



Telemedicine Helpline to Improve Access to Medications for Opioid Use Disorder — Chicago, 2024

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Assigned to: Chicago Department of Public Health

Disease Control Conference

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Opioid *noun*

[oh-pee-oid]

- **natural, semisynthetic and synthetic** compounds that bind opioid receptors in the brain causing analgesic and sedative effects.



An opioid overdose suppresses the brain's respiratory drive.



Naloxone is the medication used for opioid overdose reversal.



NDC 69547-353-02

0.1 mL intranasal spray per unit
For use in the nose only

Rx Only



NARCAN[®] (naloxone HCl)
NASAL SPRAY 4 mg

DO NOT TEST DEVICES OR OPEN BOX BEFORE USE.

Use for known or suspected opioid overdose in adults and children.

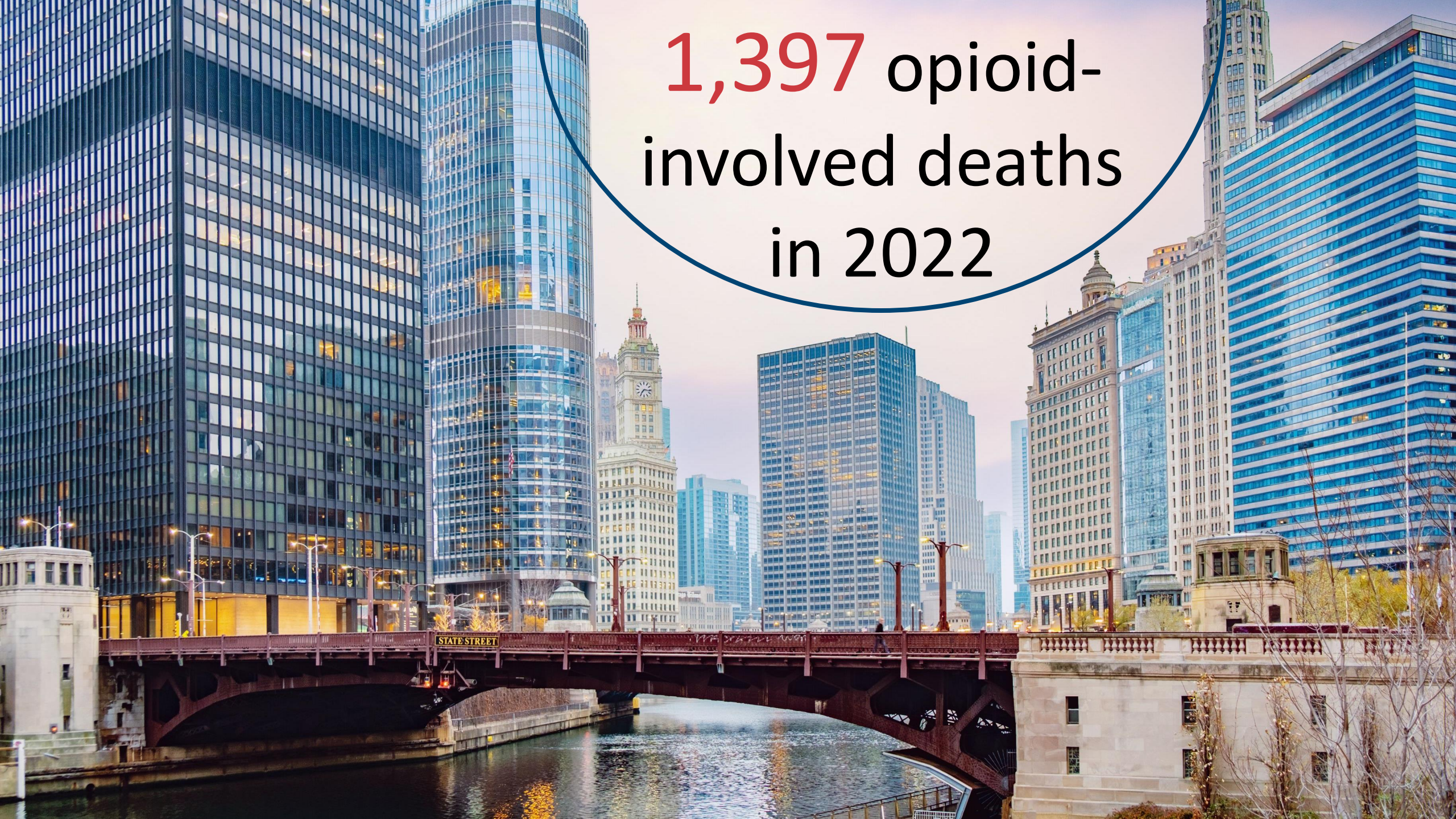
This box contains **two (2)** 4-mg doses of naloxone in 0.1 mL of nasal spray.

Two Pack

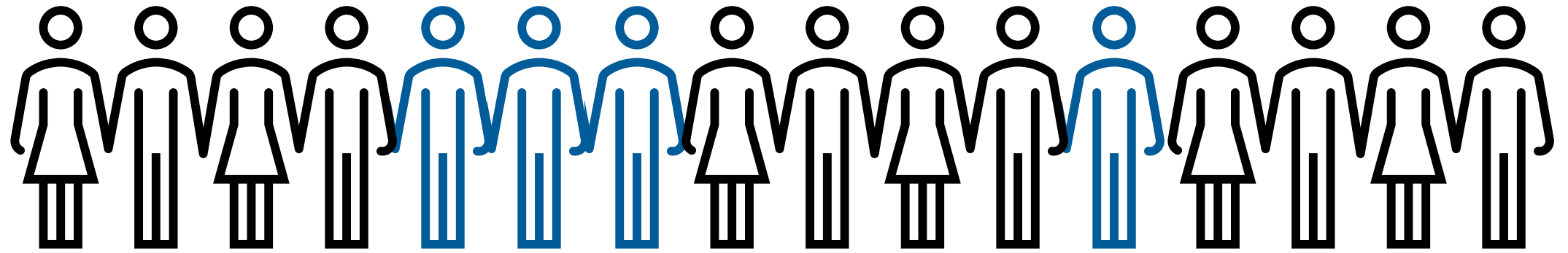
CHECK PRODUCT EXPIRATION DATE BEFORE USE.

SEE FOR QUICK START GUIDE



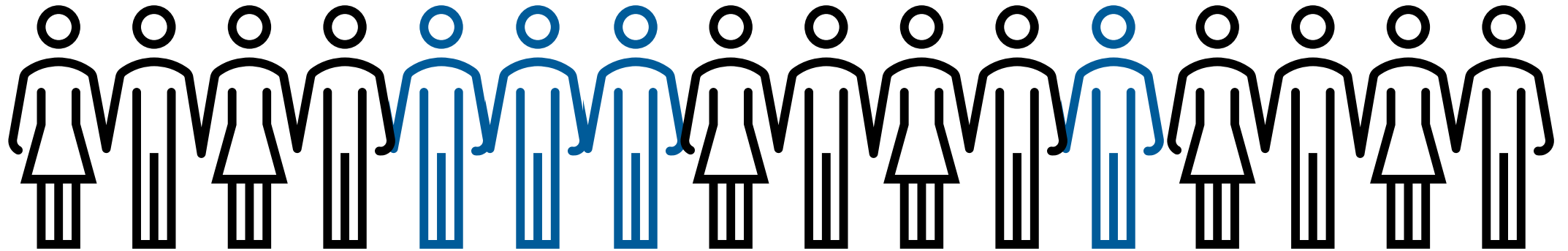
A photograph of the Chicago skyline at dusk. The image shows several tall skyscrapers with illuminated windows, reflecting the sky. In the foreground, a bridge with a sign that says "STATE STREET" spans across a river. The text "1,397 opioid-involved deaths in 2022" is overlaid on the image, with "1,397" in red and the rest in black. A blue curved line frames the text.

1,397 opioid-
involved deaths
in 2022



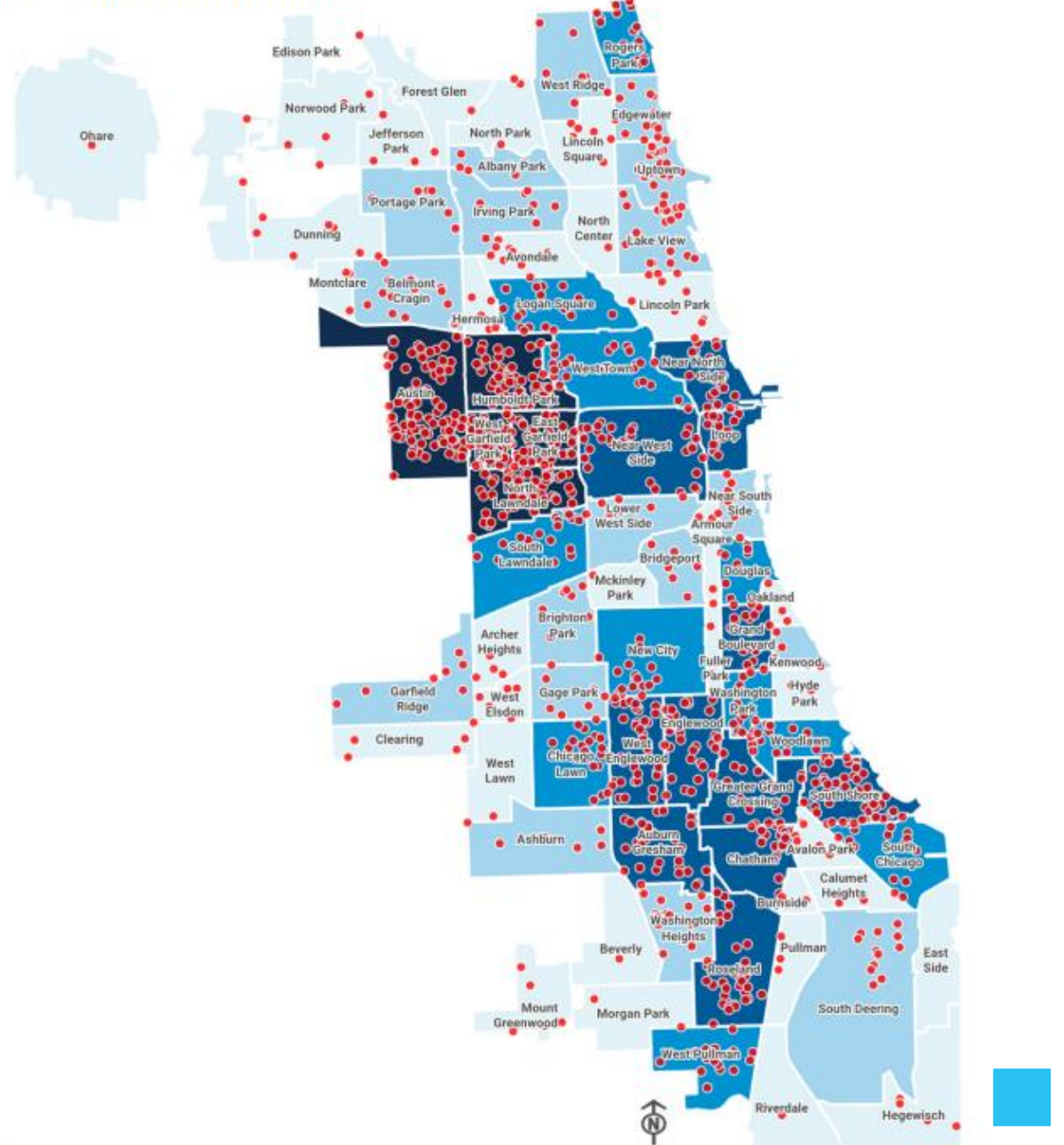


Black, non-Hispanic men aged 45–64 are most affected by fatal opioid-related overdoses.





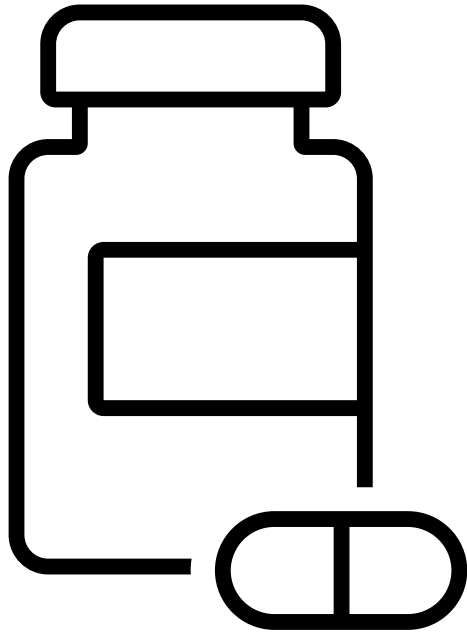
The west side of Chicago experiences the most opioid overdoses.



Medications for Opioid Use Disorder (MOUD)



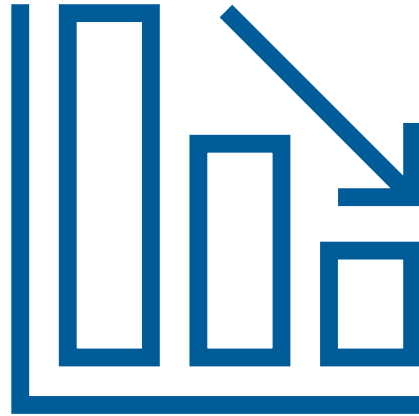
★ Medications for Opioid Use Disorder (MOUD)



Buprenorphine
Methadone
Naltrexone

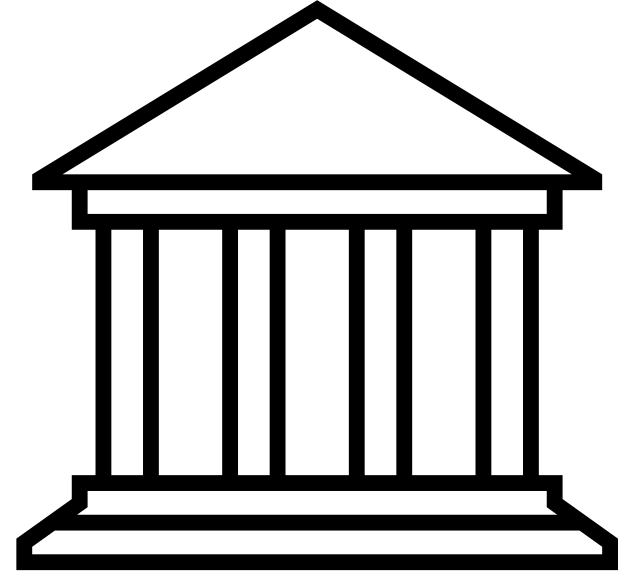


★ **MOUD can reduce the transmission of HIV and HCV.**

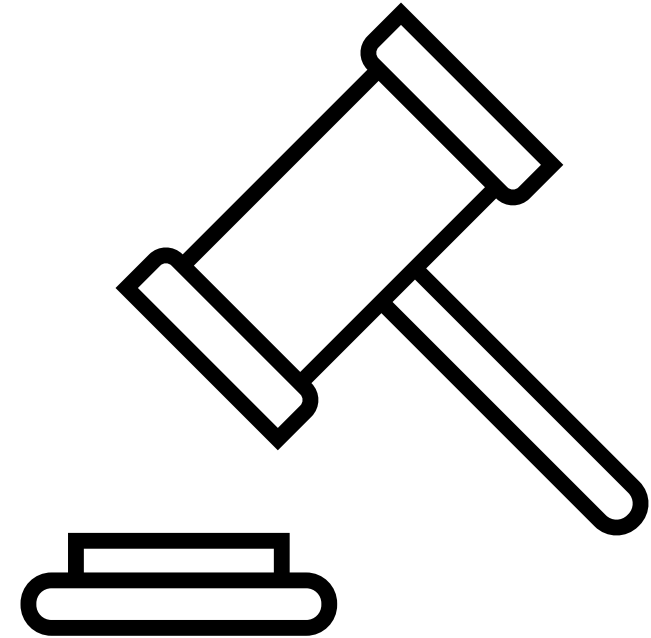
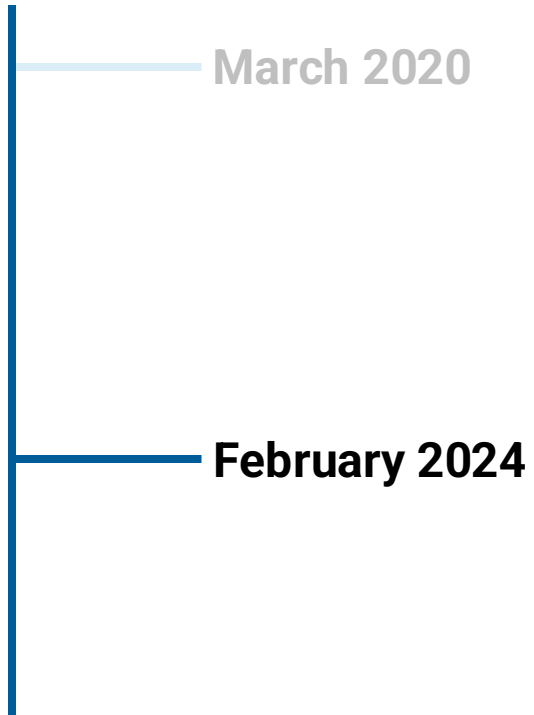


Telemedicine Waiver for Buprenorphine

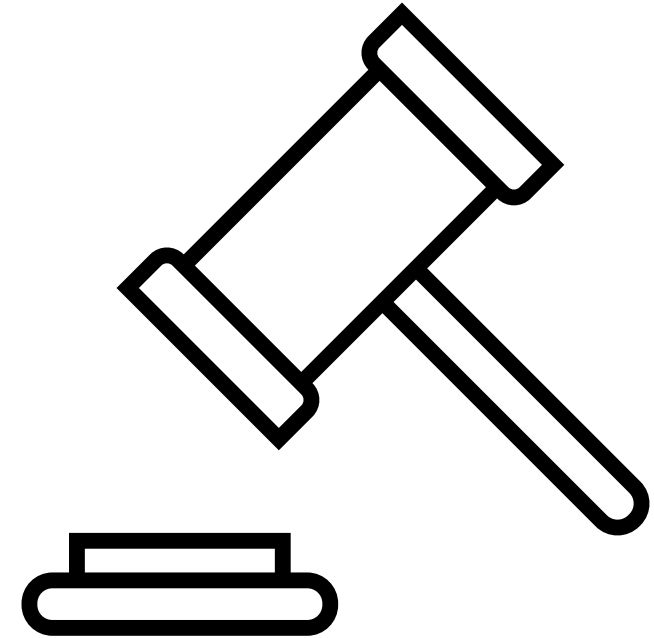
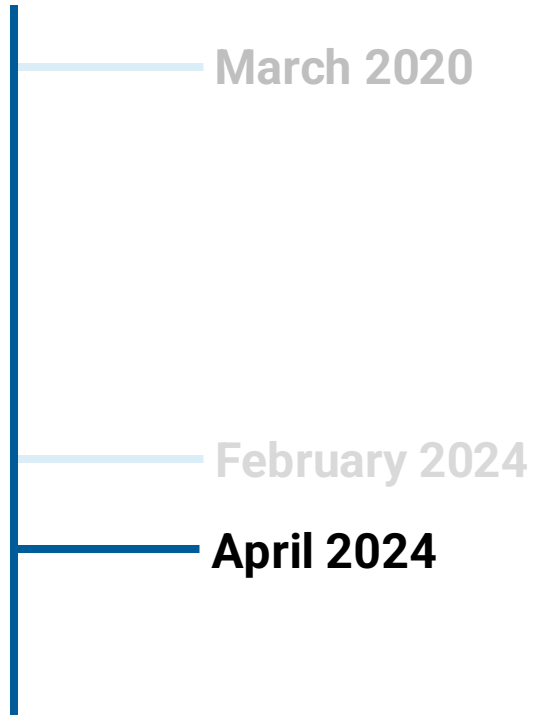
 **March 2020**



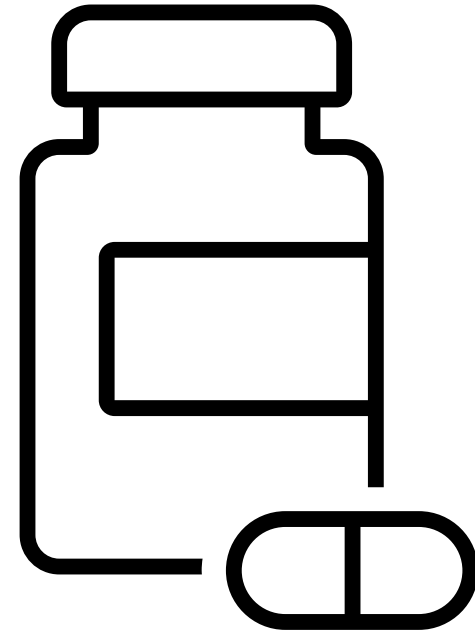
★ Telemedicine Waiver for Buprenorphine



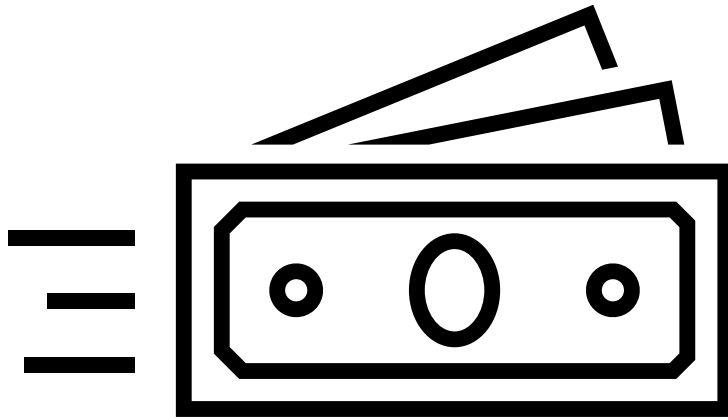
★ Telemedicine Waiver for Buprenorphine



★ Medication Assisted Recovery NOW (MAR NOW)

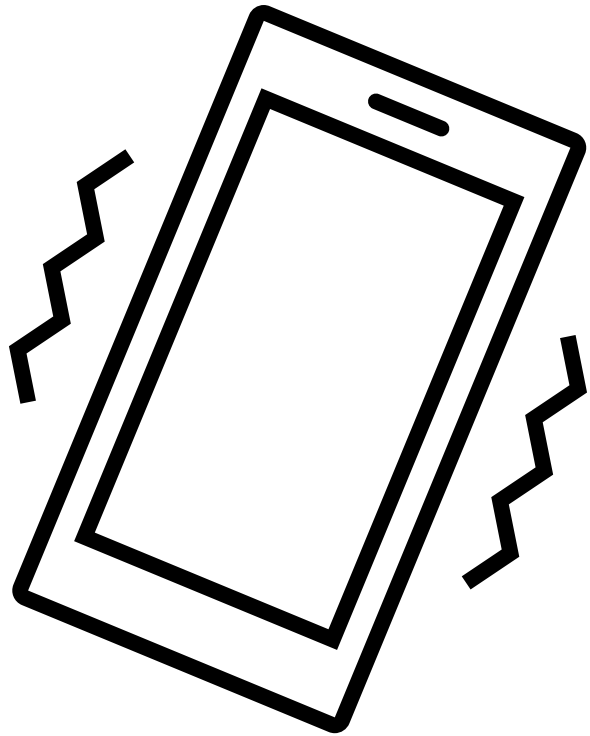


★ Individuals can access this service, even if uninsured.





★ Medication Assisted Recovery NOW (MAR NOW)



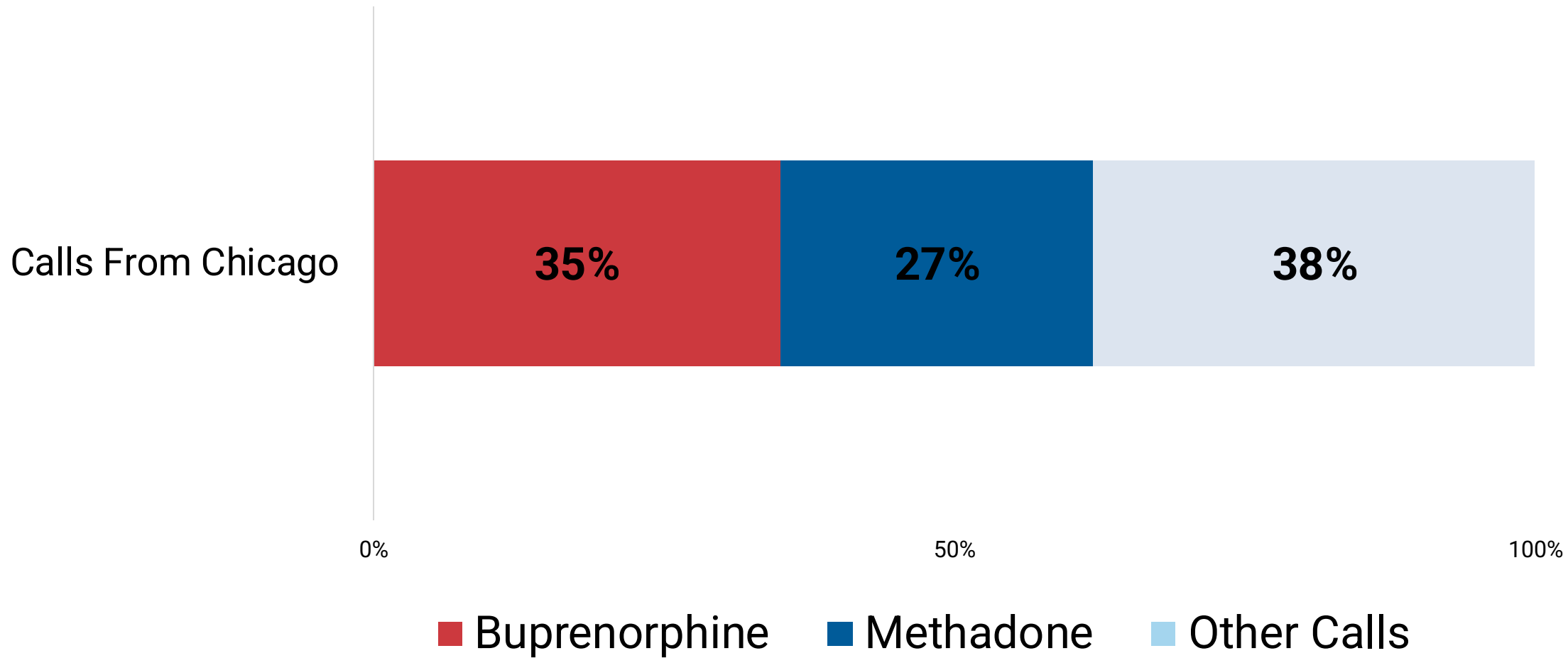
619 Calls

from Chicago

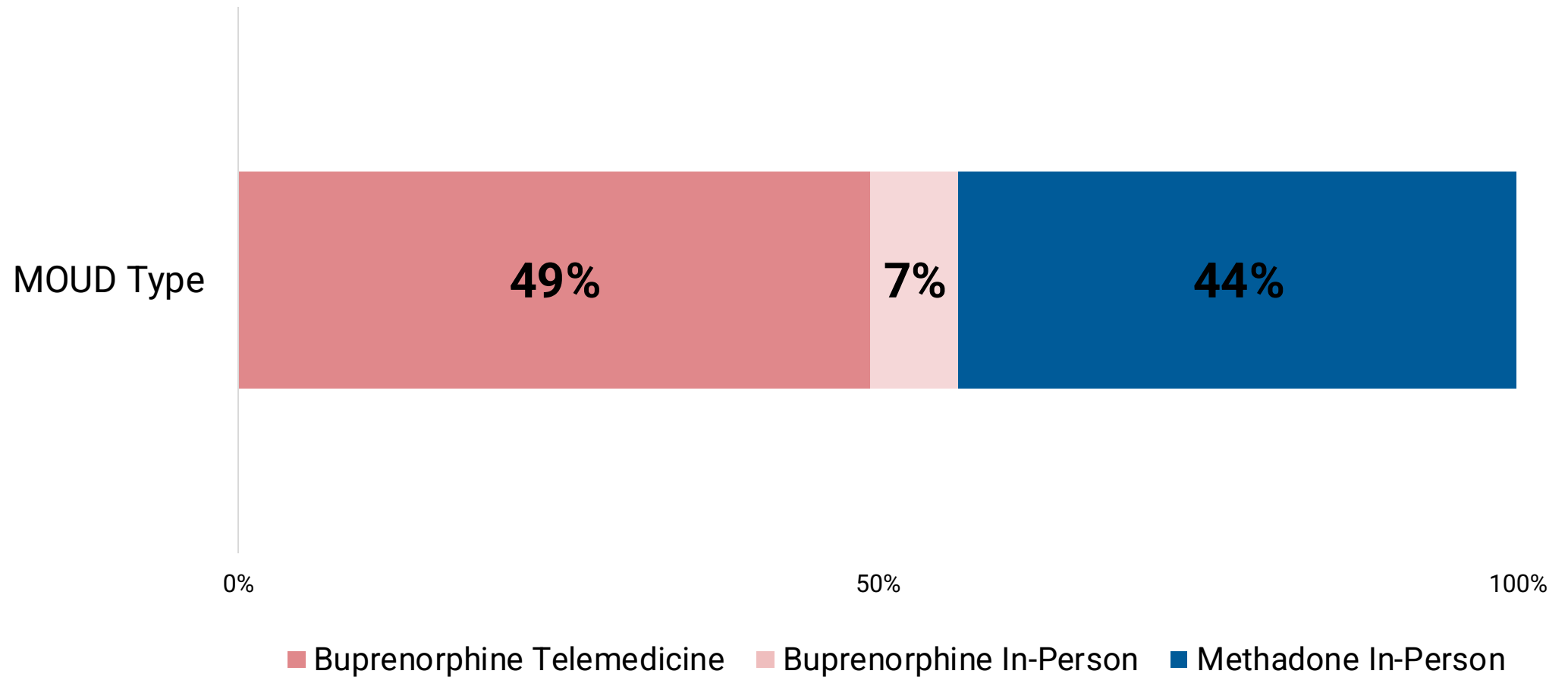
during May 9, 2022–March 7, 2024



Call Breakdown

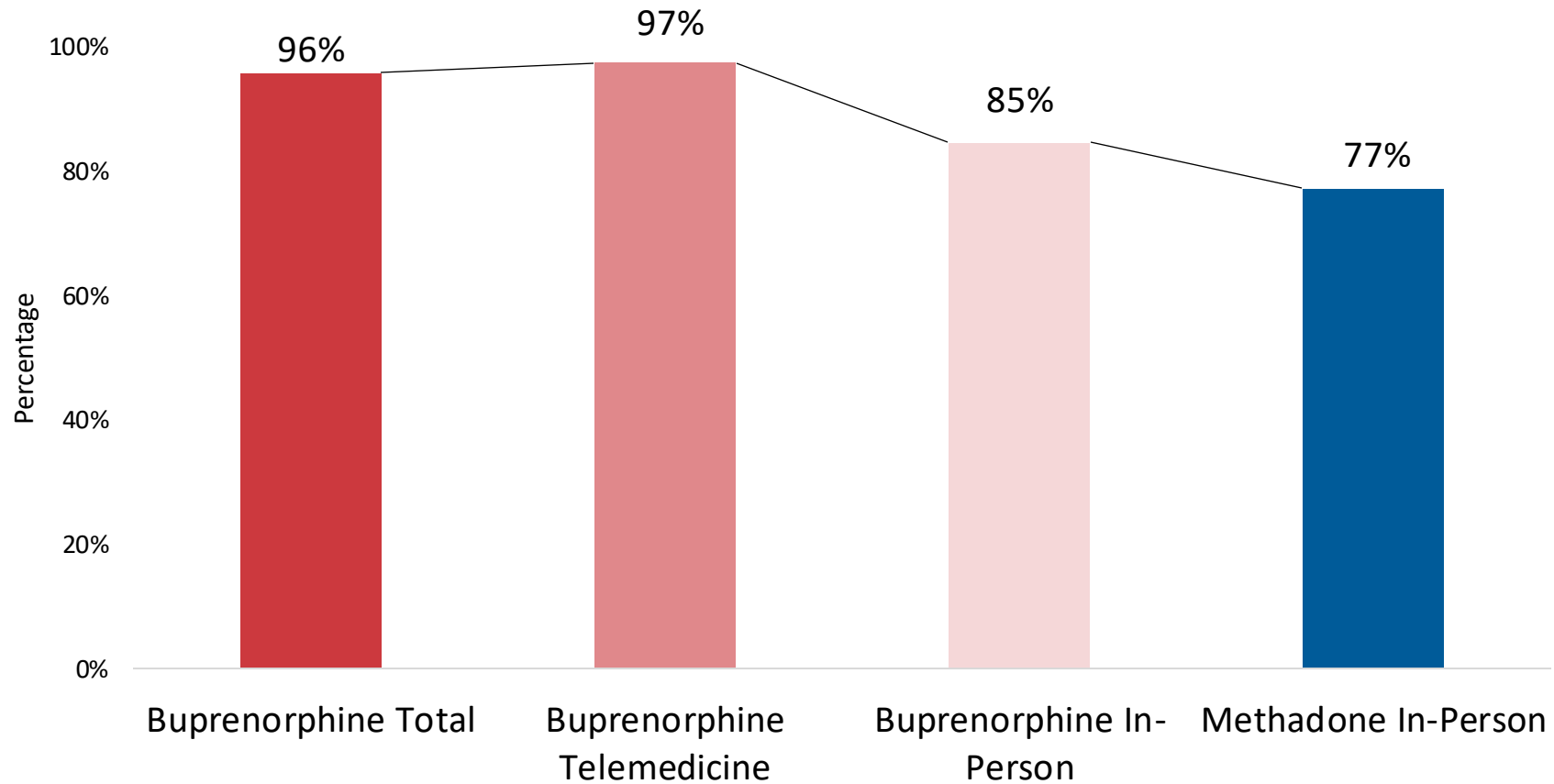


★ MOUD Breakdown



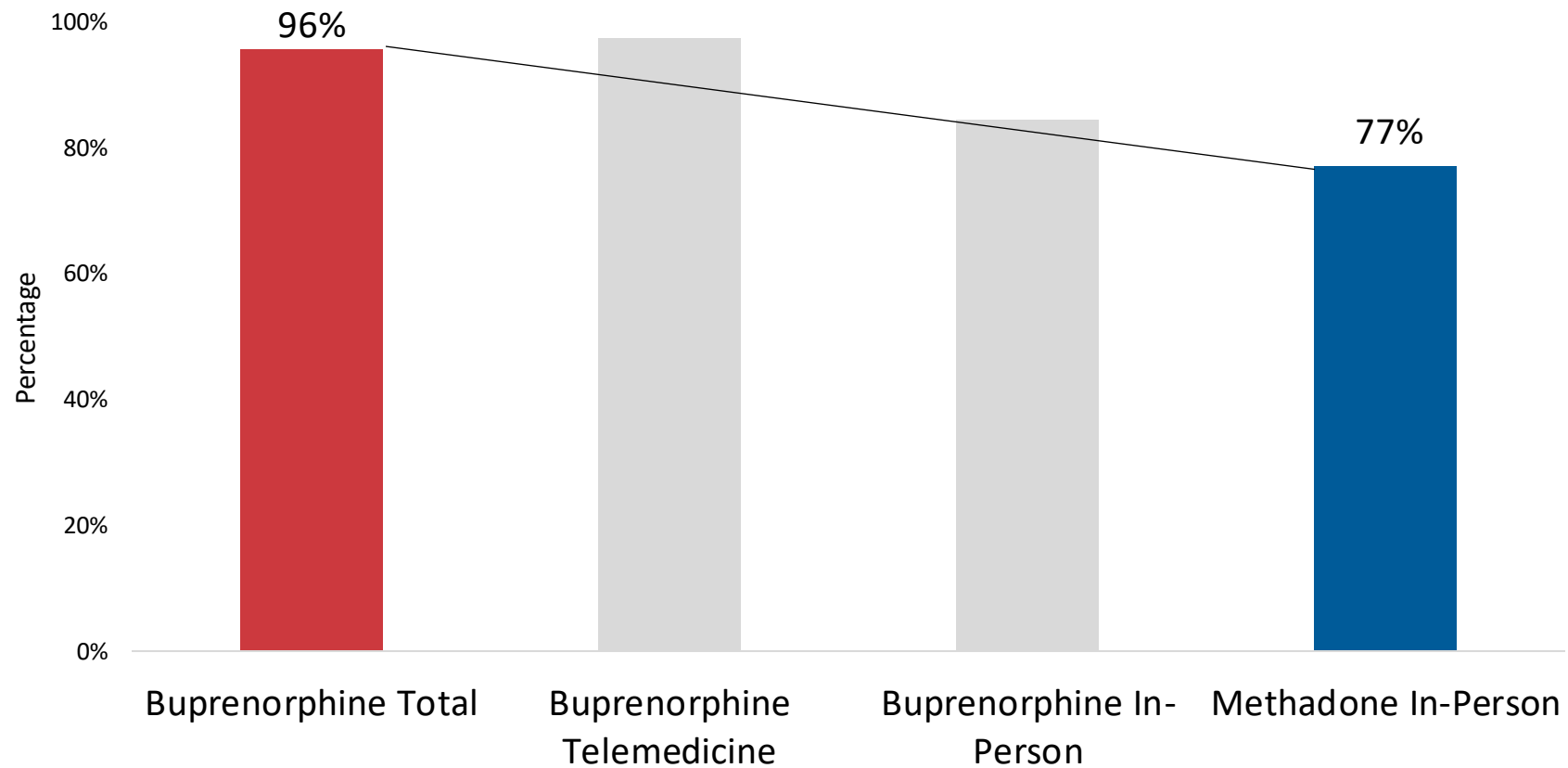
★ MOUD Initiation Rates

Percentage of MOUD Initiation Separated by Medication Type and Location



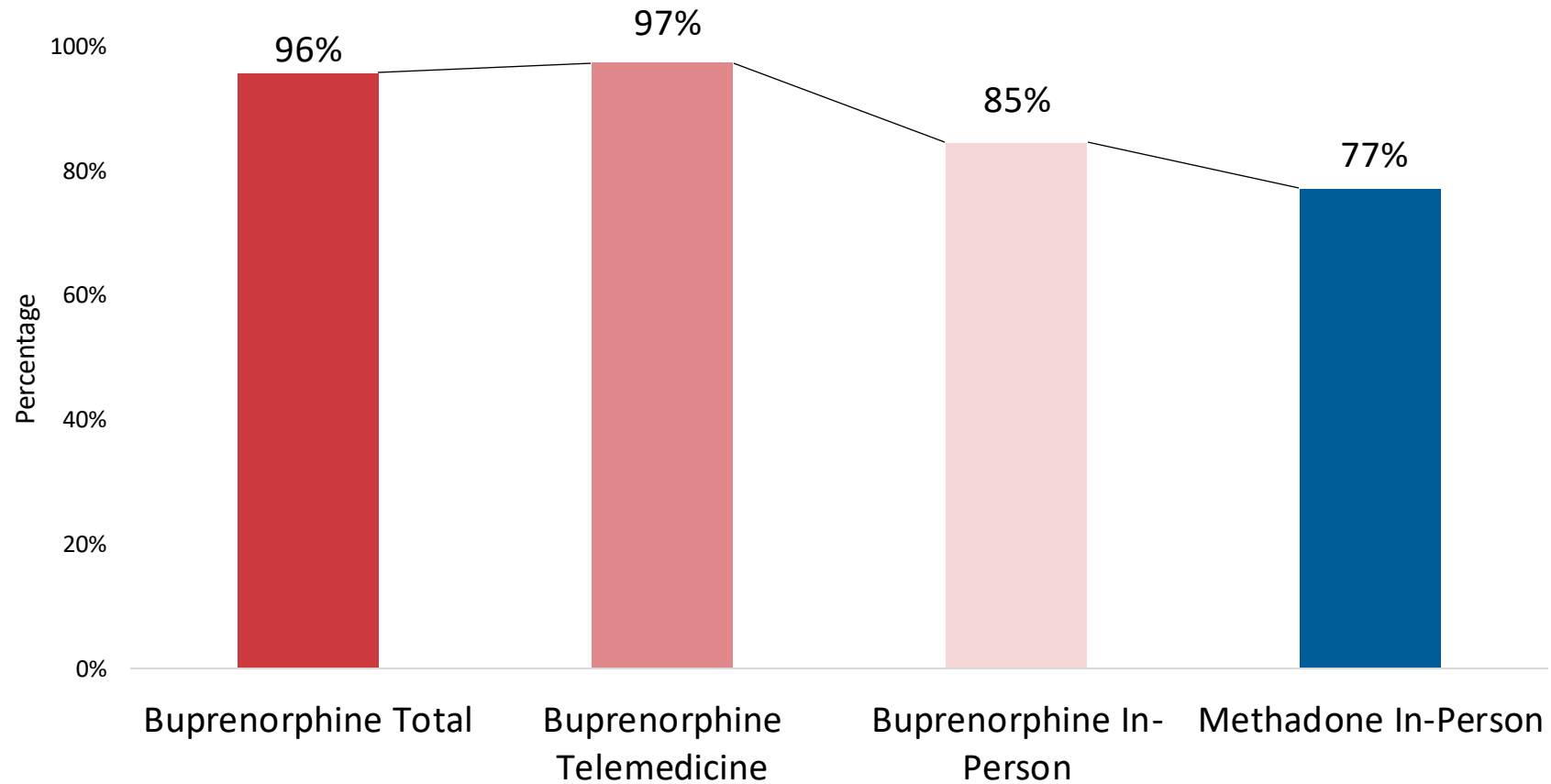
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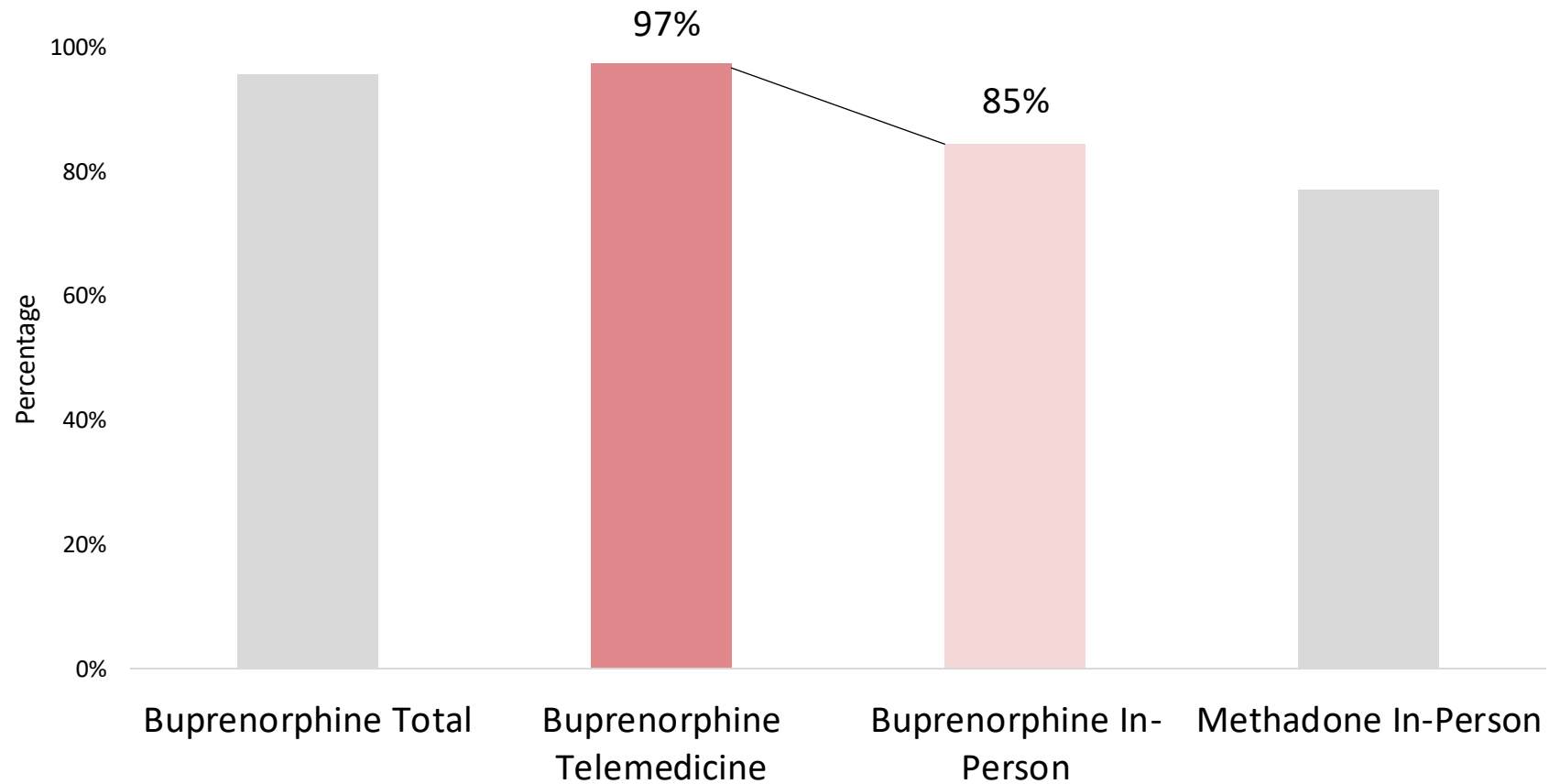
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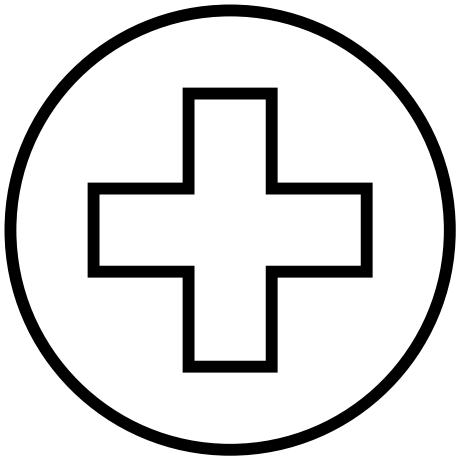


MOUD Initiation Rates

Percentage of MOUD Initiation Separated by Medication Type and Location



Conclusion








Buprenorphine by telemedicine had the highest MOUD initiation rate for callers in Chicago.



IS OPIOID USE CAUSING PROBLEMS FOR YOU?

Buprenorphine and methadone stop withdrawal symptoms and cravings, and effectively reduce illicit opioid use.

	BUPRENORPHINE	METHADONE
 WHEN CAN I START?	12-24 Hours after last opioid use	Immediately
 HOW DO I TAKE IT?	Dissolve a film or pill in your mouth once/day. You can receive a prescription to start at home without going to a clinic first.	Take one dose/day at approved programs. Usually you have to go in person to receive the dose, but some take-home dose may be permitted.
 HOW LONG DO I TAKE IT?*	Most effective when used for 9+ months.	Most effective when used for at least 1 year.
 HOW DO I GET IT?	CALL 833-234-6343 and ask for MAR NOW (medication assisted recovery now). Everyone in Illinois is eligible.	
 DO I NEED INSURANCE?	No. Through the MAR NOW program, anyone can access these medications with or without insurance. Just CALL 833-234-6343 to get started.	

**The decision on final length of treatment is made between an individual and their healthcare provider*



HELP STARTS HERE.

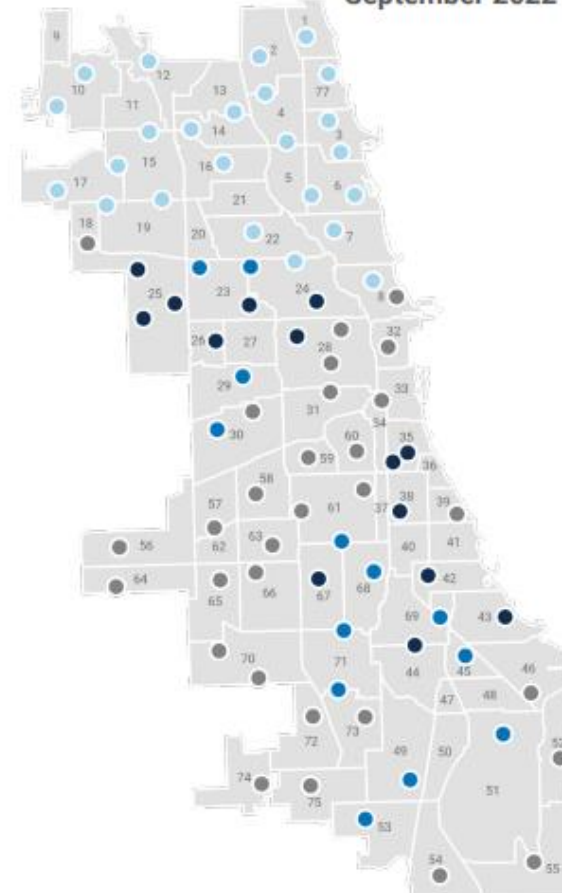


 bit.ly/findNarcan

Narcan at CPL Rollout Timeline

CDPH and CPL rolled out this program by starting in libraries within communities with the highest numbers of opioid overdoses.

- January 2022
- August 2022
- April 2022
- Beginning September 2022



To request fentanyl test strips & Narcan, email
OSU.CDPH@CITYOFCHICAGO.ORG



Help Is Here. NOW.

Call **833-234-6343** and ask for
MAR NOW (Medication Assisted
Recovery NOW)



Understand

Prevent

Respond

Recover

Resources

Opioid misuse is a serious public health concern. The majority of drug overdose deaths involve opioids.
Protect yourself and your loved ones from unwanted consequences of opioid use and

PREVENT OVERDOSE DEATH.

Save a life. Get naloxone.





Acknowledgments

- Chicago Department of Public Health, Office of Substance Use
- Family Guidance Centers, Inc.
- Illinois Department of Human Services, Division of Substance Use Prevention & Recovery
- Health Resources in Action

