

Monthly Meeting - August 28th 6:30pm Uptown Church





Roll Call & Quorum

Agenda

- Roll Call & Quorum Determination
- 2. Votes
- 3. District Council Member Updates
- 4. Discussions
 - Update on mental health resources available to our community
 - Panel Q&A with Mental Health
 experts and 019 District Commander
 Jessani

- 5. Public Comment
- 6. Announcement of Next Meeting(s)
- Reminders & Calls to Action

Votes

Votes - Budgetary Expenditures

Facilitator Romeo Jackson for Sessions #1 and #2 of 19th District
 Council's Mini-Series on Race & Policing

District Council Member Updates

WHAT IS A PRETEXTUAL TRAFFIC STOP?

When an officer uses any violation of the traffic code as an excuse to pull someone over, when their real motivation is to investigate for signs of criminal activity that they do not have reasonable suspicion of.

WHAT IS NOT A TRAFFIC STOP?

Stops where police have suspicion a person has committed robbery, carjacking, or another non-traffic criminal offense.



TRAFFIC STOPS AREN'T KEEPING OUR ROADS OR COMMUNITIES SAFER

CITATIONS

3.7%

resulted in a citation

CONTRABAND

<1%

resulted in finding illegal contraband

ARRESTS

2.2%

resulted in arrest

GUNS <0.5%

resulted in finding a gun





3-PART POLICY TO REDUCE RACIALLY DISPARATE PRETEXT STOPS

- 1. Limit Low-Level Stops
- 2. Eliminate Pretextual Stops
- 3. End Suspicionless Consent Searches During Traffic Stops



Key Takeaways from Commission Meeting:

- Crime either was not impacted or in some cases went down when reforms were implemented
- 2. Community trust of police seemed to increase
 - Unwarranted traffic stops are humiliating, dehumanizing, and at times, dangerous
- 3. Focus should be on drivers who are putting others in serious risk
- 4. Focus on gun recovery is still important and involves smart, targeted police work opposed to "needle in the haystack" approach
- 5. Lights On! Partners with law enforcement to replace traffic tickets with repair vouchers (St. Paul)

Give us your feedback:

- 1. Make public comment or find us after the meeting and let us know what you think.
- 2. Email us your thoughts at: 19thDistrictCouncil@gmail.com
- 3. Share directly with the commission at the QR code



Key Updates - CCPSA Nominating Committee

Six Commissioners have been confirmed to the CCPSA.

One appointee's nomination—that of Angel Rubi Navarijo—has been held up in the Police and Fire Committee. Mr. Rubi Navarijo is 23 years old, has worked at all levels of government, and would be the only Latino member of the Commission.

At its last public meeting (8/24), the Nominating Committee voted to support a letter to the City Council supporting Mr. Rubi Navarijo's confirmation.



August 24, 2024 Nominating Committee Meeting

Community Engagement and Important Meetings

- Sgt. Kate Sanchez BIA
- Allie Lichterman Mayor's Office
- Access Living
- Office of the Inspector General
- CCPSA Commission Engagement Group Meeting
- Meetings with local Alders (Ald. Martin, rep for Ald. Lawson, rep. for Ald. Clay)
- CCPSA meeting on Traffic Stops
- **CPD Budget Review Workshop**
- Mental Health Lunch and Learn
- Mental Health Policy Working Group Meeting
- April Lobey Program Manager for CESSA
- National Night Out
- 19th District Council Special Meetings

- 1:1 Meetings with Community Members
- **Data Analytics Working Group**
- Meeting with CCPSA Staff on expanding mental health crisis response
- JCUA Community Safety Meeting
- Tina Young Cook County Juvenile Probation Court Services
- 1:1 with other District Council Members
- NAMI Chicago
- Sgt. Estrada CIT-DOCS
- 19th District Beat Meeting
- **Buena Park Neighbors**
- 1.1 with GAPA coordinator





CCPSA - Mental Health Policy Group

- Goal: Raise awareness and help mental health crisis response expand city wide
- Held a "Mental Health Lunch and Learn" for all interested District
 Council Members and Staff
- Helping to share information and connecting DCs with crisis teams in their community
- Providing templates so other DCs can make palm cards for their community
- Organizing a simulated ride along with CARE team for DC Members



Welcoming Community Groups

- If you are a part of a community group in the 19th District, please let us know:
 - Who you are, your position within the group
 - About any events coming up
 - How can neighbors reach you



Community Partnership Plan: Monthly Update



Progress Summary

	Last Month	This Month
Total Goals in CPP	43	43
In Progress	18	18
Ongoing	7	7
Completed	4	5
Total In Progress/ Ongoing/ Completed	29	30

Host a meeting for any interested leaders of neighborhood associations and block clubs to network, collaborate, an share ideas

- When: Sept. 18th
- Why: Bring neighborhood club leaders together to connect and learn from one another because we know that strong connected communities are safer communities.

Work with CPD and OEMC to identify which 9-1-1 calls for service actually require CPD response, and which could be handled by alternative response

- Enrolled 019 CPD Command Staff, established connection with NYU Policing Project team member, exploring connections with OEMC & Office of Inspector General
- Adopting a flexible and replicable process and structure to house, analyze, and visualize 9-1-1 calls for service data

10

Provide an update within the 2 months to community on how CPD is making progress towards employing 400 more civilians

As Reported June 12th:

- 69 new civilians positions filled this year
- Others in pre-employment stages of hiring process
- Active Job Posts (as of June 12th):
 - Crime Victim Advocates (20 vacancies)
 - Domestic Violence Advocate (23 vacancies)
 - Senior Performance Analysis (2 vacancies)

16

Establish a main point of contact within Third Party Organizations selected to execute WFA Study

- Established line of communication with appropriate personnel of The Joyce Foundation (main funder of WFA); meeting scheduled for 8/30/2024
- Established line of communication with Deputy Corporation Counsel, Department Of Law (city entity ensuring WFA progress)
- CCPSA has committed to advocating for the Commission, District Council Members and the community to have a mechanism for providing feedback on the study

29	Publicize ability to register cameras with CPD for evidence gathering at one of our next 6 meetings	
30	Write letter to 19th District Alders advocating for the renewal of the community camera rebate program	

- At least 8 SSAs in the 19th District advertise active or upcoming camera rebate programs.
- SSAs cover commercial corridors.
- Rebate programs are open to any business or residence in the SSA.
- Rebates range from \$500-\$1500 depending on area and updates.



www.19thdistrictcouncil.com/ resource-portal/camerarebate programs

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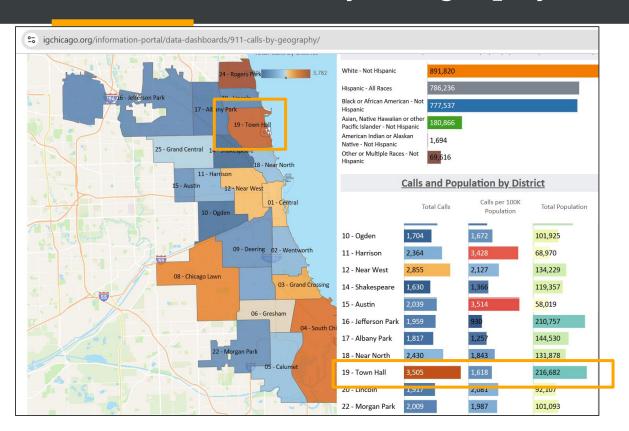
In April, GRCC partnered with the 19th District Police Council to host a Public Safety Meeting with local business leaders. This meeting focused on brainstorming short term, immediate solutions to address the recent uptick of crime in the area. Among the suggestions offered by GRCC was the relaunch of SSA 31's old security rebate program, which funded security equipment upgrades for local businesses. The SSA discontinued the in 2015 due to lack of use.

19th Police District Council Perspective on Mental Health

19th Police District Council Working Goal

Expanding public safety resources with solutions that fit specific issues in our community, which will allow police to focus on serious or violent crime and build trust with the community.

OIG Public Safety Dashboard - Behavioral Related Health 911 Calls by Geography



OIG definition of Behavioral Related Health Calls:

 Calls related to mental health disturbance, or suicide, or otherwise noted as such by the responding police officer(s) or OEMC dispatcher/call-taker

Four Main Options Available Today

988 (National Number) Crisis Intervention Team (CPD)

Mobile Crisis Response
Teams
(Community Based Orgs)

CARE: Crisis Assistance Response and Engagement (CDPH)

Today's Focus is 988 & Community Orgs

988 (National Number) Crisis Intervention Team (CPD)

Mobile Crisis Response
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CARE: Crisis Assistance Response and Engagement (CDPH)

Introducing 19th District Commander Jessani & Captain Forbes

Perspective from 019 CPD Command Staff

- Percent of 911 calls responded to by CPD is very high today; we should enroll other agencies to help address 911 calls
- CPD's responsibility list has grown for decades. Now respond to an array of lower-level priority/nonviolent calls:
 - Non-violent mental health calls
 - Parking permit violations
 - Dogs off leash
 - Loitering
 - Low-risk wellness checks
- Having other resources address certain 911 calls, specifically mental health, can help take burden off CPD to respond
 - CARE Team
 - Mental Health Nonprofits (Thresholds, Trilogy, 988, NAMI, etc.)

Perspective from 019 CPD Command Staff

- Additional training can help CPD understand how to effectively use external resources and support
 - Specific instructions/trainings
 - Roll Call introductions
 - Tours/Introduction to Nonprofit spaces (i.e. <u>Threshold's Living Room</u>)
- 019 CPD Command Staff also supports further investigation into how other agencies can help support in addressing 911 Calls for Service
 - Workforce Allocation Study
 - 19th Police District Council's Data Analytic Working Group's "Calls for Service Audit"

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CARE: Crisis Assistance Response and Engagement (CDPH)

Introducing 988/ NAMI Chicago

Speaker: Lily Rocha



Who We Are

- We are the largest National Alliance on Mental Illness (NAMI) affiliate in Illinois, and the only NAMI affiliate operating a 988 call center.
- Mission: Guided by the experiences of those living with mental health conditions and rooted in equity, NAMI Chicago educates to fight stigma and discrimination, fiercely advocates for our community, and shares hope, connection and expertise with people on their mental health journey.



History and Context



July 2022: The 10-digit National Suicide Prevention Lifeline changes to a three-digit number: 988



January 2024: NAMI Chicago goes live as a 988 call center.



We took on this work because of our history and experience providing telephonic mental health supports.

Our Structure

- While 988 is available 24/7/365, NAMI Chicago crisis counselors are available 16 hours per day, from 4pm to 8am.
- Should someone call 988 when NAMI Chicago is not online, their call would be routed to one of the other call centers in the state that is online at that time.
- We define crisis as **experiencing emotional distress**, not just suicidal or homicidal ideation.

How It Works



- Once we receive a call, a crisis counselor immediately picks up and engages each caller:
 - Explores immediate safety
 - Collaborates on a plan for safety
- 99% of the time calls are resolved within 988.
- Callers are given the option to receive a follow-up call from one of our crisis counselors.
- If attempts to de-escalate are not successful, the crisis counselor will, in collaboration with the caller, determine if the caller may be best served by a mobile crisis team.
- Only one percent of callers have needed a 911 or mobile crisis response. Again, this demonstrates that a 988 trained crisis counselor can be an incredibly efficacious intervention for folks experiencing a crisis.

Data

In the first six months of operation, from January 2024 – July 31, 2024, we fielded **7809** calls.

Caller Needs: June 2024

Suicide	15.54%
Anxiety	13.88%
Depression	13.14%
Basic Needs	8.79%
Family	8.79%
Marital or Partner	5.64%
Substance Use/Addiction	4.26%
Requesting information	4.16%
Psychosis	3.15%
Housing/Houselessness	3.15%
Friends/Peers/Neighbors	2.96%
Loneliness	2.87%
• Grief	2.31%

NAMI Chicago Helpline

- 833-NAMI-CHI (626-4244)
- M-F 9am-8pm,
- Sat-Sun 9am-5pm
- Free
- Confidential
- In Spanish
- Namichicago.org







988

- Free
- Confidential
- Mental Health Crisis
- Not 911
- Trained counselors
- Call 988
- Text 988
- Chat 988: 988lifeline.org/chat
- Various languages including Spanish

SUICIDE & CRISIS LIFELINE





Questions?

Four Main Options Available Today

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Introducing Mobile Crisis Response Teams - Thresholds

Speaker: Manuel Meza

Thresholds Crisis Response

Manuel Meza- Area Director of Clinical Operations



MOBILE CRISIS RESPONSE TEAMS AND LIVING ROOMS

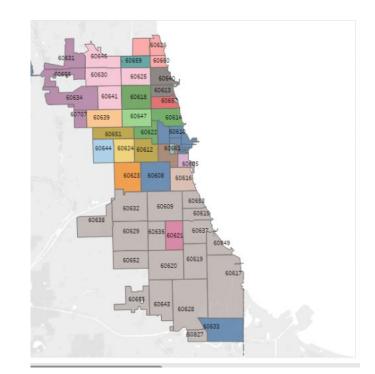
How Thresholds Responds to Crisis Care Needs



MOBILE CRISIS TEAMS IN IL

- Crisis interventions are delivered in Chicago by different community nonprofit organizations based on zip code ensuring:
 - Faster response times
 - Services are provided from staff familiar with the community they serve.
- Overlap between agencies ensures continuous coverage.







MOBILE CRISIS RESPONSE TEAMS

- Members of the public can utilize Mobile Crisis Response Teams (MCRTs) in numerous ways:
 - They can call directly to a MCRT
 - If 988 are unable to resolve the crisis over the phone, they can also perform a warm-hand off with the MCRT in the caller's area.
- Typically, MCRTs are two-person teams composed of a combination of clinicians and peers.
- MCRTs meet patients where they are—at home or in public.
- Response is based on assessment, de-escalation and resource allocation in the least restrictive environment possible.
- Interventions are done with the hope of avoiding emergency personnel- unless needed as a last resort.



WHEN TO CALL

- If you or someone you know is...
 - Expressing a desire to be dead or go to sleep and not wake up
 - Displaying noticeable verbal aggression that appears to be interfering with their surroundings, including combativeness with police, threats towards others, throwing belongings
 - Displaying consistent crying without being able to stop or slow down
 - Experiencing a panic attack shortness of breath, sweat, increased body temperature
 - Experiencing nonlinear, frantic speech, difficult to follow, often including paranoia and some element of hallucinations; responding to internal stimuli impacting ability to care for self (IE: "a voice is telling me to kill myself, a voice is telling me to break into that car")

WHAT TO EXPECT

- 1. A person experiencing a mental health crisis, or a concerned third party, calls Thresholds MCRT to seek support
 - 2. The Mobile Crisis worker takes the basic info and can either:
 - De-escalate / provide resources over the phone after assessing the situation and person in crisis
 - b) Dispatch a team out into the field to meet the person in crisis
- 3. If dispatched to the field, a team of 2-3 crisis workers will meet with person in crisis, work to de-escalate the individual to keep them safe, and connect them to community resources (a shelter, hospital, drop-in).

LIVING ROOMS

- Due to a lack of alternatives in the community, many people in crisis had to go to local ED's (Shattell & Andes, 2011)
 - Once in the ED, individuals with mental illness are often met with frustration, disregard or minimization of symptoms
 - Symptoms may be easily exacerbated because of the nature of EDs: crowded, loud, and containing multiple and unsettling stimuli
- Living rooms are meant as an alternative to psychiatric hospitalization for those in a mental health crisis
- Comfortable, quiet, and safe space meant to feel like an actual living room, which is often the opposite of a hospital environment
- Primarily peer led programs people in recovery from mental illness and/or substance use
- Primary goal is to de-escalate crises and ensure safety, wellness, and autonomy through personal accountability





OUR IMPACT SO FAR

- Mobile Crisis Response Team
 - In our first year, we took 530 calls.
 - In our second year, our call volume increased to 1151 calls.
 - We dispatched to 164 community members in the past year.
- The Living Room: Forever Hope
 - This year, the Living Room has completed 1378 interventions.
 - 601 in person interventions
 - This year, 99% have avoided hospitalization by visiting the Living Room.





CRISIS RESPONSE: NEXT STEPS

- Embed ourselves in the communities we serve and become involved in meaningful ways as proactive measures (crisis prevention)
- Increase community awareness by further developing relationships with community partners, attending outreach events and general advertising of our service
- Increase the amount of Living Rooms in the city
- Open crisis stabilization units
- Develop a transfer protocol from 911 to 988
- Ensure sufficient staffing for 24/7 coverage for crisis programs
- Standardized protocol for referral and response



THRESHOLDS CRISIS **SERVICES**









THRESHOLDS



THRESHOLDS PROVIDES MENTAL HEALTH CRISIS RESPONSE IN CHICAGO THROUGH TWO PROGRAMS - THE LIVING ROOM AND MOBILE CRISIS RESPONSE TEAM.

WHICH ONE IS RIGHT FOR ME?

The Living Room - Forever Hope is an entirely peer-led mental health crisis respite center on Chicago's north side, an alternative to psychiatric hospitalization. It is a comfortable, safe, quiet place for people aged 18 or older experiencing mental health crisis.



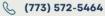
(773) 537-3601



4423 N RAVENSWOOD AVE

Walk-ins are welcome.

Thresholds' Mobile Crisis Response Team (MCRT) provides emergency mental health intervention in a community setting. Thresholds clinicians assess crises via telephone and determine the appropriate response, which may include dispatching a Crisis Team to the caller's location to help.



MCRT is only available to residents in zip codes 60657, 60640, and 60613.

BOTH PROGRAMS ARE OPEN 24 HOURS A DAY, EVERY DAY, INCLUDING WEEKENDS AND HOLIDAYS. THERE IS NO CHARGE FOR ASSISTANCE.

CITATIONS

988 serviceable populations and contact volume projections. (n.d.-a). https://www.vibrant.org/wp-content/uploads/2020/12/Vibrant-988-Projections-Report.pdf? ga=2.62739180.1718066263.1611784352-1951259024.1604696443

Balfour, M. E., Hahn Stephenson, A., Delany-Brumsey, A., Winsky, J., & Goldman, M. L. (2022). Cops, clinicians, or both? collaborative approaches to responding to Behavioral Health Emergencies. Psychiatric Services, 73(6), 658–669. https://doi.org/10.1176/appi.ps.202000721

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The living room, a community crisis respite program. (n.d.-b). https://www.gjcpp.org/pdfs/2013-007-final-20130930.pdf

Pope, L. G., & Compton, M. T. (2022). "if this is an emergency, hang up and dial 911" in the era of 988. Psychiatric Services, 73(10), 1179–1181. https://doi.org/10.1176/appi.ps.20220261

Shattell, M. M., & Andes, M. (2011). Treatment of persons with mental illness and substance use disorders in medical emergency departments in the United States. Issues in Mental Health Nursing, 32(2), 140–141. https://doi.org/10.3109/01612840.2010.541330

Shattell, M. M., Harris, B., Beavers, J., Tomlinson, S. K., Prasek, L., Geevarghese, S., Emery, C. L., & Heyland, M. (2013a). A recovery-oriented alternative to hospital emergency departments for persons in emotional distress: "The living room." Issues in Mental Health Nursing, 35(1), 4–12. https://doi.org/10.3109/01612840.2013.835012

Shattell, M. M., Harris, B., Beavers, J., Tomlinson, S. K., Prasek, L., Geevarghese, S., Emery, C. L., & Heyland, M. (2013b). A recovery-oriented alternative to hospital emergency departments for persons in emotional distress: "The living room." Issues in Mental Health Nursing, 35(1), 4–12. https://doi.org/10.3109/01612840.2013.835012

Velazquez, T. (2023b, November 8). Most U.S. adults remain unaware of 988 suicide and Crisis Lifeline. The Pew Charitable Trusts. https://www.pewtrusts.org/en/research-and-analysis/articles/2023/05/23/most-us-adults-remain-unaware-of-988-suicide-and-crisis-lifeline

Wertheimer, J., & Angelone, K. M. (2022, September 8). 3 key considerations to ensure effectiveness of new 988 suicide and Crisis Lifeline. The Pew Charitable Trusts. https://www.pewtrusts.org/en/research-and-analysis/articles/2022/07/14/3-key-considerations-to-ensure-effectiveness-of-new-988-suicide-and-crisis-lifeline

Questions?

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Response and Engagement
(CDPH)

Public Comment

Public Comment - Rules & Follow Up

Rules of Engagement

- 2 min/speaker = ~10 speakers (typically 20 minutes total)
- Request to make public comment must be submitted within 30-minutes of start of meeting
- Order of speakers randomly selected
- No disruption of speakers
- No harassment or disrespect will be tolerated (zero tolerance policy)

Follow Up

- Public comments are of utmost importance to DCMs
- DCMs and staff will take official minutes of public comments made
- DCMs may address comments in real time or may follow up with community member at a later time

Public Comments - Guiding Questions

- What are your thoughts on the information presented today?
- What would you like to see prioritized for our future meetings?
- Are there any issues you are dealing with that you'd like for us to be aware of?

2-Minutes per Speaker



Next Meeting

JOIN US: CPD BUDGET ENGAGEMENT

Hear about the CPD budget process from Geoffrey Cubbage, a policy and budget analyst from the Better Government Association.

Share your input on budget priorities with your District Councilors so we can ensure your voice is heard by the Commission and considered in their budget report.

TUESDAY

SEPTEMBER 17, 2024 | 6:30 PM

Reva and David Logan Foundation (2951 W. Montrose Ave)

RSVP:

https://bit.ly/19thDCMeeting







Wednesday, September 25th, 2024 @ 6:30pm Pilgrim Lutheran Church 4300 N Winchester Ave

Reminders & Calls to Action

17th District Council - Vacancy



Eligibility Requirements

- You must have lived in the 17th Police District for the last 365 days preceding the date of appointment by the mayor.
- You must be registered to vote in the 17th District.
- You cannot have been an employee of CPD, COPA, or the Police Board in any of the three years immediately preceding their appointment.
- Under state law, you cannot owe money to the City of Chicago, or have been convicted of a felony, unless it was pardoned.
- You must be willing to submit all necessary ethics and financial disclosure information required by the City.

★ \$500 monthly stipend

Application Materials:

- · Submit completed application form online.
- Email your resume or biography to Anna.Mangahas@cityofchicago.org.





Action Items



- Talk with Jenny about passing out mental health resource palm cards to local businesses
- Grab some palm cards to give out to friends or share them with your favorite businesses in the District
- Share your thoughts about Pretextual Traffic Stops with us
- Digging Deeper: Learning Series Looking for people to help be on the planning team
- Attend our next meeting and BRING A FRIEND!

Adjourn - Thank you!



Wednesday, September 25th, 2024 @ 6:30pm Pilgrim Lutheran Church 4300 N Winchester Ave