## **Drugs, Bugs and Pugs:** Antimicrobial Resistance in Pets and the People That Love Them

Stephen Cole VMD, MS, DACVM Assistant Professor of Microbiology University of Pennsylvania, School of Veterinary Medicine

# Outline

Carbapenem-resistant Enterobacterales

ESBL-producing Enterobacterales

MRSA

Extensively-drug resistant *Campylobacter* 

VRE

C. difficile

Antifungal resistant organisms

### Samantha



- 13 YO FS Great Dane
- Hx: Megaesophagus
- Lethargic w/ obvious increased respiratory rate & effort
- Notable PE Findings: T-104.2 F and crackles in cranioventral thorax on auscultation.
- Radiographs suggestive of aspiration pneumonia
- Hospitalized in ICU and begin empiric antimicrobial therapy with IV ampicillin/enrofloxacin



### Samantha- Day 4



- Initial Culture result
  - Beta hemolytic *Streptococcus*
- No clinical or radiographic improvement noted.
- Re-anesthetized for additional endotracheal wash for culture.
- Empirically switched to clindamycin and ceftazidime.



### Samantha- Day 6



#### 2<sup>nd</sup> Culture Results:

Sensitivity Analysis	Escherichia	coli	
			-
Amikacin	<=2	S	
Amoxicillin/K Clavulanate	>=32	R	
Ampicillin	>=32	R	
Cefalexin	>=8	R	
Chloramphenicol	>=64	R	
Enrofloxacin	>=4	R	
Gentamicin	8	R	
Imipenem	4	R	
Marbofloxacin	>=4	R	
Penicillin			
Piperacillin	>=128	R	
Tetracycline	>=16	R	
Tobramycin	>=16	R	
Trimethoprim/Sulfamethoxazole	>=320	R	
Vancomycin			



- 10 YO MC Rottweiler admitted on same day as Samantha
- Housed in ICU following adrenalectomy (pheochromocytoma).
- Following surgery had persistent fever and dyspnea despite antimicrobial therapy.
- Culture of lung tissue yields:

Sensitivity Analysis	Escherichia	coli
Amikacin	<=2	S
Amoxicillin/K Clavulanate	>=32	R
Ampicillin	>=32	R
Cefalexin	>=8	R
Chloramphenicol	>=64	R
Enrofloxacin	>=4	R
Gentamicin	8	R
Imipenem	4	R
Marbofloxacin	>=4	R
Penicillin		
Piperacillin	>=128	R
Tetracycline	>=16	R
Tobramycin	>=16	R
Trimethoprim/Sulfamethoxazole	>=320	R
Vancomycin		









### Della

- 9 YO FS Beagle mix presented to cardiology service for recheck following pacemaker placement and ICU stay.
- Suffered AKI during procedure from prolonged anesthesia (suspected).
- Urinalysis recheck revealed +++ bacterial rods.

#### **Culture yields:**

Sensitivity Analysis	Escherichia	coli
Amikacin	<=2	s
Amoxicillin/K Clavulanate	>=32	R
Ampicillin	>=32	R
Cefalexin	>=8	R
Chloramphenicol	>=64	R
Enrofloxacin	>=4	R
Gentamicin	8	R
Imipenem	4	R
Marbofloxacin	>=4	R
Penicillin		
Piperacillin	>=128	R
Tetracycline	>=16	R
Tobramycin	>=16	R
Trimethoprim/Sulfamethoxazole	>=320	R
Vancomycin		

- 10 YO FS Poodle with history of laryngeal paralysis presented to IM service for recheck following hospitalization for aspiration pneumonia.
- Static clinical signs with radiographic progression.
- Anesthetized for endotracheal wash for culture.

Sensitivity Analysis	Escherichia	coli
Amikacin	<=2	S
Amoxicillin/K Clavulanate	>=32	R
Ampicillin	>=32	R
Cefalexin	>=8	R
Chloramphenicol	>=64	R
Enrofloxacin	>=4	R
Gentamicin	8	R
Imipenem	4	R
Marbofloxacin	>=4	R
Penicillin		
Piperacillin	>=128	R
Tetracycline	>=16	R
Tobramycin	>=16	R
Trimethoprim/Sulfamethoxazole	>=320	R
Vancomycin		





### What are CP-CRE?



Gram Negative bacteria that are resistant to a carbapenem drug (ertapenem, imipenem, meropenem)

CP-CR- Escherichia coli
 CP-CR- Klebsiella pneumoniae
 CP-CR- Enterobacter cloacae

### Why do CPE Matter?

- Carbapenems are a drug of last-resort for the treatment of multi-drug resistant Gram-negative infections.
- Typically resistant to MOST/ALL of the antimicrobials that would be used to treat infections.
- Considered one of the most URGENT threat with regards to AMR bacteria by CDC.
- Reportable in many jurisdictions.
- Deadly- Mortality rates can range from 60-90% in bacteremic patients.



Human Medicine-Primarily Hospital Acquired Infection (HAI)



#### CP-CRE have been reported rapidly and globally in animals

• Sellera 2021



Outbreaks will happen in veterinary facilities



#### An Outbreak of New Delhi Metallo--Lactamase-5 (blaNDM-5)-Producing Escherichia coli in Companion **Animals in the United States**

Published online by Cambridge University Press: 02 November 2020

#### Shelley C. Rankin and Stephen D. Cole

Infection Control & Hospital Epidemiology Article Metrics



FEATURED NEWS TOPICS Novel Coronavirus Ebola MERS-CoV Chronic Wasting Disease

US veterinary hospital faces rare antibiotic-resistant E coli

Filed Under: Antimicrobial Stewardship; NDM-1 Chris Dall I News Reporter I CIDRAP News I Jan 10, 2020

On Apr 1, 2019, Shelley Rankin, PhD, the chief of clinical microbiology at the University of Pennsylvania's School of Veterinary Medicine, got a surprising notification from the US Food and Drug Administration (FDA)

Four times a year. Rankin and her colleagues at PennVet ship off bacterial isolates from the school's veterinary hospitals to the FDA's Veterinary Laboratory Information and Response Network (Vet-LIRN). PennVet is among a network of veterinary labs across the country that submits animal isolates for antibiotic resistance surveillance and whole-genome sequencing

The notification Rankin received from Vet-LIRN that day regarded a set of isolates submitted at the end of 2018. Among the isolates was a sample of carbapenem-resistant Escherichia coli from one of a handful of sick cats and dogs treated at PennVet's Ryan Veterinary Hospital in July and August of 2018.

Since none of the animals had previously been treated with carbapenems, a last-resort antibiotic, Rankin and her colleagues suspected that Vet-LIRN might find a carbapenem-resistance gene in the E coli isolate. But it wasn't the gene they expected to find.

'Brand new' vet medicine finding In Philadelphia's numerous human hospitals, Rankin explained, there's a reasonably high prevalence of



Show author details ~

### **Clinical Epidemiology Study**

#### TABLE 1

Comparisons of Clinical Exposures of Carbapenem-Resistant Escherichia coli Case and Control Patients

Type of Clinical Exposure	Cases (n $=$ 15), n (%)	Controls (n = 30), n (%)	Odds Ratio	95% Confidence Interval	P Value
Services					
Anesthesia	11 (73.3)	8 (26.7)	12.79	1.59-102.90	.017'
Surgery	8 (53.3)	6 (20.0)	4.0	1.03-15.60	.046'
Intensive care unit	7 (46.7)	4 (13.3)	6.97	0.81-60.20	.076
Cardiology	4 (26.7)	3 (10.0)	5.26	0.55-50.02	.15
Radiology	11 (73.3)	19 (63.3)	1.52	0.42-5.57	.53
Emergency	9 (60.0)	19 (63.3)	0.74	0.11-4.90	.75
Internal medicine	4 (26.7)	10 (33.3)	0.76	0.21-2.74	.67
Dermatology	1 (6.7)	1 (3.3)	2	0.13-31.98	.62
Procedures					
Endotracheal intubation	11 (73.3)	10 (33.3)	10	1.23-81.47	.03*
IV catheterization	6 (40.0)	9 (30.0)	1.88	0.39-8.92	.42
Insertion of medical device	11 (73.3)	15 (50.0)	3.7	0.72-18.97	.12
Computed tomography scan	3 (20.0)	3 (10.0)	2.38	0.38-14.97	.36
Medications					
Glucocorticoids	6 (40.0)	5 (16.7)	3.14	0.76-13.00	.12
Antibiotic use	11 (73.3)	19 (63.3)	2.17	0.36-12.94	.4



Lavigne SH, Cole SD, Daidone C, Rankin SC. Risk Factors for the Acquisition of a blaNDM-5 Carbapenem-Resistant Escherichia coli in a Veterinary Hospital. J Am Anim Hosp Assoc. 2021 May 26;57(3).



#### Antimicrobial Stewardship





ORIGINAL ARTICLE

Carbapenem prescribing at a veterinary teaching hospital before an outbreak of carbapenem-resistant *Escherichia coli* 

S. D. Cole, D. Perez-Bonilla, A. Hallowell, L. E. Redding 💌

First published: 08 March 2022 | https://doi.org/10.1111/jsap.13481

Sensitivity Analysis	Escherichia	coli
Amikacin Amoxicillin/K Clavulanate Ampicillin Cefalexin Chloramphenicol Enrofloxacin Gentamicin Imipenem Marbofloxacin Penicillin Piperacillin Tetracycline Tobramycin Trimethoprim/Sulfamethoxazole	<=2 >=32 >=32 >=8 >=64 >=4 >=4 >=4 >=16 >=16 >=320	S R R R R R R R R R R R R R R R R
Vancomycin		



### CPO's in Companion Animals



Sellera FP, Da Silva LCBA, Lincopan N. Rapid spread of critical priority carbapenemase-producing pathogens in companion animals: a One Health challenge for a post-pandemic world. J Antimicrob Chemother. 2021 Aug 12;76(9):2225-2229.

#### Sharing more than friendship – transmission of NDM-5 ST167 and CTX-M-9 ST69 Escherichia coli between dogs and humans in a family, Finland, 2015

#### Thomas Grönthal¹, Monica Österblad².ȝ, Marjut Eklund¹, Jari Jalavaȝ, Suvi Nykäsenoja٩, Katariina Pekkanen٩, Merja Rantala¹

- 1. Faculty of Veterinary Medicine, University of Helsinki, Helsinki, Finland
- 2. Sydspetsens miljöhälsa, Hangö, Finland
- 3. National Institute for Health and Welfare, Turku, Finland
- 4. Food Safety Authority Evira, Helsinki, Finland

Correspondence: Thomas Grönthal (thomas.gronthal@helsinki.fi)

#### JOURNAL ARTICLE

**Employees of Swiss veterinary clinics colonized** with epidemic clones of carbapenemase-producing Escherichia coli 💷 Andrea Endimiani 🖾, Michael Brilhante, Odette J Bernasconi, Vincent Perreten, Janne S Schmidt, Valentina Dazio, Aurélien Nigg, Stefanie Gobeli Brawand, Stefan P Kuster, Simone Schuller ... Show more Author Notes



### How Prevalent are CPE?





5/2393 (0.21%)



#### Whole Genome Sequencing Reveals 'One Health' Clusters



#### **CRPA** in Dogs One Health Investigation

Clinical, 2024-02-06, USA, other, PDT001787969.2 clinical, 2023-12-21, USA, 2023GO-0441, PDT002037469.1 clinical, 2023-11-15, USA, urine, PDT001986272.1 Cilinical, 2023-11-16, USA, urine, PDT001986272-1 Cilinical, 2023-02-06, USA, urine, PDT001487480, 3 Cilinical, 2023-11-20, USA, urine, PDT001487480, 3 Cilinical, 2023-11-16, USA, Biolod Specimen, PDT001986440, 1 Cilinical, 2023-11-20, USA: Florida, Horno Sapiens clinical, PDT001992359, 1 clinical, 2024-02-05, USA: Florida, Homo Sapiens clinical, PDT001828995.2 clinical, 2024-02-06, USA, wound, PDT001818760.2 Clinical, 2024-02-04, USA, PDT001817662.2 clinical, 2024-02-06, USA, Rectal, PDT001925806.2 Clinical, 2024-03-11, USA, wound, 2024HL-00231, PDT002107464.1 clinical, 2024-04-11, USA, urine, 2024HL-00389, PDT002136578.1 O clinical. 2024-02-17, USA, rectal swab, 2022HL-01774, PDT001420045.3 clinical, 2024-02-28, USA: California, Los Angeles County, urine, LACPHL-BACT-2024-00041, PDT002094648.1 Oclinical, 2024-03-06, USA, urine, 2023HL-00282, PDT001684042.4
 environmental/other, 2023-06-15, USA:NJ, canine ear, 30793-23, PDT001780562.1 O clinical, 2023-03-30, USA, urine, 2023EL-00151, PDT001676572.1 O clinical, 2024-05-07, USA, urine, 2024HL-00480, PDT002157181. -O clinical, 2024-02-17, USA, blood, PDT001678754.3 Clinical, 2024-02-20, USA, rectal swab, 2022HL-01777, PDT001420042.3 Clinical, 2024-02-19, USA, sputum, 2022HL-01905, PDT001496601.3 O clinical, 2024-02-20, USA, rectal swab isolate, 2022HL-01649, PDT001398019.3 Clinical, 2023-06-12, USA: Cleveland, Ohio, Left cornea scraping, 22112, PDT001778385.1 O clinical, 2022-09-16, USA, rectal swab, 2022HL-01772, PDT001420047.1 O clinical, 2024-02-11, USA:WA, urine, PDT001618642.3 environmental/other, 2023-03-24, USA:NJ, canine bronchial lavage, 13494-23, PDT001667715.1 -O clinical, 2024-02-06, USA, urine, PDT001818143.2 O clinical, 2024-02-07, USA, sputum, PDT001889463.2 -O clinical, 2024-02-18, USA, urine, 2023HL-00363, PDT001727935.3 O clinical, 2023-08-16, USA, not collected, PS748, PDT001853605.1 clinical, 2024-02-07, USA, other, PDT001767489. -O clinical, 2024-02-19, USA, sputum, 2023HL-00591, PDT001846117.2 clinical, 2024-02-18, USA, eye, 2022HL-02046, PDT001582986.3 clinical, 2023-12-28, USA, sputum, PDT002042001.1 clinical, 2024-02-18, USA, rectal swab, 2023HL-00405, PDT001765642.2
 clinical, 2024-02-05, USA, Tracheal Aspirate/Wash, PDT001811536.2 clinical, 2024-05-23, USA, sputum, PDT002174100.1
 clinical, 2024-02-18, USA, rectal swab, 2022HL-01775, PDT001420044.3 clinical, 2024-05-23, USA, other, PDT002174099.1
 clinical, 2024-02-07, USA, sputum, PDT001674747.3

#### **VIM-GES-CRPA**



CANINE CASES OF EXTENSIVELY-DRUG-RESISTANT PSEUDOMONAS AERUGINOSA LINKED TO MULTISTATE OUTBREAK ASSOCIATED WITH ARTIFICIAL TEARS Guidance

Date: August 8, 2023

Public Health Message Type: □ Alert ⊠ Advisory □ Update □ Information

 Intended Audience:
 ☑ All public health partners
 □ Healthcare providers
 □ Infection preventionists

 ☑ Local health departments
 □ Schools/child care centers
 □ ACOs

 ☑ Animal health professionals
 ☑ Other: Animal Health Diagnostic Laboratories

#### Key Points or Updates:

(1) A rare strain of carbapenem resistant Pseudomonas aeruginosa (CRPA) has been isolated from two canine patients at a New Jersey veterinary facility. The strain is associated with a multi-state outbreak in humans linked to EzriCare Artificial Tears, Delsam Pharma Artificial Tears, and Delsam Pharma Artificial Ointment.

#### HEALTHWATCH

Superbug from human eye drops outbreak spread to dogs

 By Alexander Tin

 Edited By Paula Cohen

 Updated on: April 26, 2024 / 2:19 PM EDT / CBS News

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#### **Interview Results**

- Before interview determined all 3 people lived in the same county (same as Vet Hospital with outbreak).
- All 3 people had pets who had been seen at the same referral veterinary hospital with ongoing outbreak.





# Outline

Carbapenem-resistant Enterobacterales

ESBL-producing Enterobacterales

MRSA

Extensively-drug resistant *Campylobacter* 

VRE

C. difficile

Antifungal resistant organisms

### ESBL in Pets

- 6.8% colonization rate globally based 128 studies
- Outcomes of infections/clinical relevance are poorly described in veterinary medicine.
- Range of clinical disease and severity seen at Ryan Vet Hospital (UPenn).
- May drive the use of carbapenems in veterinary medicine.
- Hx of Abx and Raw Food Diets are Risk Factor

200 products
61 brands/companies
102 frozen/98 freeze-dried
20 suppliers

DRITRECIPE FOR DO





Figure 4. Proportion of positive food products by protein source (inner ring) and proportion of positive samples by protein source (animal icons and bars)

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### Methicillin Resistant Staphylococcus aureus



e 14

nquiry after scientists claim hundreds of animals have been infected

#### **By Beth Hale**

MINISTERS have launched an nguiry into the spread of MRSA o animals following reports of a sharp rise in the number of pets nfected.

T

The Department for Environment, Food and Rural Affairs has set up a committee to investigate the extent o which the deadly superbug has nfiltrated vets' surgeries.

There are fears that the antibioticesistant infection could be transferred octween pets and their owners - or even inter the food chain if livestock are carying the bug.

MRSA - methicillin-resistant staphylo-:occus aureus - is carried harmlessly by one in three humans but can prove fatal n the elderly, newborn babies and those vith a weakened immune system.

About 5,000 hospital patients die from it every year.

The bug was first documented in an inimal in 1999 but the extent to which it ias spread is unclear.

Small-scale studies have suggested that up to 10 per cent of dogs carry MRSA and he British Veterinary Association has been reporting between ten and 12 cases a year of animals being infected.

However, scientists at an Idexx reterinary research laboratory recently alerted the Government after encountering 310 cases of MRSA in animals over the past wo and a half years.

Members of the new commitee will include actress Jill Moss. who has led a campaign to raise awareness of the risks of MRSA n pets after her dog Bella became the UK's first recorded anine victim of the bacteria.

Bella, a ten-year-old white amoyed, suffered blood poisonng, pneumonia and organ failure aused by MRSA after an operaion a year ago on a torn liganent. She had been injured

#### chasing a squirrel near Miss reluctant to admit they have a Moss's home in Edgware, North-West London. Her wound became infected a week after surgery and despite a further operation, she had to be put down.

Since then, an eight-year-old alsatian called Connell is also known to have died from MRSA. along with at least one cat and several rabbits and guinea pigs. Miss Moss, who has appeared in TV shows such as The Bill and EastEnders, said: 'I never in my

wildest dreams thought Bella

might contract MRSA. If it had

been diagnosed earlier she might

"The real problem is that vets are

still be here.

problem in their surgeries. They blame the owners but often they are operating in conditions that aren't good enough.'

bug from your pet?

Miss Moss, 34, said the committee, which will include several health professionals, will look at how to stop MRSA escalating in animals and help to establish the best advice for vets.

It is not known what, if any, danger MRSA in animals poses to humans. The veterinary association urges vets to take similar precautions to hospitals but points out there have been no recorded cases of MRSA being passed from animals to humans and it is highly

unlikely the bug could enter the food chain.

Doctors could discover if a patient has MRSA in two hours using a new test. At present, it takes at least two days to confirm whether a patient

can prove fatal. Tony Blair revealed detai pilot scheme in a letter to t

Daily Mail, Monday, Augu

ily of 21-year-old James Wo who contracted MRSA v hospital for a knee operati

Victim: Bella with owner Jill Moss

**Could you** get MRSA has been infected - a dela

### MRSA – Human to Animal

## MR S. pseudintermedius

- Clinically equivalent disease to MSSP- **DIFFERENT FROM MRSA**
- Not accurate to say "The MRSA of dogs"
- Methicillin-resistance rates are higher in *S. schleiferi*

# How common is MRSA in Dogs and Cats?

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### **JAVMA**news

November 01, 2021

Pet store puppies remain a source of drugresistant Campylobacter

Report suggests thousands of people likely sickened in decadelong problem

People infected with the outbreak strains, by state of residence, as of December 11, 2019 (n=30)



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### Vancomycin Resistant *Enterococcus* in Animals

*E faecalis* and *E faecium* are among the most common organisms isolated from companion animal clinical specimens.

Our laboratory has never seen a VREF. Vancomycin rarely used. Reports in the literature are common in surveillance studies.



#### K

#### Open Access Article

#### Prevalence of Vancomycin-Resistant *Enterococcus* (VRE) in Companion Animals: The First Meta-Analysis and Systematic Review

by ( Yusuf Wada <sup>1,2</sup> □, ( Ahmad Adebayo Irekeola <sup>1,3</sup> □ <sup>10</sup>, ( Engku Nur Syafirah E.A.R. <sup>1</sup> □ <sup>10</sup>, ( Wardah Yusof <sup>1</sup> □, ( Lee Lih Huey <sup>1</sup> □, ( Suwaiba Ladan Muhammad <sup>4</sup> □, ( Azian Harun <sup>1,5</sup> □, ( Chan Yean <sup>1</sup> □ <sup>10</sup>) and ( Abdul Rahman Zaidah <sup>1,5,\*</sup> □

- <sup>1</sup> Department of Medical Microbiology and Parasitology, School of Medical Sciences, Universiti Sains Malaysia, Kubang Kerian 16150, Malaysia
- <sup>2</sup> Department of Zoology, Faculty of Life Sciences, Ahmadu Bello University, Zaria 810107, Nigeria
- <sup>3</sup> Microbiology Unit, Department of Biological Sciences, College of Natural and Applied Sciences, Summit University, Offa PMB 4412, Kwara State, Nigeria
- <sup>4</sup> Department of Chemical Science, Federal University of Kashere, Gombe PMB 0182, Gombe State, Nigeria
- <sup>5</sup> Hospital Universiti Sains Malaysia, Universiti Sains Malaysia, Kubang Kerian 16150, Malaysia
- \* Author to whom correspondence should be addressed.
- High variability amongst prevalence studies (22 studies included)
- Estimated pooled prevalence of 14.6% (18.6% in dogs)
- Most recent in USA (2012) from resident cats in Vet hospitals single cat with a *E. faecalis* non-transferable *vanB* gene.

### Prevalence of VRE?

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# *Clostridiodes difficile* in Animals

Role in canine and feline diarrhea is poorly characterized.

Neonates seem most likely to be colonized in several studies.

Living with owners given antibiotics and immunocompromised owners are risk factors for shedding.

Horses typically have livestock associated ribotypes, Cats and Dogs with human ribotypes.

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# Antifungal Resistant Pathogens



*Candida auris* (*C. auris*) is an emerging multidrug-resistant yeast (a type of fungus). It can cause severe infections and spreads easily between hospitalized patients and nursing home residents.

#### WHAT YOU NEED TO KNOW

- C. auris, first identified in 2009 in Asia, has quickly become a cause of severe infections around the world.
- C. auris is a concerning drug-resistant fungus:
- Often multidrug-resistant, with some strains (types) resistant to all three available classes of antifungals
- Can cause outbreaks in healthcare facilities
- Some common healthcare disinfectants are less effective at eliminating it
- Can be carried on patients' skin without causing infection, allowing spread to others

Data represents U.S. cases only. Isolates are pure samples of a germ.



#### C. auris began spreading in the United States in 2015. Reported cases increased 318% in 2018 when compared to the average number of cases reported in 2015 to 2017.

CASES OVER TIME



#### **Preventing the Environmental Spread**

OF AZOLE-RESISTANT A. FUMIGATUS IN THE U.S.

The fungus Aspergillus fumigatus (A. fumigatus) causes a severe infection in people with weakened immune systems. The emergence of azole-resistant A. fumigatus is a public health threat.







U.S. agricultural use of azole fungicides increased by four times from 2006-2016.<sup>1</sup> Data from USGS 2017 USGS NAWGA: The Pasticide National Synthesis Project.



In the U.S. there have been a small number of resistant *A. fumigatus* infections caused by strains with the same genetic mutations as resistant strains linked to fungicide use.

More research and surveillance is needed to understand the links between U.S. azole fungicide use and resistant human infections. To learn more, visit: https://www.cdc.gov/fungal/diseases/aspergillosis/antifungal-resistant.html





### Why Does It Matter?

- Potentially important reservoir for community transmission of CPOs
- Pet care is an important and growing industry
- Pets help us live happier and healthier lives
  - Physical activity
  - Social connection
  - Maintain Routine
  - Companionship
- Americans live closely and intimately with our pets







- Overall awareness of veterinarians
- Infection prevention (and resources for it) has not grown with the size of complex veterinary referral networks
  - Haenni et al. 2022
    - ESBL/AmpC/CRE
      - Admission 4.8% (6/125)
      - Discharge 24.8% (31/125)
  - Dazzio et al. 2021
    - 28.3% of animals became colonized with an MDRO during hospitalization
- Veterinary laboratories may not always test carbapenems/test for carbapenemases and flag/report results

#### **Challenges in Vet Med**



