

Ask Dr. Arwady

Commissioner: Allison Arwady

Medical Director: Stephanie Black

Assistant Commissioner: Christopher Shields

January 10, 2023



December 2022: Kathy Osterman Award Winners







Things You Can Do To Stay Safe from COVID-19 in the New Year:

















Our local risk based on CDC COVID-19 Community Levels is:

Medium

	New cases per 100,000 population (last 7 days)	New admissions per 100,000 population (last 7 days)	Percent of staffed inpatient beds occupied by COVID-19 patients (last 7 days)	
	[Goal is <200]	[Goal is <10]	[Goal is <10%]	
City of Chicago	101	10.2	5.4%	
Cook County (including City of Chicago)	125	16.5	6.5%	

Chicago metrics are calculated based on Chicago-level data.

Cook County metrics are calculated by the CDC and posted on the <u>CDC Community Levels website</u>. Data current as of 1/5/2023.

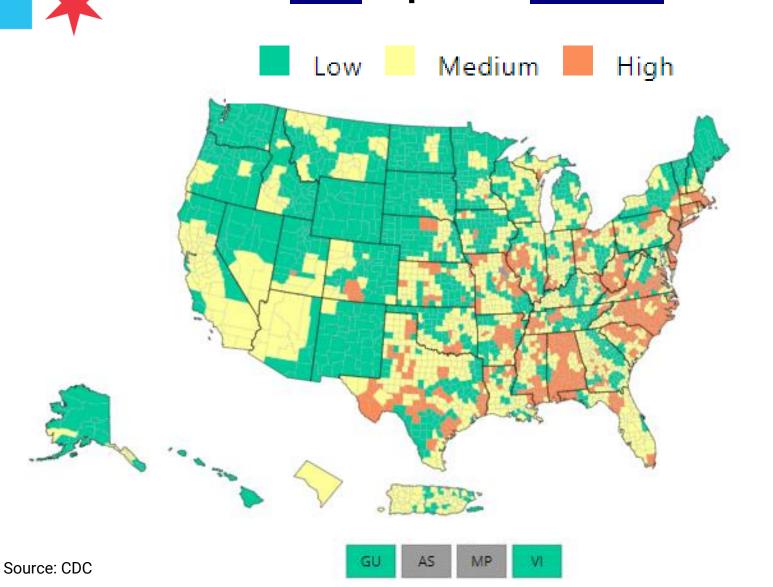


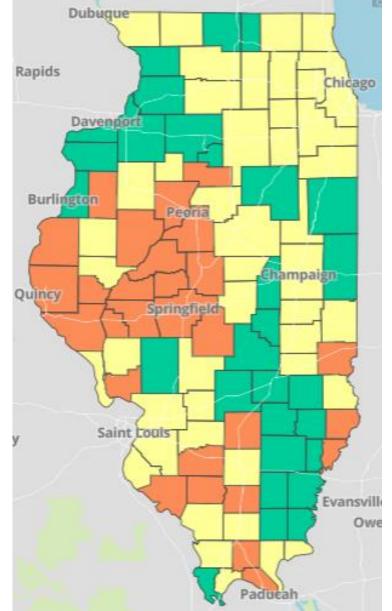
Should Cook County reach a HIGH COVID Community Level, Chicago would issue a formal Mask Advisory



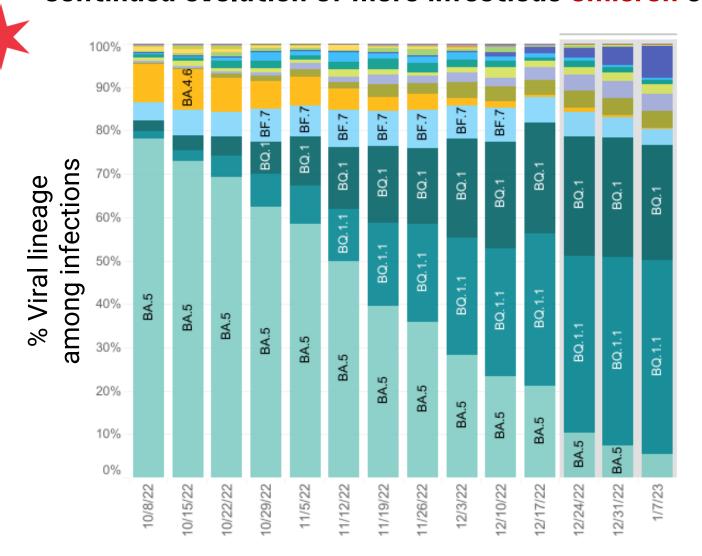


Last week, 20% of U.S. Counties reported High COVID Community Level and 42% reported Medium Level.





Variant Surveillance, Midwest Region Continued evolution of more infectious Omicron subvariants

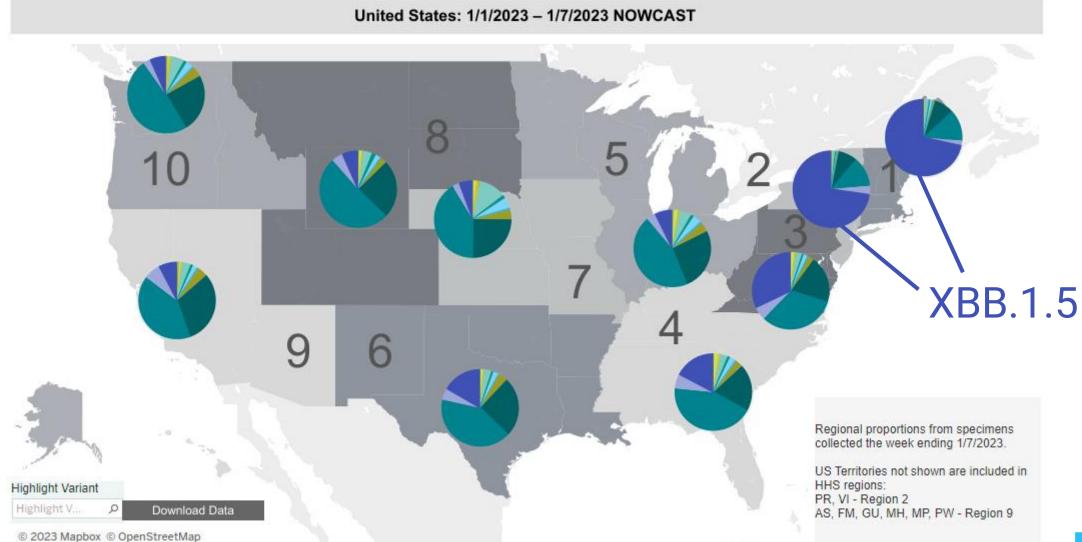


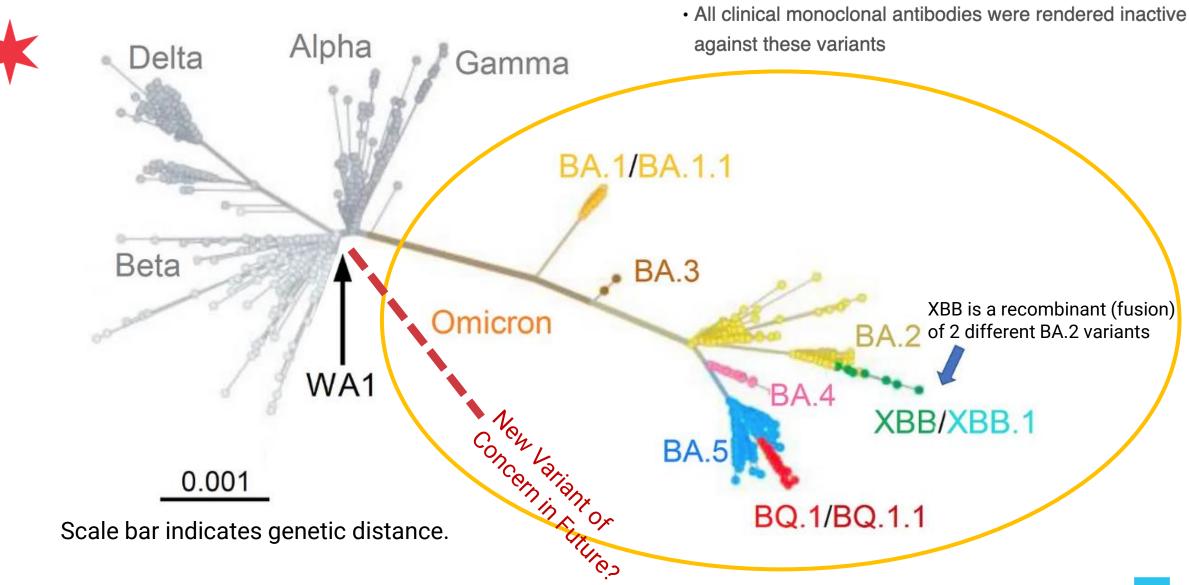
BQ.1.1	44.9%
BQ.1	26.4%
XBB.1.5	7.3%
BA.5	5.3%
BN.1	3.9%
XBB	3.9%
BF.7	3.7%
BA.2.75	2.1%
BA.5.2.6	1.0%
BF.11	0.5%
BA.2	0.4%
BA.4.6	0.3%
BA.2.75.2	0.1%

Collection date, week ending

Variant Surveillance, United States





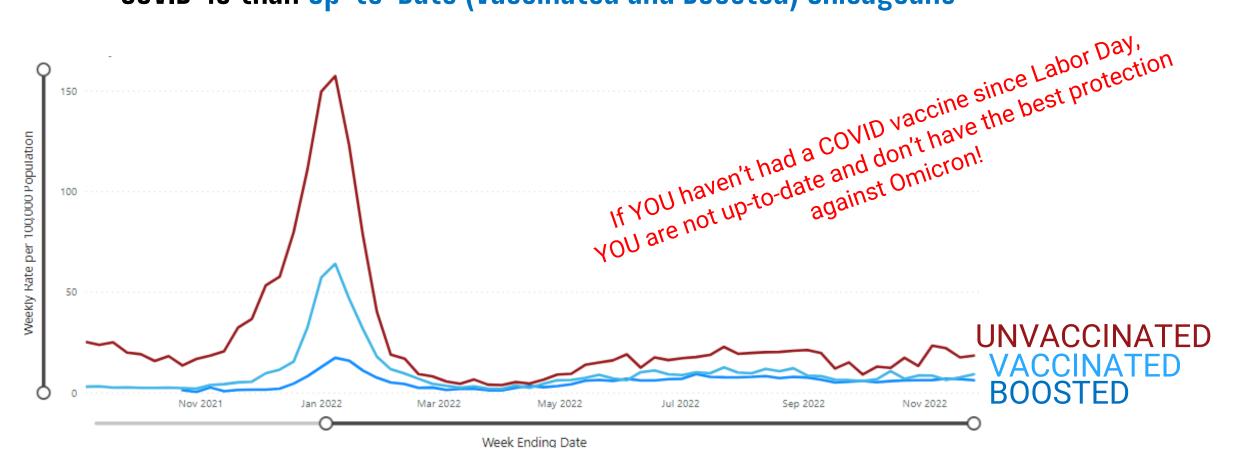


• BQ.1, BQ.1.1, XBB, and XBB.1 are the most resistant SARS-

CoV-2 variants to date



Since the Omicron variant became dominant in Chicago: Unvaccinated Chicagoans have been almost three times as likely to be hospitalized with COVID-19 than Up-to-Date (Vaccinated and Boosted) Chicagoans





GET YOUR UPDATED

In-home vaccination is available to all Chicago households at no cost. Up to 10 people can be vaccinated, so invite your family, friends, or neighbors to get vaccinated together.







How to get your FREE at-home COVID-19 tests

VISIT COVIDtests.gov

Enter contact and shipping info

Review and place your order

Or you can call 1-800-232-0233





Do COVID-19 At-Home tests expire?

- FDA authorizes at-home COVID-19 tests with a certain shelf life and then adjusts the expiration date as stability testing data comes in
- All tests have a shelf life, and if yours has been sitting in the medicine cabinet for some time, you'll want to make sure it's as accurate as the day it was packaged.
- Many are good for between 12 and 20 months; a handful have expiration dates that have been extended by the U.S. Food and Drug Administration
- U.S. Food and Drug Administration
 The FDA does not recommend using a test that has expired. But before you trash your test, check to see if it was recently assigned an extended expiration.
- To determine if your test has been affected, check this FDA list of authorized tests and look in the far right column under "expiration date"





Manufacturer and Test Name (Links to Instructions for Use)	Who can use this test: Symptoms $\ \ \Leftrightarrow$	Who can use this test: Age \$\display\$	Other Details	Expiration Date \$
Abbott Diagnostics Scarborough, Inc.: BinaxNOW COVID-19 Ag Card Home Test BinaxNOW Covid-19 Ag Card Home Test	 People with symptoms that began within the last 7 days People without symptoms. The test is to be performed two times over three days (serial testing) 	 Age 15 years and older Age 2 years and older when collected by an adult 	 Antigen test Nasal swab Requires supervision of a telehealth proctor and a smartphone or computer Results in 15 minutes 	Shelf Life: 15 months (extended) Expiration Date: See link for list of updated expiration dates
Abbott Diagnostics Scarborough, Inc.: BinaxNOW COVID-19 Antigen Self Test	 People with symptoms that began within the last 7 days People without symptoms. The test is to be performed two times over three days (serial testing) 	 Age 15 years and older Age 2 years and older when collected by an adult 	Antigen testNasal swabSmartphone optionalResults in 15 minutes	Shelf Life: 15 months (extended) Expiration Date: See link for list of updated expiration dates.
Access Bio, Inc.: CareStart COVID-19 Antigen Home Test COVID-19 COVID-19	People with symptoms that began within the last 7 days People without symptoms. The test is to be performed two times over three days (serial testing)	Age 14 years and older Age 2 years and older when collected by an adult	 Antigen test Nasal swab Smartphone optional Alternate brand name: On/go COVID-19 Antigen Self-Test Results in 10 minutes 	Shelf Life: 15 months (extended) Expiration Date: See link for list of updated expiration dates
ACON Laboratories, Inc: Flowflex COVID-19 Antigen Home Test Flowflex COVID-19 Antigen Home Test Flowflex COVID-19 Antigen Home Test COVID-19 Antigen Home T	 People with symptoms that began within the last 7 days People without symptoms. The test is to be performed two times over three days (serial testing) 	 Age 14 years and older Age 2 years and older when collected by an adult 	 Antigen test Nasal swab Smartphone optional Alternate brand name: On/Go One COVID-19 Antigen Home Test 	Shelf Life: 21 months (extended) Expiration Date: See link for list of updated expiration dates



TAKE ACTION IF YOU TEST POSITIVE FOR COVID-19





Stay home:

 Everyone - regardless of vaccination status - should stay home and away from others (isolate).

People at high risk for severe illness: Talk to your doctor about treatment



DAY 6 OR LATER

End isolation:

 If you never had symptoms OR symptoms are improving and are fever-free for 24 hours.



DAY 6-10

Wear a mask:

- If you take 2 antigen tests 48 hours apart and both are negative, you may remove your mask sooner
- Avoid people at high risk of getting very sick





VAX...

and PAX_{lovid}



If you test positive for COVID-19 and are at high risk of severe illness, contact your healthcare provider, visit a Test to Treat location or immediately call.

312.746.4835

Treatments must begin within days of symptom development to be effective.



More info at: Chi.gov/therapeutics



Make the air in your home safer during COVID-19: ventilation helps to reduce the levels of infectious particles in the air













Check out these additional resources:

CDC: Improving ventilation in your home EPA: Indoor air in homes and COVID-19 CDPH: Ventilation Guidance for Homes





Saturday, January 14 • 9am-2pm

Richard J. Daley College - 7500 S. Pulaski Rd. Register at: rebrand.ly/DaleyCollege

The new COVID-19 bivalent booster will be available!

Types of vaccines: Flu, Moderna primary series and bivalent boosters (6 months through 5 years), Pfizer primary series and bivalent boosters (6 months and older).



WALK-INS WELCOME!



Need a vaccine or a booster? Have questions?

visit

CHI.GOV/COVIDVAX

or call

312-746-4835







Ebola Preparedness Planning

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January 10, 2023



THE VIRUS

X Symptoms and Stages of Ebola Virus Disease

INFECTION INCUBATION PERIOD DRY PHASE WET PHASE Infection occurs after It can last from 2-21 The patient becomes more Common signs and Common signs and contagious as the disease exposure to a person who days (usually 4-17 days) symptoms are symptoms are progresses. is sick or has died of Person feels well and Fever Diarrhea In fatal cases, death occurs Ebola. has no symptoms Fatigue Nausea/vomiting on average 7 to 10 days The person cannot Headache Bleeding occurs in after the onset of transmit the virus Joint pain some cases symptoms. Muscle pain Hiccups The amount of Ebola virus is highest at the time of Back pain Eve redness death. Sore throat NOT ◉ **EVEN MORE** THE MOST CONTAGIOUS CONTAGIOUS CONTAGIOUS DAY 7-10 DAY 0 DAY 4 **EXPOSURE TO**

OF THE DISEASE

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1. Organized medical and public health response





2. Safe patient diagnosis and care





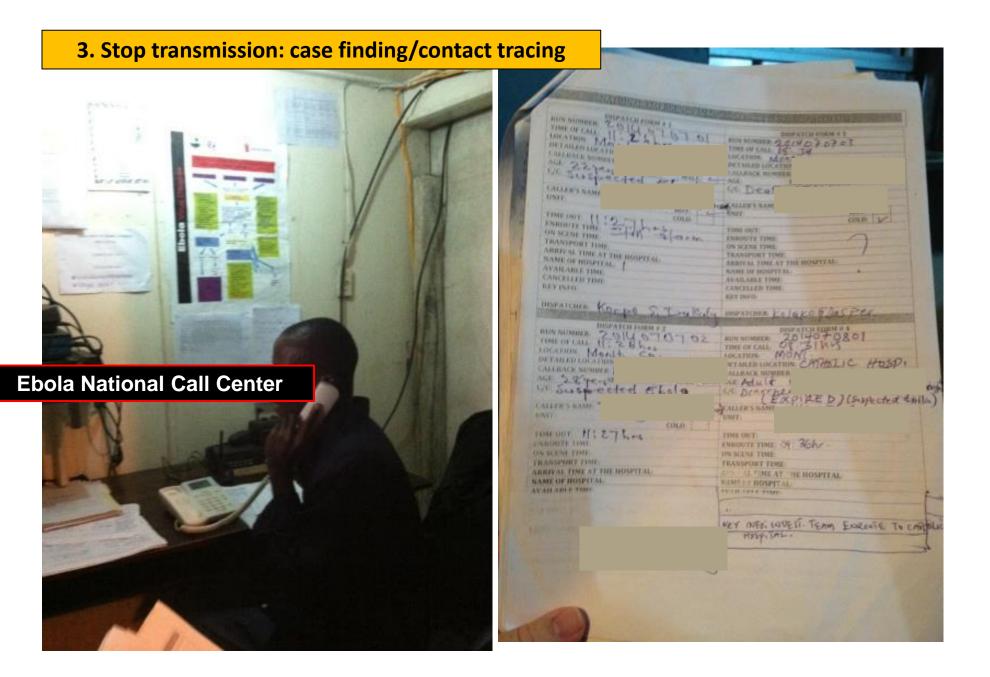




2. Safe patient diagnosis and care (Ebola Treatment Units)













4. Community engagement and education





Scientists allege deadly diseases such as Ebola and AIDS are bio weapons being tested on Africans. Other reports have linked the Ebola virus outbreak to an attempt to reduce Africa's population. Liberia happens to be the continents's fastest growing population.

Ebola, AIDS Manufactured By Western Pharmaceuticals, US DoD?

Tue, 09/09/2014 - 09:59 admin1

Scientists Allege

By: Dr. Cyril Broderick, Professor of Plant Pathology





4. Community engagement and education













City of Chicago: Preparedness / Response

Large population center

Daytime population: 3,150,000 Residential population: 2,725,000

High population density 12,750 persons per square mile

Large tourism center

Tourists per year: 35,000,000 Willis Tower, John Hancock Center, Navy Pier, Wrigley Field, Grant Park

Regional transportation hub

Over 200,000 commuters into the city daily

International hub

2 international airports with ~96 million passengers annually











City of Chicago: Preparedness / Response

2020-2023 - Concurrent response actions

(SARSCoV-2, Influenza, MPV, New Arrivals migration, Ebola)

2017-18 – Hurricane Repatriations

2016 - CUBS World Series
(SEAR rated - Special Event Assessment Rating)

2012 - North Atlantic Treaty Organization Summit (NSSE rated - National Special Security Event)

2009 – Presidential Inauguration and hometown (NSSE rated)

Annual – Chicago Marathon / Lollapalooza / Taste / PRIDE (SEAR rated)









Migrants wait in line to board chartered buses traveling to New York and Chicago at a Welcome Center in El Paso, Texas, US, on Thursday, Sept. 22, 2022. (Paul Ratje/Bloomberg via Getty Images)







City of Chicago: World Planning Considerations

2021 Global Terrorism Index





United States of America

Overall Score

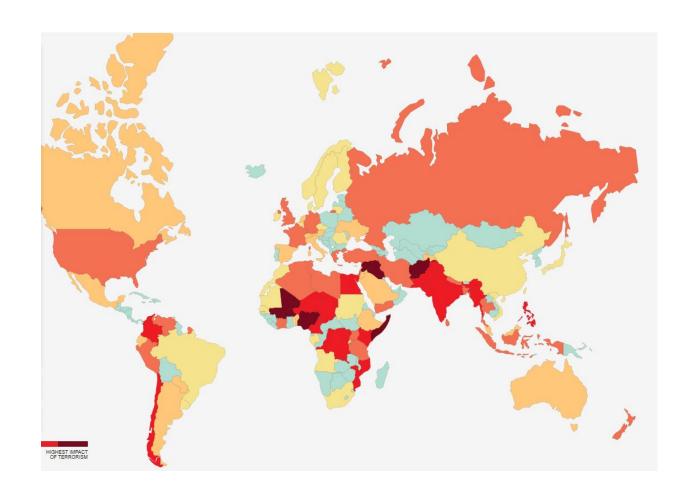
Country Ranking

4.960

28 / 163



GTI is a composite measure made up of four indicators: incidents, fatalities, injuries and property damage. To measure the impact of terrorism, a five year weighted average is applied.





City of Chicago: World Planning Considerations

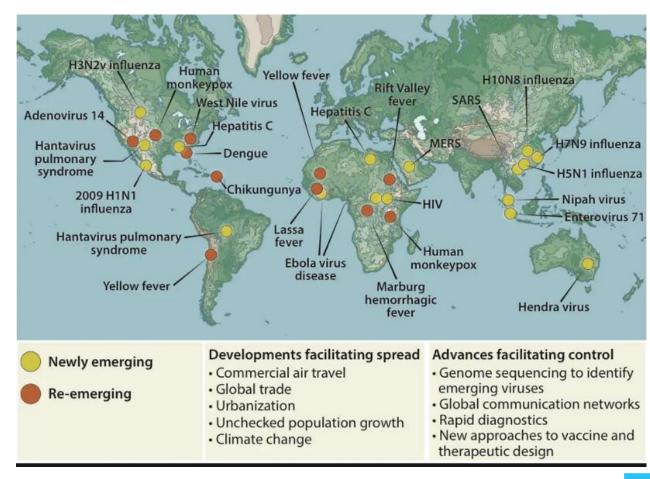
Chicago planning for newly emerging / highly pathogenic disease

Chicago Sentinel and Predictive Epidemiology division

- BlueDot
- ESSENCE
- RedCap

Chicago Medical Countermeasure planning

- Medical ancillary cache
- · Pharmaceutical cache
- Vaccine Management platforms





X Outbreaks of Ebolavirus disease (EVD)

- Since 1976, there have been 33 outbreaks due to Ebola virus (species Zaire ebolavirus)
 - >31,000 infected; >12,000 deaths
- Prior to 2022, there have been 7 outbreaks due to Sudan virus (Uganda and Sudan)
 - 792 cases, 426 deaths
- Most of our knowledge of EVD comes from outbreaks caused by the Ebola Zaire, we anticipate lessons learned from recent Ebola Zaire outbreaks to be applicable to this outbreak



rior Outbreaks of Sudan Virus (1976-2022)

1976 Sudan: Nzara, Maridi, and surrounding areas

284 cases, 151 deaths (CFR=53%)

1979 Sudan: Nzara and Yambio

34 cases, 25 deaths (CFR=65%)

2000 Uganda: Gulu

425 cases, 224 deaths (CFR=53%)

2004 Sudan: Yambio

17 cases, 7 deaths (CFR=41%)

2011 Uganda: Nakisimata, Luwero District

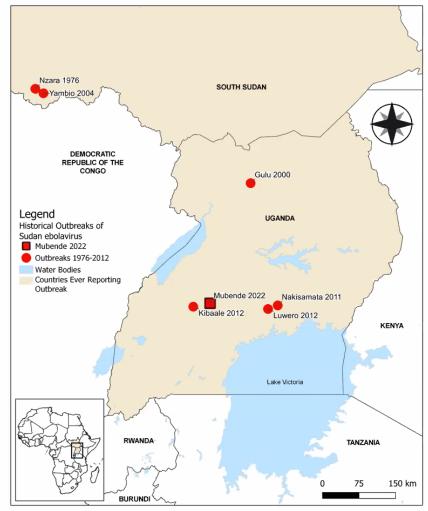
I cases, I death (CFR=100%)

2012 Uganda: Kagadi, Kibaale

• 24 cases, 17 deaths (CFR=70.8%)

2012 Uganda: Bombo, Luwero District

7 cases, 4 deaths (CFR=54.1%)



2022 Uganda Sudan Virus Outbreak, as of Jan 5



Total cases: 164

142 confirmed22 probable

Total deaths: 77

55 confirmed 22 probable

Fatality rate: 48.1%

Districts affected:

Bunyangabu

Jinja

Kagadi

Kassanda

Kyegegwa

Munbende

Masaka

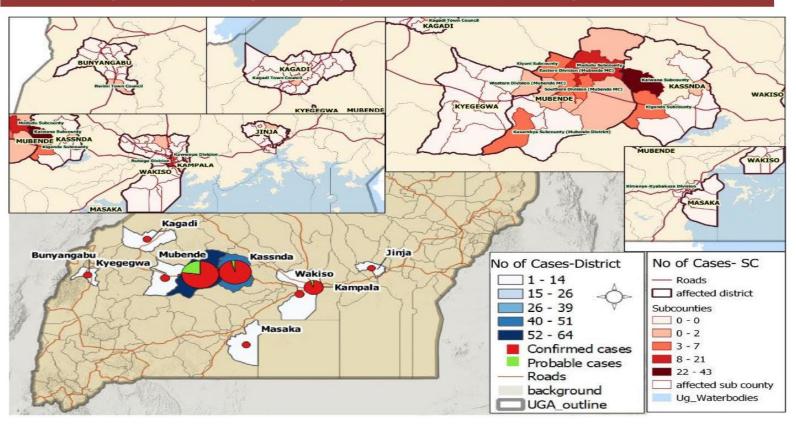
Kampala

Wakiso

Infections among Health Care Workers:

19 (7 deaths)

Place analysis of affected persons by district as of 05th January 2023 at 22:00 HRS





Controlling an Ebolavirus Outbreak

- Surveillance for new cases (community, healthcare settings, postmortem)
- Identification and monitoring of contacts
- Education on infection prevention and control
- Communication to the public and providing education about safe practices
- Vaccination
- Laboratory: Real-time genetic sequencing
- Security for outbreak response in conflict zones



Ebola CDPH Local Operational Planning

Entry Point Preparedness

- 1. Screening at O'Hare
- 2. Traveler Monitoring Protocol

Community Preparedness

- 1. Public Messaging
- 2. Community Engagement

Health System Preparedness

- 1. Network of Providers
- 2. All Area Hospitals and Clinics
- 3. EMS Providers

Inter-Government Collaboration

- 1. Inter-agency Coordination
- 2. State Collaboration
- 3. CDC Guidance

CDPH Coordination



HEALTH ALERT: EBOLA

If you were recently in **Uganda**—

Watch for Ebola symptoms for 21 days:



- Fever
- Headache or body aches
- Weakness or tiredness



Tell the doctor where you traveled.

If you get sick,

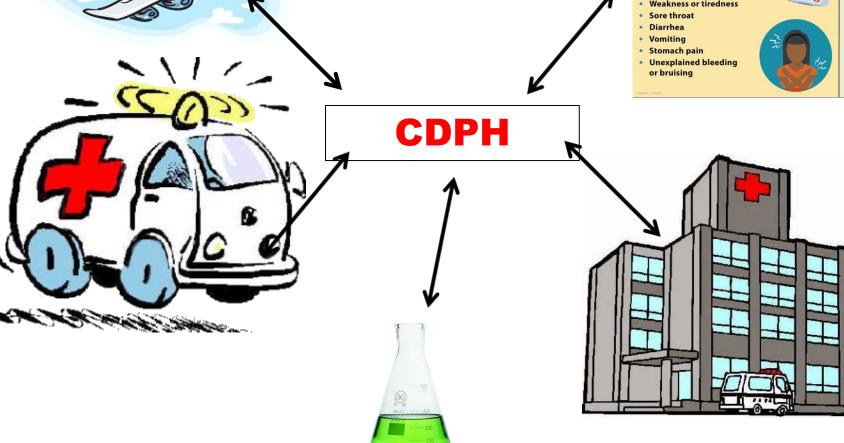
call a doctor.

separate yourself

from others, and









Healthcare Facilities Screening

- 1) Identify exposure history
- 2) Identify signs and symptoms
- 3) Isolate
- 4) Inform







<u>www.roadarch.com</u>, <u>www.tomrossiter.com</u>; dailynorthwestern.com; archrecord.construction.com; foundation.luriechildrens.org

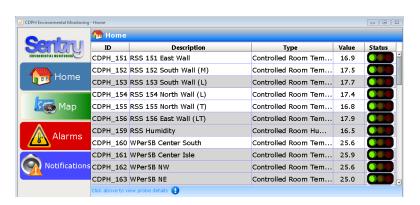


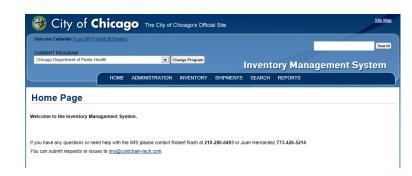
Highly Infectious Disease – Infrastructure Capabilities

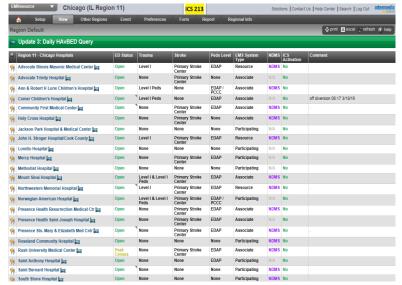
Regulatory storage environments

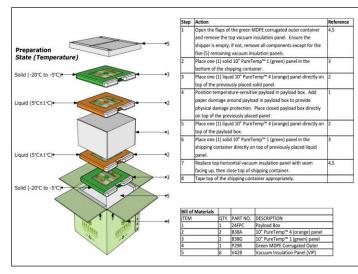
Advanced inventory controls

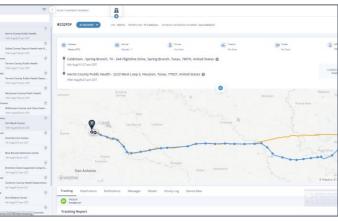
Cached resource capabilities













Thank You!



Chicago.gov/Health



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@ChicagoPublicHealth



@ChiPublicHealth