

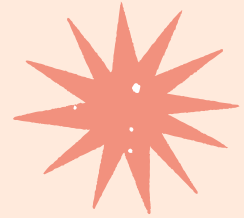
# My Family Has Changed



Chicago Commission  
on Human Relations



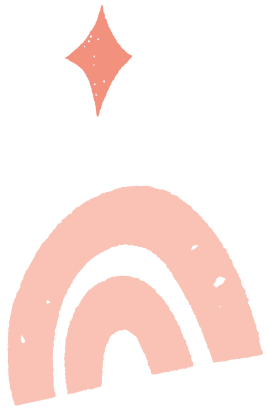
I have a family,  
and we all lived  
together for a  
long time.



...Then my family was separated. It was not my family's choice.



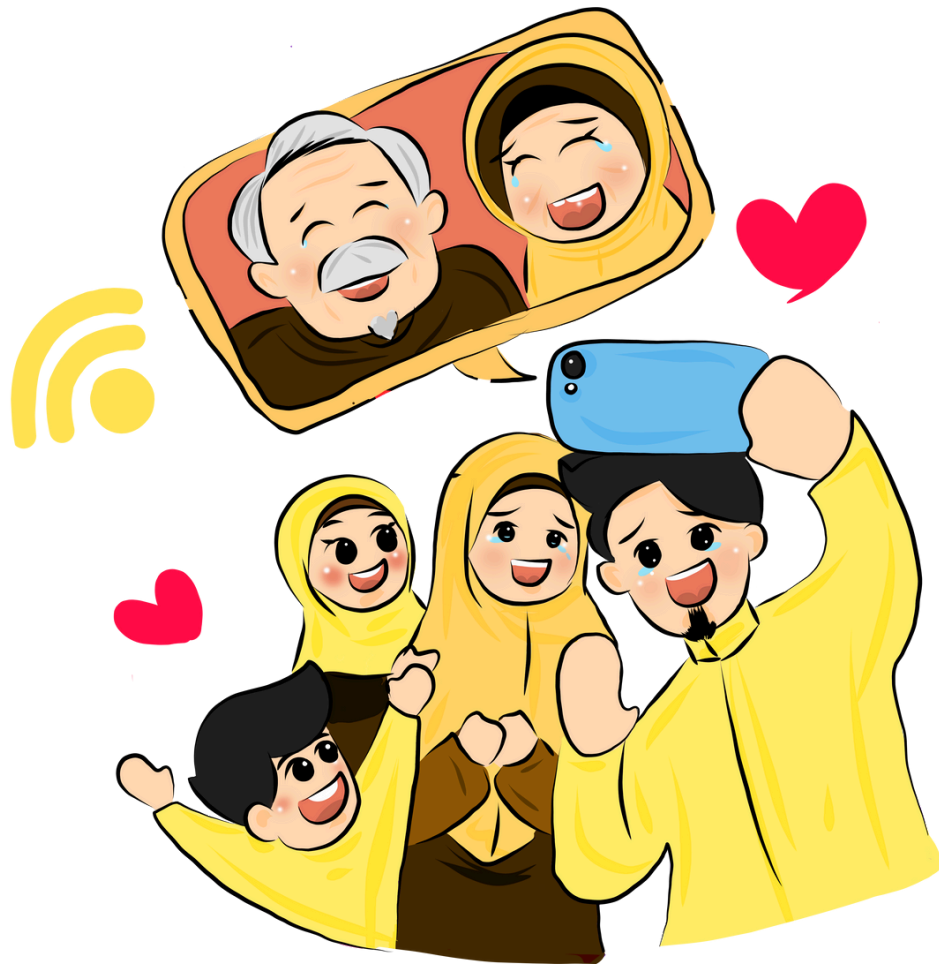
It was difficult for them to leave.



My family loves me and wants me to be safe. They want the best for me so now I live with other family members.



**My family keeps in touch with me by phone and social media.**



**Even though we are not together, they still love me, care for me, and want the best for me.**



**Sometimes I feel  
afraid, sad, or mad  
that my family is  
gone.**

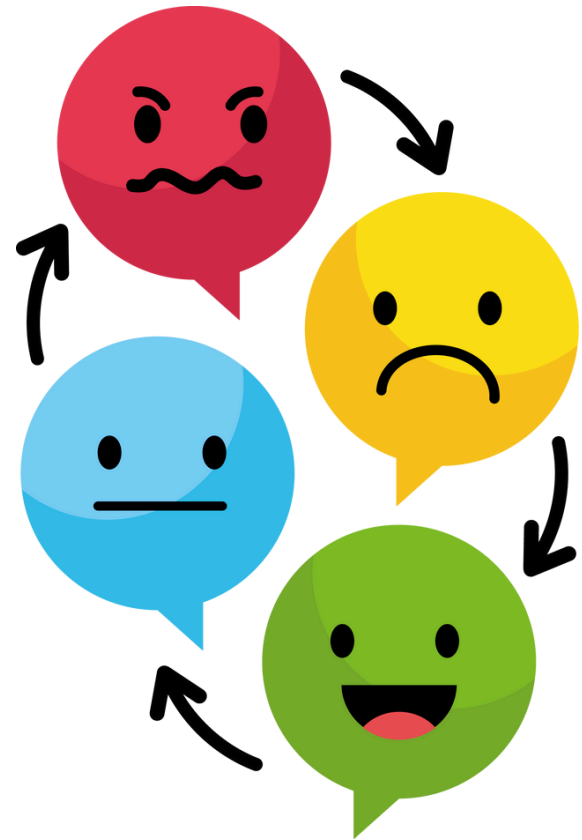


**I miss my family.**

**It is OK to cry.**



**It is OK to talk  
about my feelings.**



I can talk with my  
family, teacher, or  
family friends.





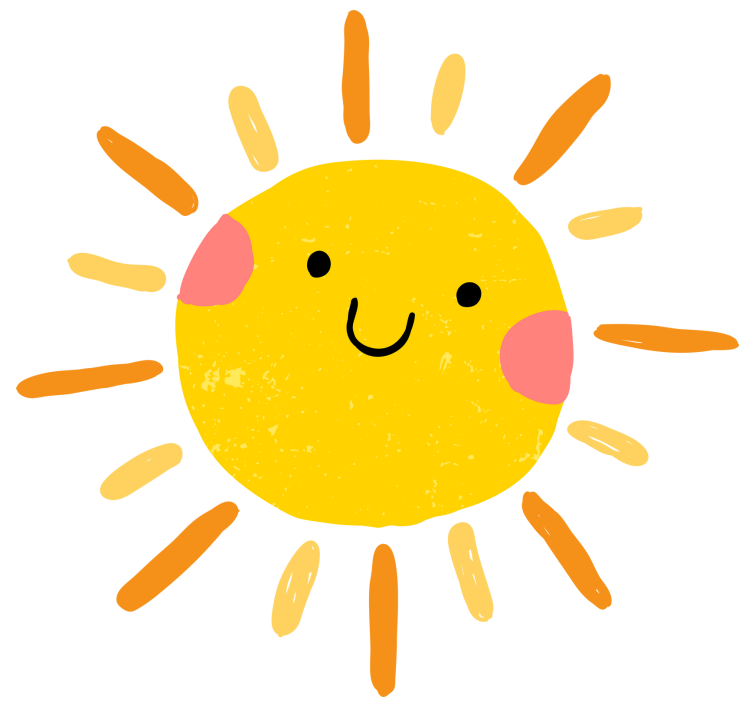
Other kids may be going through the exact same thing. Know that you are not alone.



**My family is different now  
and that is OK. They're gone  
only for a while and not  
forever. Things will be OK.**



**After a day of  
rain, the sun will  
always shine...**



**So when the clouds  
are fading, remember  
we'll be fine!**



This was prepared with a lot of love by the  
Chicago Commission on Human Relations.  
Thank you to all of our supporting partners!



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