



Ask Dr. Arwady

April 18, 2023

Guest: Dr. Candice Robinson

#AskDrArwady



On Facebook/Twitter
Live @ChiPublicHealth



Allison Arwady, MD, MPH
Commissioner, CDPH



Candice Robinson, MD, MPH
Medical Director, CDPH



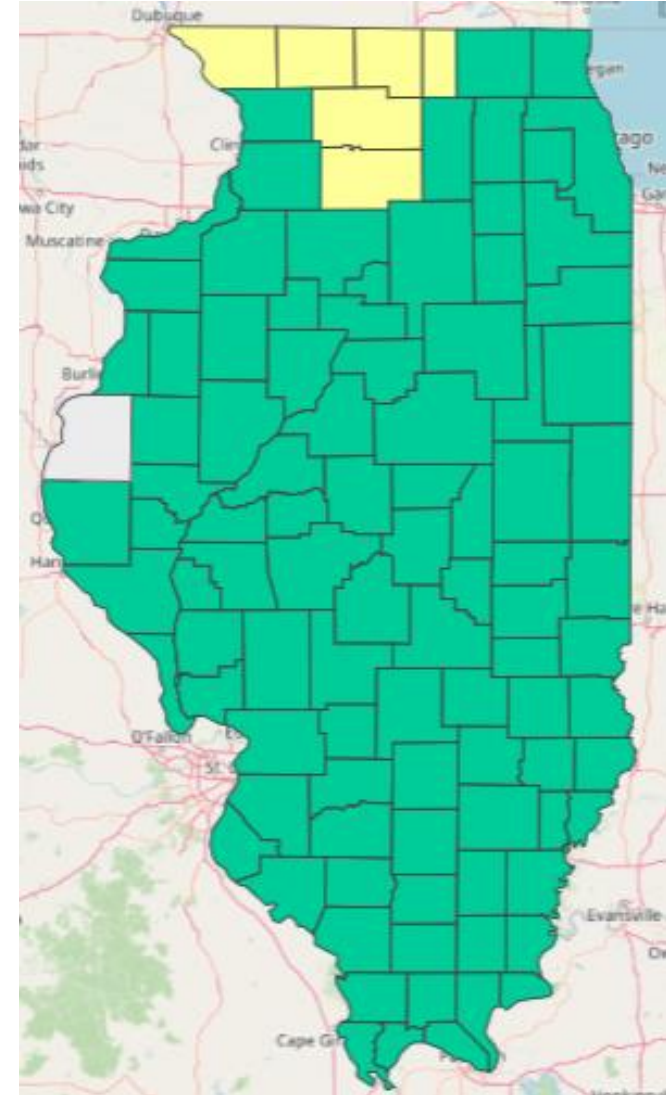
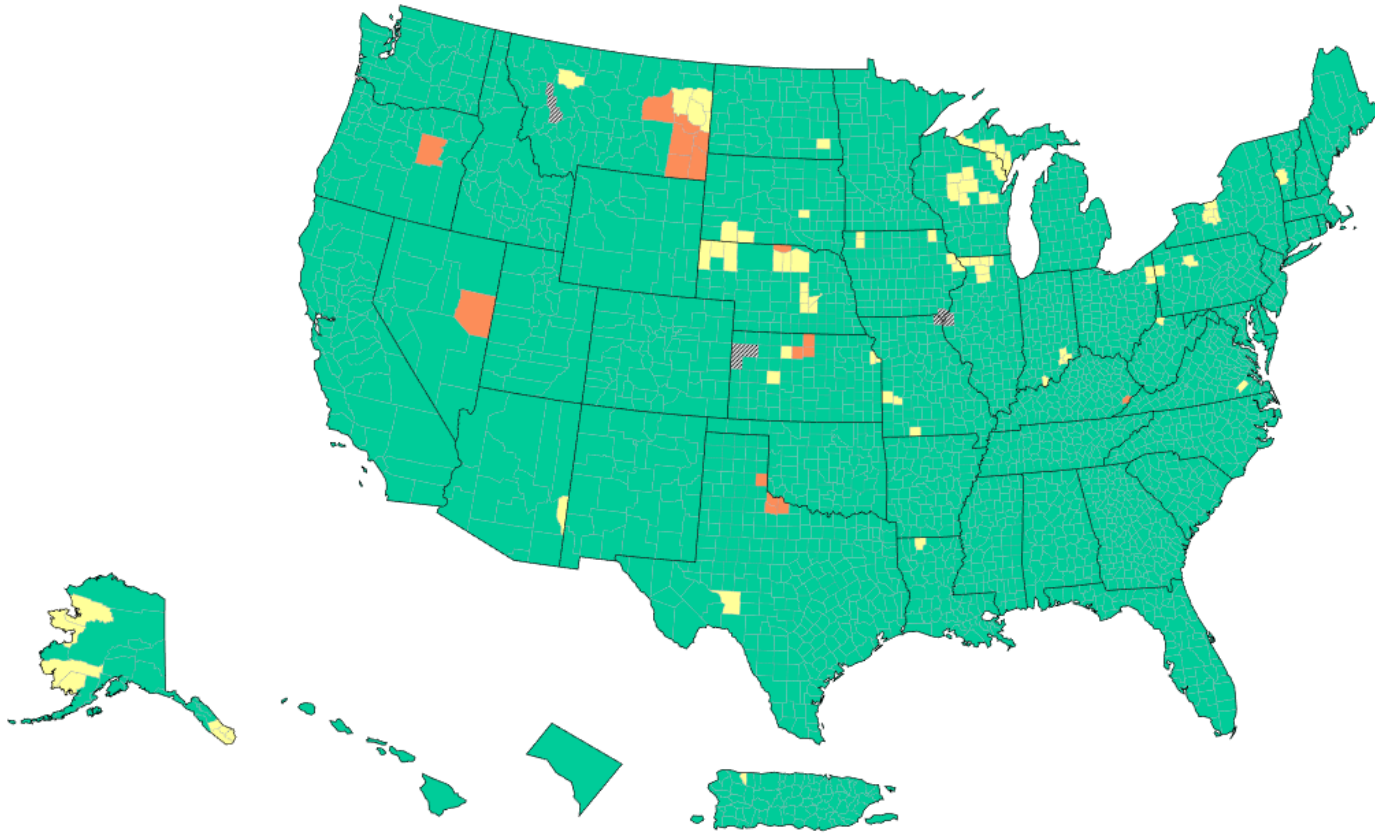
Today at 11am | Live

CDPH Medical Director Dr. Candice Robinson joins Dr. Arwady to discuss the work of the Maternal, Infant, Child and Adolescent Health (MICAH) Bureau.

Last week, **0.5%** of U.S. Counties reported **High** COVID Community Level and **2.4%** reported **Medium** Level.



Low Medium High



GU AS MP VI



Our local risk based on CDC COVID-19 Community Levels is:

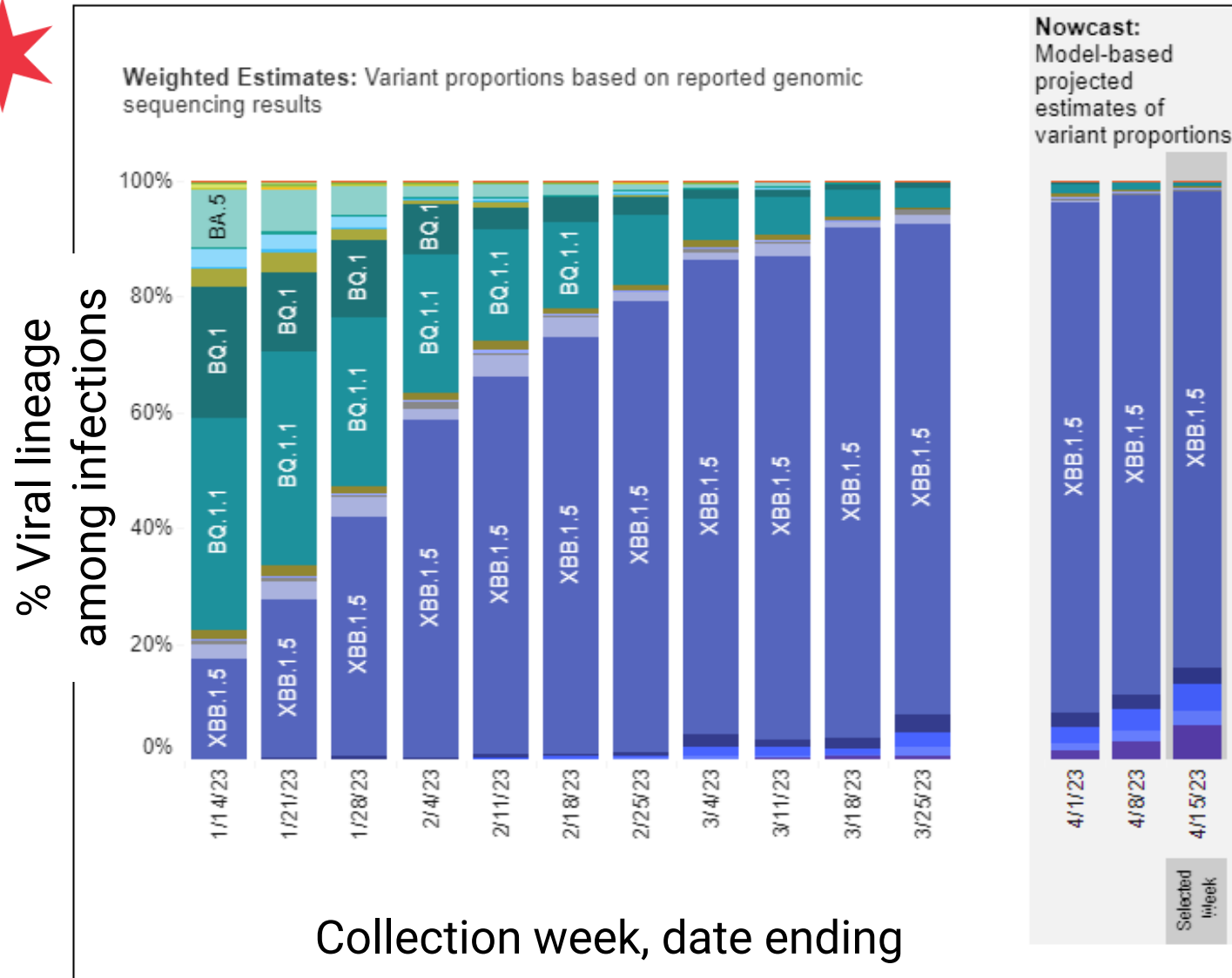
Low

	New cases per 100,000 population (last 7 days) <i>[Goal is <200]</i>	New admissions per 100,000 population (last 7 days) <i>[Goal is <10]</i>	Percent of staffed inpatient beds occupied by COVID-19 patients (last 7 days) <i>[Goal is <10%]</i>
City of Chicago	38	4.3	1.9%
Cook County (including City of Chicago)	41	5.3	2.1%

*Chicago metrics are calculated based on Chicago-level data.
Cook County metrics are calculated by the CDC and posted on the [CDC Community Levels website](https://www.cdc.gov/communitylevels/).
Data current as of 4/12/2023.*

Variant Surveillance, Midwest Region

Weighted and Nowcast Estimates for Weeks of 1/8/22 – 4/15/23

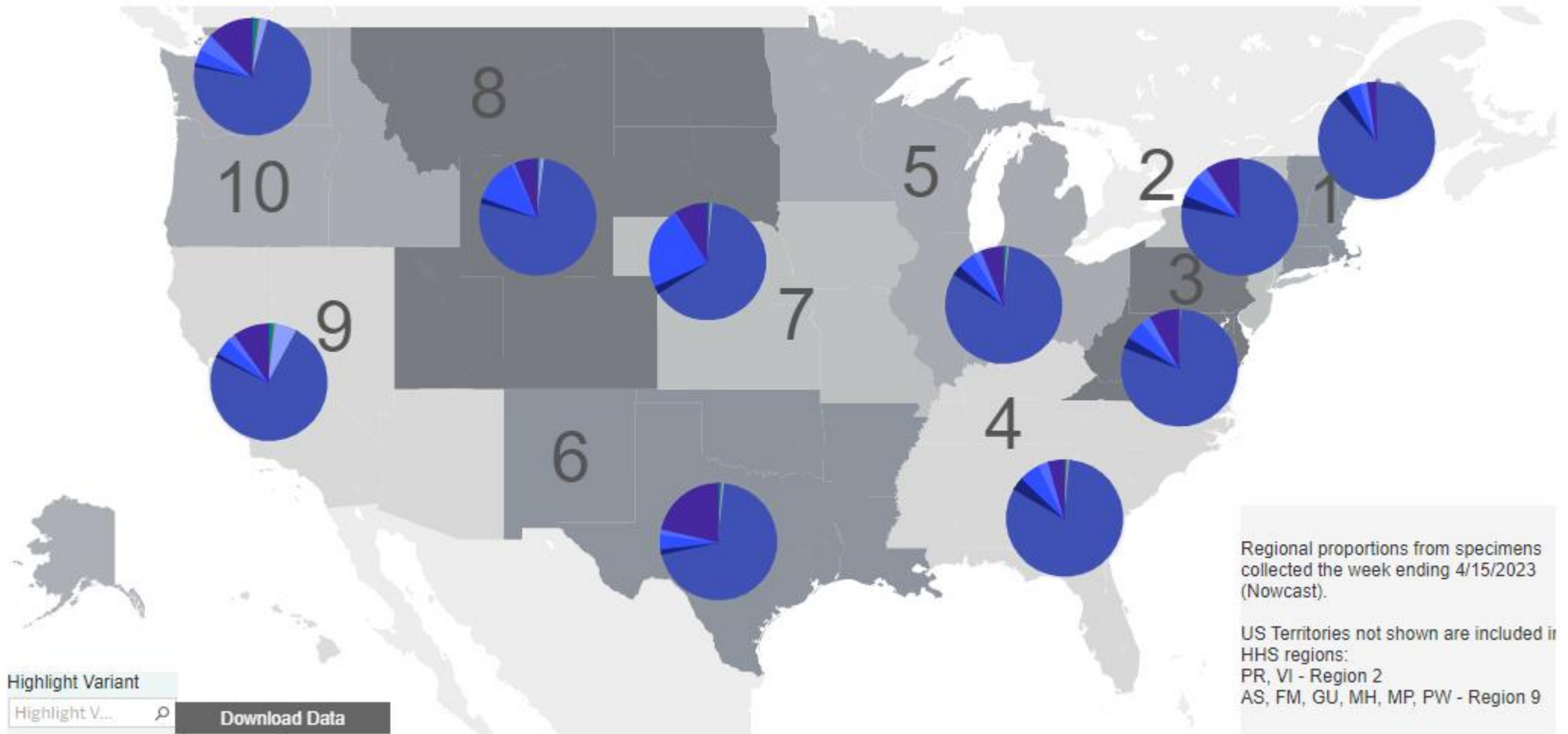


It's ALL Still OMICRON

XBB.1.5	82.3%	
XBB.1.16	6.0%	
XBB.1.9.1	4.8%	
XBB.1.5.1	2.8%	
XBB.1.9.2	2.3%	
BQ.1.1	0.7%	
CH.1.1	0.3%	
FD.2	0.2%	
XBB	0.2%	
BQ.1	0.1%	

Variant Surveillance, United States

Nowcast Estimates in for 4/9/2023 – 4/15/2023 by HHS Region



Source: CDC Data Tracker

JUST ANNOUNCED: **Bivalent** mRNA vaccines (Pfizer, Moderna) are now the only game in town!



If you got your updated bivalent Pfizer or Moderna booster vaccine after Labor Day, 2022, you are still up to date.

FDA NEWS RELEASE

Coronavirus (COVID-19) Update: FDA Authorizes Changes to Simplify Use of Bivalent mRNA COVID-19 Vaccines

- Today, the U.S. Food and Drug Administration simplified the vaccination schedule for individuals receiving Moderna and Pfizer-BioNTech COVID-19 bivalent mRNA vaccines
- FDA authorized **bivalent vaccines** (the ones that became available last fall and are more protective against both original COVID variants AND Omicron) **to be used for ALL COVID vaccine doses and all ages (6 months and up)**
- Monovalent Moderna and Pfizer-BioNTech COVID-19 vaccines are no longer authorized for use in the United States.



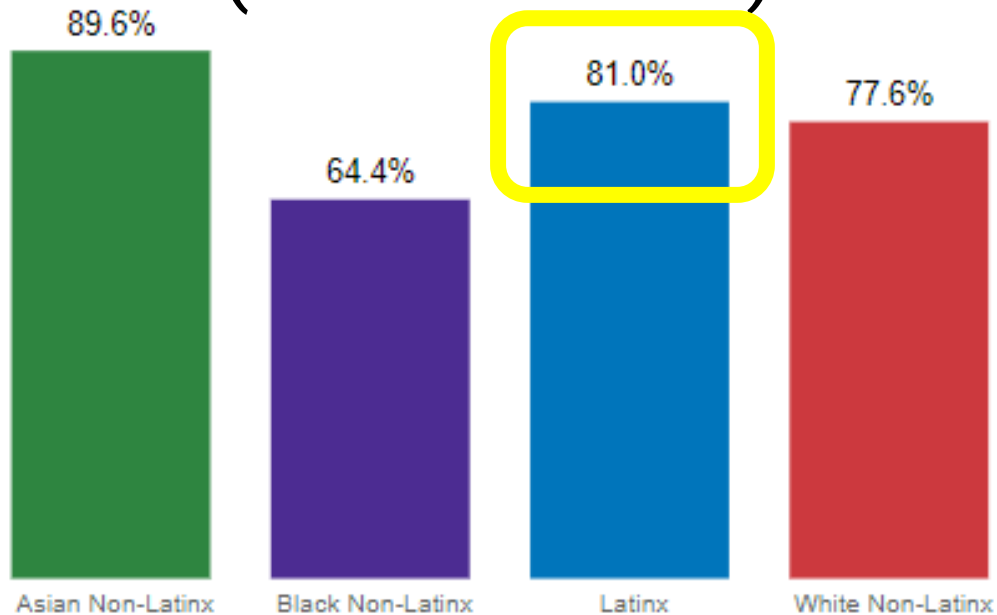
Higher Updated Booster Coverage among Chicagoans than Nationwide Estimates. Over 602,000 doses have been administered to Chicagoans since authorization.

People with an Updated (Bivalent) Booster Dose	Percent of US Population	Percent of Chicago Population
Population ≥ 5 years	17.8%	23.4%
Population ≥ 12 years	19.1%	24.7%
Population ≥ 18 years	20.2%	25.6%
Population ≥ 65 years	42.6%	41.8%

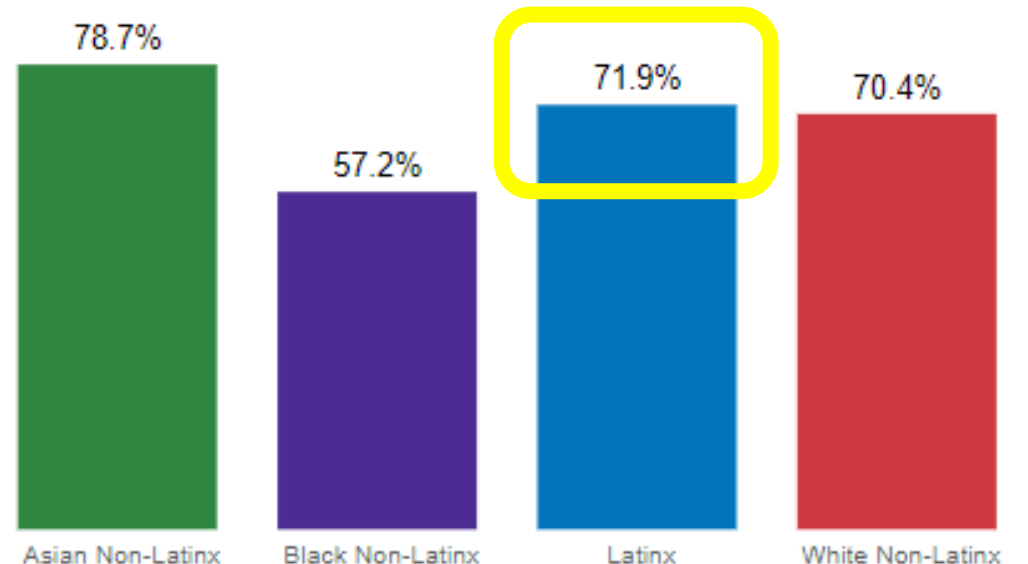
National data as of 4/11/2023.
Chicago data reported to I-CARE as of 4/13/2023.

Latinx Chicagoans initial vaccine coverage, in particular, continues to increase and to move ahead of white Chicagoans for primary vaccine series uptake

At least one dose
(% vaccinated)

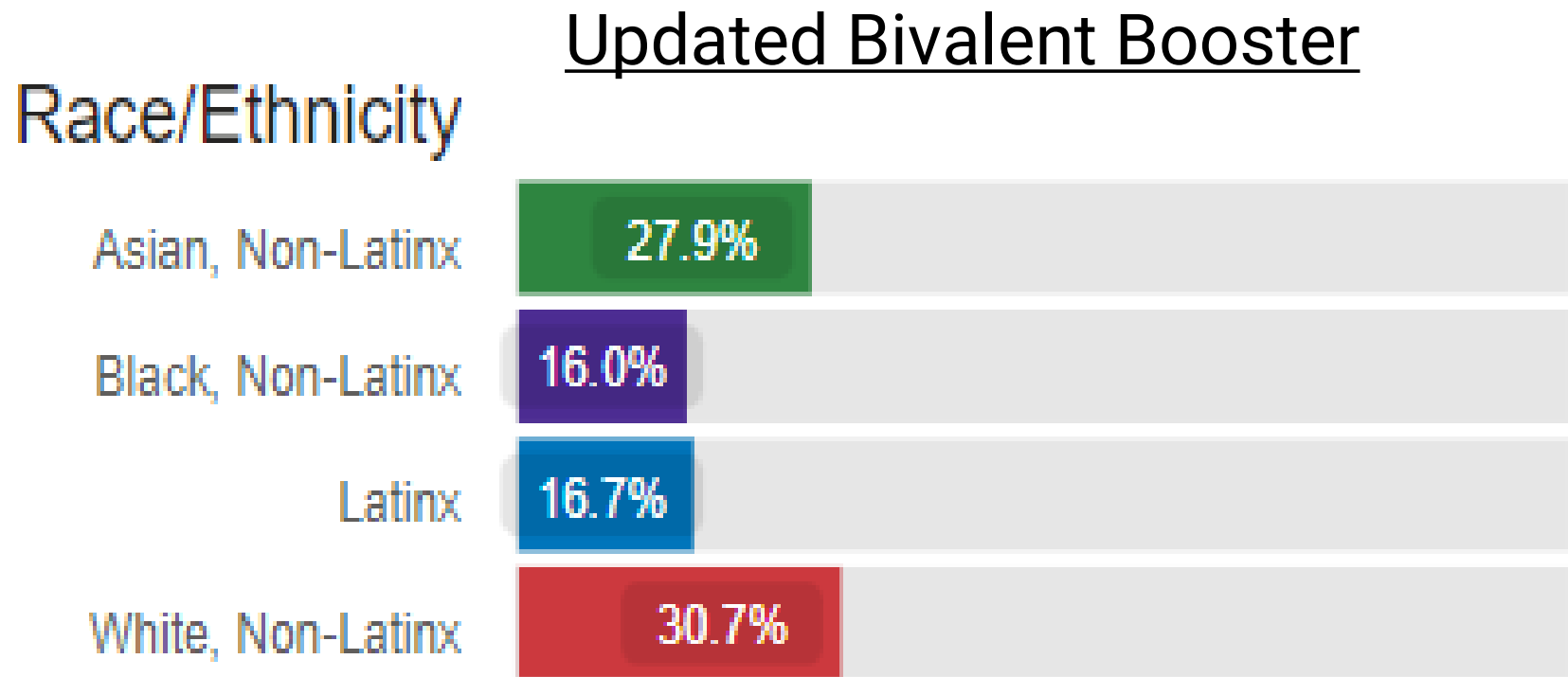


Completed vaccine series
(% vaccinated)



built by
slalom

★ Continued disparities among bivalent booster uptake, however



TAKE ACTION IF YOU TEST POSITIVE FOR COVID-19



DAY 1-5

Stay home:

- Everyone - *regardless of vaccination status* - should stay home and away from others (isolate).

People at high risk for severe illness:
Talk to your doctor about treatment



DAY 6-10

Wear a mask:

- If you take 2 antigen tests 48 hours apart and both are negative, you may remove your mask sooner
- Avoid people at high risk of getting very sick

DAY 6 OR LATER

End isolation:

- If you never had symptoms OR symptoms are improving and are fever-free for 24 hours.





VAX & PAX lovid



If you're at high risk for severe illness, vaccines are your best protection against COVID-19. But if you do test positive, **TREATMENTS ARE AVAILABLE.**

PAXLOVID, for example, is an oral antiviral therapy for the treatment of mild to moderate COVID-19.



Individuals ages 12 and up who are at high risk of developing severe illness, are eligible.

Ask a healthcare provider if medications to treat COVID-19 are right for you.



Continues to operate
Saturday and Sunday
8am-6:30pm

GET YOUR UPDATED

COVID BOOSTER & FLU SHOT AT HOME



In-home vaccination is available to all Chicago households at no cost. Up to 10 people can be vaccinated, so invite your family, friends, or neighbors to get vaccinated together.



TO REGISTER FOR AN APPOINTMENT
CALL 312.746.4835 OR VISIT OR [CHICAGO.GOV/ATHOME](https://chicago.gov/athome)



Illinois Medicaid re-enrollment requirements return with the end of federal public health emergency

- During the federal public health emergency, families receiving Medicaid across the U.S. were automatically re-enrolled in the program without needing to re-submit paperwork.
- But now that the public health emergency is ending, families across the U.S. will again need to renew their Medicaid benefits starting, this year.
 - The Medicaid continuous enrollment condition ended March 31, 2023.
 - The State of Illinois will mail out renewal forms starting in May 2023.
 - NOTE: that date is only for people whose coverage is due to be redetermined by June 1 (**Everyone's redetermination date is different**)
 - Medicaid enrollees will receive a notice in the mail **about a month before the due date** for the notice.
- **If your family currently receives Medicaid benefits, make sure your contact information in the state's database is up-to-date so you can receive your renewal form.**



GOT MEDICAID? GET READY TO RENEW!

Click Manage
My Case at
abe.illinois.gov



Illinois is checking to see
if you are still eligible for Medicaid.

Get ready to renew!

1. Make sure the address and contact info on file for you is correct:

- Visit abe.illinois.gov
- Click “**Manage My Case**” to log in to your account
- Verify your mailing address under “Contact Us”
- **Look up your due date** under ‘Benefit Details’ so you know when to expect the notice letter

- OR You can call 877-805-5312 for free on weekdays from 7:45am to 4:30pm make sure your address is right

2. Renew your health insurance when it's time

- **Complete your renewal (aka redetermination)** by watching your mail and completing your renewal form right away when it comes

- **If you do not respond, you could lose your health insurance, even if you are still eligible for coverage**

CPS Families: If you have any questions, we strongly encourage you to call the Healthy CPS Hotline at 773-553-KIDS (5437) or visit cps.edu/medicaid



Need help and don't know where to turn?



211MetroChicago.org





Need a vaccine or a booster?
Have questions?

visit

CHI.GOV/COVIDVAX

or call

312-746-4835



MICAH Bureau (Maternal, Infant, Child and Adolescent Health)



★ WIC (Women, Infant and Children) Program

WIC serves pregnant, post-partum and breastfeeding people, infants and children up to 5 years old by providing:

- Access to healthy foods
- Nutrition education
- Breastfeeding support
- Health Screenings
- Referrals to additional services



Results: Reduces risk of prematurity, low birth weight, infant death, obesity, child neglect, and food insecurity.

Family Connects Chicago



FOR ALL
Helping all families who deliver at a participating hospital



NO COST TO RECIPIENTS
Eligible recipients, are not charged



Family connects with infant

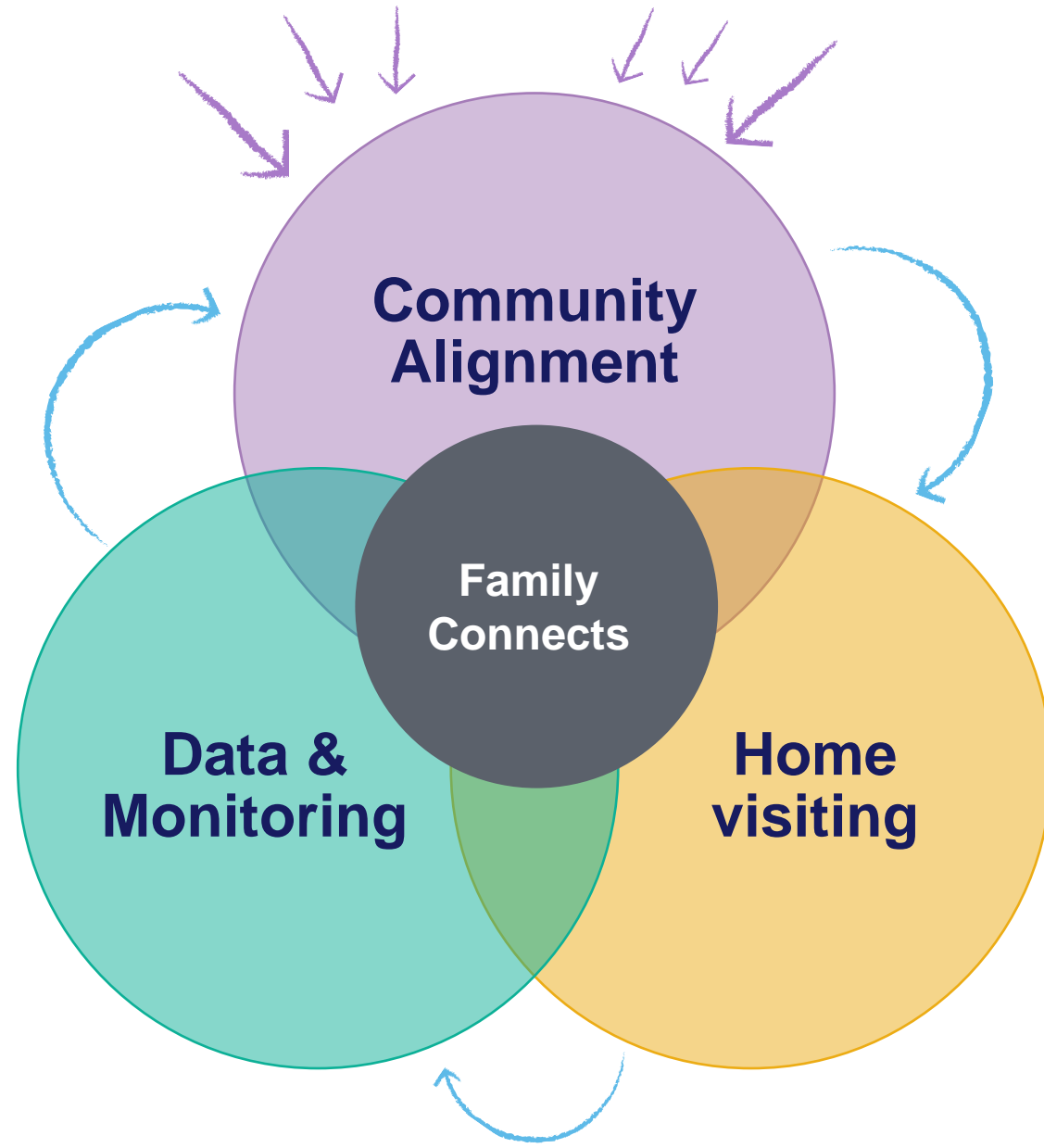


Nurse connects around 3 weeks after birth with family and identifies needs



Nurse connects family to community resources







Office of School Health

School Based Vision Program

- Comprehensive vision exams and free eyeglasses for grades K-12

School Based Dental Program

- Dental education, exams, cleanings, fluoride treatment and dental sealants for grades K-12

Adolescent Sexual Health Programs

- Chicago Healthy Adolescents & Teens (CHAT)
- District-wide condom access and educational resources

Expanded of the Office of School Health

- Create stronger operational and clinical support for the existing programs.
- Strengthen interdepartmental collaboration, planning and programming within schools.
- Build consistent messages & pathways of communication between CDPH and all Chicago schools.



★ Lead Poisoning Prevention & Healthy Homes

CDPH Lead Poisoning Prevention program works to detect and address exposures to lead hazards and is leading efforts to permanently eliminate lead exposure to children.



Nurse case
management



Environmental
Inspection



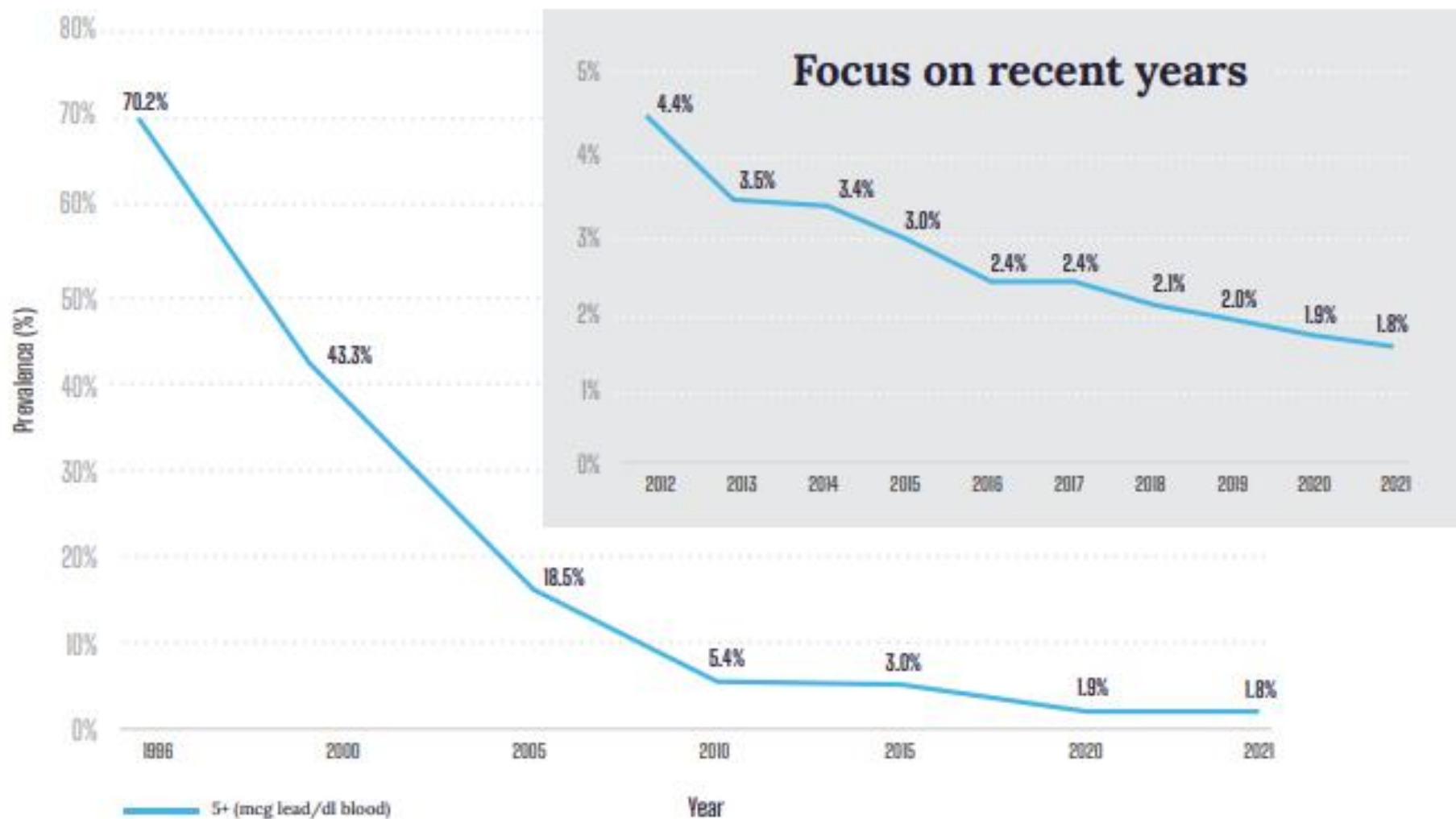
Healthy Homes
Grant Program



Community
Engagement



Reduction in the prevalence of venous blood lead levels, 5+ $\mu\text{g}/\text{dL}$, in Chicago children <1-5 years of age, 1996-2021



This chart describes the prevalence (percent) of venous blood lead levels of 5+ $\mu\text{g}/\text{dL}$ in children aged 0-5 who received blood lead testing during 1996-2021. For the years 1996-2016, prevalence was imputed by multiplying the prevalence of blood lead levels of 6+ by 1.42. During this time period, many testing laboratories did not measure blood lead levels less than 6 $\mu\text{g}/\text{dL}$. By 2017, laboratories routinely measured blood lead levels down to 5 $\mu\text{g}/\text{dL}$. For the years 2017 to 2022, the prevalence of blood lead levels 5+ was determined by observation rather than imputation.

CDPH's Reproductive Health Strategy

1. Public education
2. Policy advocacy
3. External provider support
4. Internal professional development



Other MICAH Activities

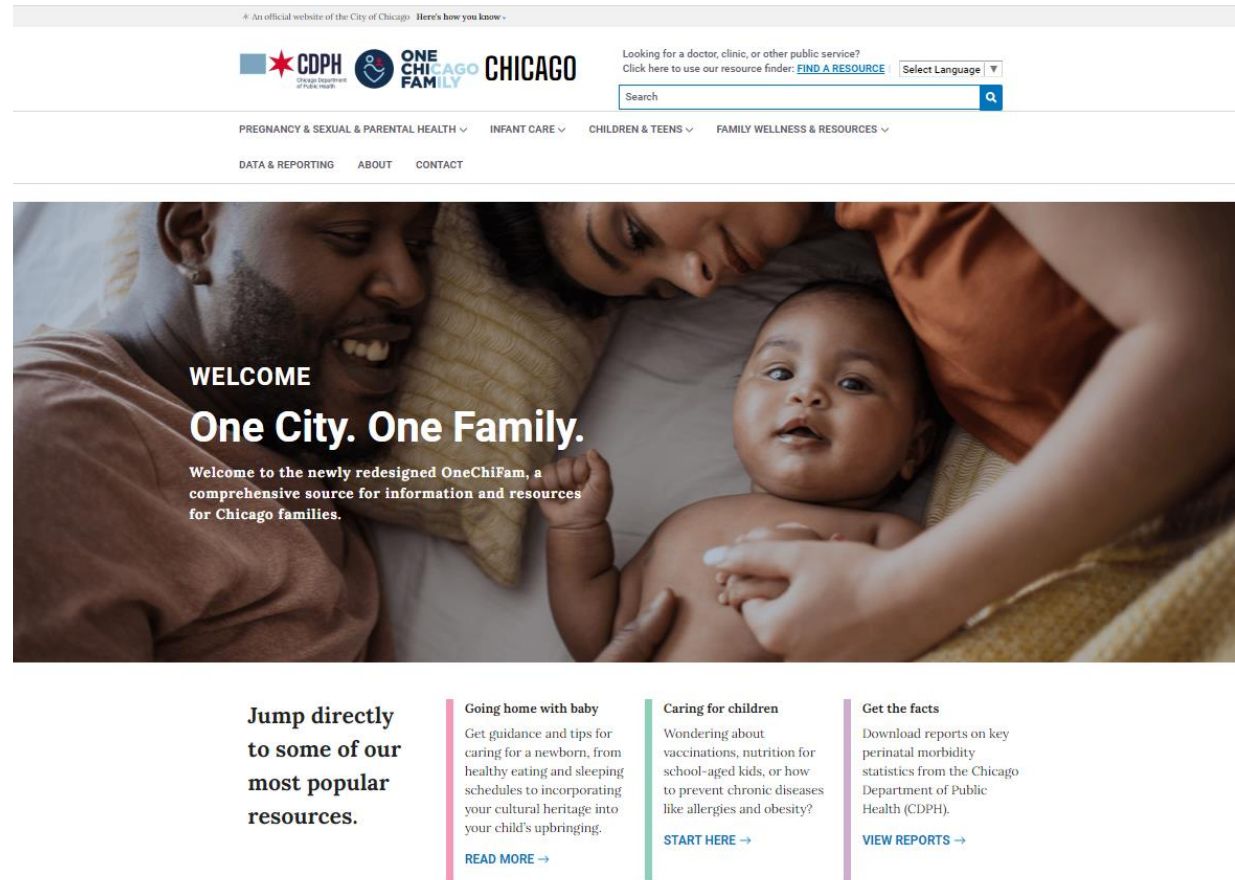


Illinois
Safe Sleep
Support

**Safe sleep
saves lives**

★ Learn more at ★
[OneChiFam.org/
SafeSleep](https://OneChiFam.org/SafeSleep)

The poster features a baby sleeping peacefully in a crib, with a crescent moon and stars in the background. The text is in a clean, sans-serif font, with the main message in a larger, bold font.



An official website of the City of Chicago. Here's how you know.

CDPH ONE CHICAGO FAMILY CHICAGO

Looking for a doctor, clinic, or other public service?
Click here to use our resource finder: [FIND A RESOURCE](#) | Select Language |

Search

PREGNANCY & SEXUAL & PARENTAL HEALTH | INFANT CARE | CHILDREN & TEENS | FAMILY WELLNESS & RESOURCES

DATA & REPORTING | ABOUT | CONTACT

WELCOME
One City. One Family.

Welcome to the newly redesigned OneChiFam, a comprehensive source for information and resources for Chicago families.

Jump directly to some of our most popular resources.

- Going home with baby**
Get guidance and tips for caring for a newborn, from healthy eating and sleeping schedules to incorporating your cultural heritage into your child's upbringing.
[READ MORE →](#)
- Caring for children**
Wondering about vaccinations, nutrition for school-aged kids, or how to prevent chronic diseases like allergies and obesity?
[START HERE →](#)
- Get the facts**
Download reports on key perinatal morbidity statistics from the Chicago Department of Public Health (CDPH).
[VIEW REPORTS →](#)

The screenshot shows the homepage of the OneChiFam website. It features a navigation bar with various categories and a search bar. The main content area has a large image of a family and a welcome message. Below this, there are three columns of featured resources with brief descriptions and links to read more.

Onechifam.org