhousingsearch.com/CHI) | Housing search |
| **Family & Support Services** | City of Chicago | 311 Shelter Services |
| **Homeless Prevention Call Center, All Chicago** | Monday- Friday from 8:30am to 4:30pm  (Phone) 312-744-5000 or dial 311  Website:  [www.allchicago.org](http://www.allchicago.org/) | Short-term help if you need a place to stay. |
| **Homeless Youth Resources** | | |
| **Center on Halsted** | 3656 N. Halsted  Chicago IL, 60613  (Phone) 773-472-6469 | Youth ages 16-21. |
| **Drop-in Space** | Call for address and more information  (Phone) 877-606-3158 | Women ages 14-22. |
| **Garfield Community Services Center** | 10 S. Kedzie  Chicago, IL 60612  (Phone) 312-722-3885 | Referral system for shelter and long-term placement. |
| **Neon street Dorms** | 4506 N. Sheridan Road  (Phone) 773-366-6740 | Youth ages 18-24. |
| **Teen Living Programs Drop-In Center** | 5500 S. Indiana  (Phone) 773-891-2505 | Youth ages 18-24. |
| **Vida/SIDA Generation L** | 2640 W. Division  (Phone) 773-278-6737 | Youth ages 18-24. |
| **Emergency Housing Options** | | |
| **A Safe Haven** | 2750 W. Roosevelt  (Phone) 773-435-8300 | Hot meal, shower, laundry, bed. Arrive at 7:00pm. Youth ages 18-24. |
| **La Casa Norte Casa Corazon North** | 3543 W. North Ave  Chicago, IL  (Phone) 773-276-4900 | Call to be put on waitlist. Males age 16-21. |
| **Lasa Casa Norte Casa Corazon South** | 1736 W. 47th street  (Phone) 773-276-4900 | Overnight shelter for pregnant and parenting youth ages 18-24. Call for intake process or email [Shanavia@lacasanorte.org](mailto:Shanavia@lacasanorte.org) |
| **The Crib** | 935 W. Addison Street  (Phone) 773-506-3123 | Meals, showers, laundry, bed. Arrive no earlier than 8:30pm. If necessary, a lottery takes place at 8:45pm. Catholic Charities is present to take any youth who are turned away from the lottery to another overnight program. Youth ages 18-24. |
| **Ujima Village** | 7320 S. Yale | Arrive by 8:15pm for 24 beds. Doors close at 8:30pm. Youth ages 18-24. |
| **Universal Family Connection** | 1350 W. 103rd Street  (Phone) 773-881-1711 | Youth ages 14-24. |
| **Interim Housing Options: Stay for up to 120 days** | | |
| **Hilda’s Place** | 1458 Chicago Avenue, Evanston  (Phone) 847-424-0945x10 | Youth ages 14-20. |
| **Joshua’s Center for Women** | 330 W. Carroll Avenue  (Phone) 773-722-0179 | Females 18+ with a 4-month maximum stay. Attend drop-in services Monday through Thursday 9 am- 2:30pm to get on the waiting list. Must continue to access drop-in services to remain on the waiting list. |
| **Open Door Shelter** | 1110 N. Noble Street  (Phone) 773-506-4100 | Call frequently for openings. When a bed is available, it can be held for 2-3 hours. Transitional Living Program available to clients in interim program. |
| **Response-ability Pregnant and Parenting Program (“RAPP”)** | 3262 N. Clark St.  (Phone) 773-506-3120 | Provides 4-month shelter for homeless girls who are pregnant and/or parenting and their infants and toddlers. Youth ages 14-19. |
| **Transitional Living Programs** | | |
| **El Rescate** | 2703 W. Division  (Phone) 872-829-2662 | LGBTQ youth 18-24, including youth with HIV. |
| **Emerge (ChildServ)** | 5401 S. Wentworth | Call to complete a telephone intake. Youth ages 17-21 |
| **Mercy Home- Boys Campus** | 1140 W. Jackson  (Phone) 312-738-6364 | Call to begin the application process. Males ages 18-22. |
| **Mercy Home- Girls Campus** | 11600 S. Longwood Drive  (Phone) 312-738-6364 | Call to begin the application process. Females ages 18-22. |
| **New Moms** | 5317 W. Chicago Ave  (Phone) 773-610-7696 | Transitional Housing for single mothers 18-24 years with up to 2 children for up to 24 months. Emergency housing is not provided. Call property Manager to learn about intake. |
| **Olive Branch Mission** | 6310 S. Claremont  (Phone) 773-476-6200 | No food, no drugs, no alcohol. No cigarettes, no lighters on the premises. Males ages 18-25. To get into the program, you must stay in the emergency housing. |
| **Teen Living Programs Belfort House** | 3745 South Indiana  (Phone) 866-803-8336 | Call to complete a telephone intake. Youth ages 17-21. |