

I THINK I HAVE MONKEYPOX. WHAT SHOULD I DO?

ISOLATE

- Separate from others
- Skip gatherings and nights out
- Don't share your personal items

CALL YOUR DOCTOR

- Remind your doctor that MPV is in the community

GET TESTED

- Let your healthcare provider know you are experiencing symptoms of MPV and ask for a test

MPV SYMPTOMS

Rash or Sores

Headache

Fever

Chills

Muscle aches

Swollen
Lymph Nodes



- If you or your sex partners feel sick or have a rash or sores, do not have sex or other close physical contact (such as kissing, cuddling, massaging and touching), and do not kiss or touch each other's bodies while you are sick.
- Do not share things like towels, fetish gear, sex toys, and toothbrushes.
- Wash your hands, fetish gear, sex toys and any fabrics (bedding, towels, clothing) after having sex.
- Call your health care provider right away if you have symptoms. If you don't have a doctor, contact CDPH at 312-746-4835 — we can connect you to a provider. ***If you don't have a doctor or insurance, call the HIV/STI Resource Hub at 1-844-482-4040 - hivhub.org or go to FindaHealthCenter.hrsa.gov to get free or low-cost health care.***



CDPH

Chicago Department
of Public Health

For more information scan the code or visit

chicago.gov/monkeypox

